

ODISHA NURSES & MIDWIVES EXAMINATION BOARD
FIRST YEAR ANNUAL EXAMINATION IN A.N.M. -2020

Paper- I
(Community Health Nursing)

Time: 3 hrs

Full Marks: 75

*Answer all the Questions.**Figures in right hand margin indicate marks.*

1.
 - a. What is health? [2]
 - b. Write down the principles of primary health care [7]
 - c. As a HW (F) what is your role and responsibility in primary health care [6]

OR

 - a. What is family? [2]
 - b. Write down the characteristics of family [7]
 - c. Briefly describe the types of family [6]
2.
 - a. What do you mean by communication [3]
 - b. Write down the barriers of communication [6]
 - c. Briefly describe the principles and methods of communication [6]

OR

 - a. What is health education? [2]
 - b. Write down the principles of health education [7]
 - c. Briefly describe the methods used in health education in a community [6]
3. Write short notes on any three of the following. [5x3=15]
 - a. Home visit
 - b. W H O
 - c. Characteristics of urban community
 - d. National Health Programme
 - e. Function of Panchayat
4. A. Fill in the blanks [1x5=5]
 - a. A health assistant female is expected to cover a population of _____ in plain areas.
 - b. A ASHA should be educated at least _____ class.
 - c. National Family Welfare Programme was started in India in _____ year.
 - d. 7th November is celebrated as _____ day.
 - e. DOTS programme is for management of patients suffering from _____.

B. Define the following [2x5=10]

 - a. Social stratification
 - b. Code of ethics
 - c. Health survey
 - d. AV aids
 - e. Family cycle



5. A. Write True or False

- a. Family is a basic unit and Universal institution of social structure.
- b. Panchayat Samiti at the block level represents around 1000 villages and a population of 50000.
- c. Under ICDS one Anganwadi worker is appointed per 100 population
- d. Role planning is a two way method of teaching.
- e. Indian Government has started Goitre control programme in 1963.

B. Write down the full form of following abbreviations [1x10=10

- a. NHP
- b. NIDDCP
- c. NFHS
- d. PLHA
- e. RTI
- f. MTP
- g. IPR
- h. BCC
- i. RCH
- j. DDK

ANM-S-1-I-2019

FIRST YEAR SUPPLEMENTARY EXAMINATION IN A.N.M. -2019
ODISHA NURSES & MIDWIVES EXAMINATION BOARD

Paper- I
(Community Health Nursing)

Time: 3 hrs

Full Marks: 75

Answer all the Questions.

Figures in right hand margin indicate marks.

- 1.
- a. Define Health. [2]
 - b. Write down the determinants of health. [6]
 - c. Explain the dimensions of health in detail. [7]
- OR.
- a. What is home visiting? [2]
 - b. What are the principles of home visiting? [6]
 - c. As a Health Worker (F), what is your role and responsibility towards the community people during home visits. [7]
- 2.
- a. Define family. [2]
 - b. Enlist the various types of family. [6]
 - c. Describe the functions of family in detail. [7]
- OR
- a. What is communication? [2]
 - b. Write the methods and principles of communications. [6]
 - c. Write in detail the barriers of communications. [7]
3. Write short notes on any three of the following. [3X5 = 15]
- a. IEC
 - b. Pneumonia.
 - c. Principles of primary health care
 - d. Child abuse.
 - e. Job responsibility of H.W.(F).
4. (A) As a Health Worker (F) what is your role and responsibility in the following situation. [2X5 = 10]
- a. a family is not allowing for collection for data.
 - b. A man suffering from HIV or AIDS in the community
 - c. A woman having severe diarrhoea.
 - d. A group of people suffering from dengue fever
 - e. Conducting a school health program.
- (B) Fill in the blanks with appropriate word. [1X5 = 5]
- a. Female health worker is supervised by _____.
 - b. WHO day is celebrated every year on _____.

- c. Polio vaccine is a _____ vaccine.
- d. Community is the major functioning unit of _____.
- e. Causative organism of Tuberculosis is _____.

5. (A) Write True or False against each statement. [1X5 = 5]

- a. Subcentre covers a population of 5000 in hilly areas.
- b. Television is a audio visual method of communication.
- c. Causative organism of diphtheria is salmonella typhi.
- d. The International nurses' day is observed in the eve of birthday of mother Teresa.
- e. BCC motivates people to behave in a healthy manner.

(B) Write full form of the abbreviations. [0.5X10=5]

- a. ELISA
- b. CNE
- c. AIDS
- d. IEC
- e. NHM
- f. WHO
- g. ILR
- h. RNTCP
- i. NCD
- j. ICTC

(C) Match the Column 'A' with Column 'B' [0.5X10=5]

Column 'A'

- a. AYUSH
- b. Filaria
- c. Tuberculosis
- d. World Health Day
- e. ASHA
- f. Bloch
- g. Family
- h. Dowry system
- i. Subcentre
- j. Records

Column 'B'

- a. 100 villages.
- b. Primary group
- c. Social problem
- d. 5000 population
- e. homeopathy
- f. aedes mosquito
- g. Information
- h. DOTS
- i. 7th April
- j. 1000 population

ANNUAL EXAMINATION- 2019
Odisha Nurses & Midwives Examination Board
First Year Examination for ANM/H.W(F)

Paper -I

(Community Health Nursing)

Time : 3 hrs

Full Marks : 75

Answer all questions.

Figures in right hand margin indicate marks.

1. (a) Define Culture. [3]
(b) Write down the principles of home visit. [6]
(c) As a H.W (F), describe how culture and beliefs affect the health of community with an example. [6]
- Or**
- (a) Define health education. [2]
(b) What are the objectives of health education ? [6]
(c) As a Health Worker (F), what is your roles and responsibility to improve the health service in rural community ? [7]
2. (a) Explain the main causes of ill health. [2]
(b) What are the main health problems of India ? [5]
(c) Write the names of programmes under NVBDCP & describe your role to implement this programme in the community. [8]
- Or**
- (a) Define survey. [2]
(b) Write the importance of survey. [5]
(c) As a health worker (F), what are the steps of survey planning that your should follow before your field visit time ? [8]

P.T.O.

3. Write short notes on any THREE of the following: [3 x 5]

- (a) Determinants of health
- (b) Family cycle
- (c) Principles of community health nursing
- (d) Red Cross
- (e) WHO

4. A. Fill in the blanks: [1 x 5]

- (a) Revised National TB Control Programme was established on -----.
- (b) Female HW is in the ----- of rural health service..
- (c) ----- is a big problem for the environmental urban community.
- (d) The Chief of the municipality is known as -----.
- (e) ----- is the king pin for the delivery of health care at sub-centre level.

B. Match column 'A' with column 'B'. [1 x 10]

Column 'A'

Column 'B'

- | | |
|-------------------------|----------------------------|
| (a) Family | (b) 1000 population |
| (b) Sarpanch | (b) 20,000 population |
| (c) PHC | (c) Information |
| (d) ASHA | (d) Map |
| (e) Record | (e) Polio; |
| (f) Visual aids | (f) Homeopathy |
| (g) VIP I PV | (g) First-aid. |
| (h) AYUSH | (h) Big unit of Individual |
| (i) Minor ailments | (i) Primary group. |
| (j) Group | (j) Panchayat |

P.T.O.

5. A. State true or false:

[1 x 5

- (a) Radio is the first medium of Av-aids.
- (b) PHC is the first contact point between the doctor and village community.
- (c) Patient with fever and rigor is known as typhoid fever.
- (d) Group discussion is an one way method.
- (e) BCC motivates the people to behave in a health manner.

B. Write down the full form of the following abbreviation : [1 x 10

NFHS

ERS

ELISA

NMR

WCD

FTB

AYUSH

CNA

AIDS

IEC

Annual Examination - March -2018
Odisha Nurses and Midwives Examination Board
First Year Examination for A.N.M/H.W (F)

PAPER - I

COMMUNITY HEALTH NURSING

Answer all questions.

The figures in the right hand margin indicates marks.

Time :3 hours

Full Mark – 75

1. A) Define community (2+6+7)
B) Explain the characteristics of urban and rural community
C) What are the major health problem in rural and urban community
Or
A) Define family (2+6+7)
B) Write down the types of family
C) Describe the function of family in detail.
2. A) Define health education (3+6+6)
B) What are the principles of health education
C) As a health worker female explain your role in behavior change communication of the community people
Or
A) What do you mean by CNA (3+6+6)
B) Write down the scope of CNA (community need assessment)
C) Explain about socialization
3. Write short notes on any three of the following. (5+5+5)
A) Job responsibilities of H.W. (F)
B) Code of ethics
C) CARE
D) IEC
E) Principles of primary health care
4. A) Match column 'A' with column 'B'. (1x10)
- | Column 'A' | Column 'B' |
|--------------------------|--------------------------|
| a) Formal group | a) panchayatiraj system |
| b) Mass communication | b) many wives |
| c) Hindu marriage act | c) political parties |
| d) Local self government | d) News paper |
| e) Poly gamy | e) 1955 |
| f) Block | f) social problem |
| g) Juvenile delinquency | g) vector borne disease |
| h) Malaria | h) Non projected |
| i) Tape recorder | i) 7 th April |
| j) World health day | j) 100 villages |

0.5 x 10
= 5
R
R

B) Mark True or False against each statement.

(1x5)

- i) A.v aids are the means to make health education more powerful.
- ii) Group discussion is a one way method of teaching.
- iii) National AIDS control programme was launched in India in the year 1987.
- iv) MDR-TB Patient is treated by dots plus guide lines.
- v) The dowry prohibition act passed by the govt of Inida in the year 1971.

C) Fill in the Blanks.

(1x5)

- i) The head quarters of UNICEF is _____.
- ii) Leprosy is caused by _____.
- iii) Action taken prior to the onest of disease is _____.
- iv) The study of population is _____.
- v) The science of collection of numerical facts & data is called _____.

5. A) Write the fullform of following abbreviations.

($\frac{1}{2}$ x10)

- | | |
|--------|-------|
| DPHN | UNDP |
| AYUSH | VHSC |
| UNFPA | NCD |
| ICTC | IMNCI |
| DANIDA | NID |

5. B) Answer the following.

(2.5x4)

a) Principles of home visiting

- i)
- ii)
- iii)
- iv)

b) Write the name of international health agency

- i)
- ii)
- iii)
- iv)

c) Visual AIDS in health education

- i)
- ii)
- iii)
- iv)

d) Methods of group teaching one way or didactic method

- i)
- ii)
- iii)
- iv)



- b) UNICEF
- c) Technique of Counselling
- d) Element of Primary health care
- e) Role of A.W.W

4.A) Fill in the Blanks [1×5]

- a) Health education is the _____ of community health nursing.
- b) Alcoholism is a _____ Problem
- c) W.H.O established in the year _____
- d) Each Anganwadi Covers a population _____.
- e) Home visit is the _____ of Community health nurse

B) Write true or false against each statement [1×5]

- a) First five year plan was introduced in 1952
- b) The sub centre Covers a population in hilly area is 5000 population.
- c) Health team is a group of people working together for their own goal.
- d) 10th may is celebrated as international nurses day
- e) NRHM Launched in India in the year 2002

C) Match Column 'A' With Column 'B' [1×5]

| | |
|------------|------------|
| Column 'A' | Column 'B' |
|------------|------------|

- | | |
|------------------------|-----------------------|
| a) Colombo plan | a) Socratic method |
| b) Community resources | b) 1950 |
| c) Group Discussion | c) Man money material |

- d) Gram Panchayat
- e) Filaria
- d) Vector Borne
- e) Village level

5.A) Write the full form of following abbreviations [1×10]

- a) MDMP
- b) ONMEB
- c) GOI
- d) CNAA
- e) SIDA
- f) UNESCO
- g) CHC
- h) ICDS
- i) IEC
- j) PPTCT

B) Answer the following [2 ½ + 2 ½]

- a) Methods of communication
 - i)
 - ii)
 - iii)
 - iv)
 - v)
- b) Function of ICDS
 - i)
 - ii)
 - iii)
 - iv)
 - v)



MARCH-2017
ANNUAL EXAMINATION,
ODISHA NURSES AND MIDWIVES EXAMINATION BOARD
FIRST YEAR EXAMINATION FOR A.N.M/H.W(F)
(2 Years Course)
PAPER I
COMMUNITY HEALTH NURSING

Time : 3 Hrs. F.M - 75

Answer all questions

The figures in the right hand margin indicates marks.

1. a) Define health [2+6+7]
b) Write down the determinants of health
c) Explain the dimensions of health in detail.
Or
a) What are the Characteristics of learning [3+6+6]
b) Write down the steps of learning.
c) Describe roles and responsibilities of H.W(F) in behaviour change Communication.
2. a) What do you mean by N.G.O [3+6+6]
b) Briefly describe the role of N.G.O.S in the health Care delivery System
c) Write the function of W.H.O
Or
a) Define communication [3+6+6]
b) What are the methods and principles of Communication
c) Write in details of Barrier's of Communication
3. Write short notes on any three of the following [5+5+5]
a) A.V.AIDS

(ଗ) ମହିଳା ସ୍ୱାସ୍ଥ୍ୟ କର୍ମୀ ଭାବରେ ଗୃହ ପରିଦର୍ଶନ ସମୟରେ ଗ୍ରାମବାସୀ ମାନଙ୍କର ପ୍ରତି ତୁମର କର୍ତ୍ତବ୍ୟ ଏବଂ ଦାୟିତ୍ୱ ବିଷୟରେ ଲେଖ।

3. a) Enlist five on going national health program in India? [3+6+6]
b) Describe briefly AIDS control programme ?
c) As a female health worker write your role and responsibilities in the prevention and control of diseases?
କ) ଭାରତରେ କାର୍ଯ୍ୟକାରୀ ହେଉଥିବା national health programme ଗୁଡ଼ିକ ମଧ୍ୟରୁ ୫ଟି ଲେଖ।
ଖ) AIDS control programme ବର୍ଣ୍ଣନା କର।

4. Write short notes on any three of the following. [5×3]

- a) Principles of primary health care.
b) Janani Surakshya Yojana.
c) Family
d) Job responsibilities of H.W (F)
e) UNICEF
କ) ପ୍ରାଥମିକ ସ୍ୱାସ୍ଥ୍ୟ ସେବାର ନିୟମ
ଖ) ଜନନୀ ସୁରକ୍ଷା ଯୋଜନା
ଗ) ପରିବାର
ଘ) H. W (F) ର କାର୍ଯ୍ୟାବଳୀ
ଙ) ସ୍ତନିସେତା।

5.A) Write the full form of following abbreviations. [1×10]

- a) N V B D C P
b) I N C
c) O N M E B
d) A S H A

e) C A R E

f) M D M P

g) W.H.O

h) I L R

i) N H M

j) R.N T C .P

(B) Match column 'A' with column 'B'. [1×10]

Column 'A'

Column 'B'

(a) Dowry System

a) Bharat Sevak Samaj

b) Grampanchayat

b) Alcoholism

c) Social Problem

c) 5,000 Population

d) Group Discussion

d) Bride Burning

e) Germ Theory

e) 1950

f) Polygammy

f) Louis Pastuer

g) Community Resources

g) Socratic Method

h) Colombo Plan

h) Man, Money & Material

i) Voluntary Organization

i) Village Level

j) Sub Centre

j) Many Wives

6.A) Fill up the blanks with appropriate words. [1×10]

- a) Community is a major functioning unit of _____
b) A.V aids are divided in to _____ for active health education.
c) N R H M was started on _____.
d) The international nurses day observe in the eve of the birth day of _____.

- e) The Indian red cross was established in _____.
- f) Rural health services was launched in India _____.
- g) Participation is key word in _____.
- h) W.H.O day celebrated every year in _____.
- i) Government is establishing C.H.C for every _____ population.
- j) Health education is essential tool of _____.
- (B) Write True or false against each statement. [1×5]
- a) Alma Ata conference was held in 1980.
- b) Community development programme in India began on 1954.
- c) The Block consist of 200 villages.
- d) Causative organism of diphtheria is salmonella Typhi.
- e) Loss of water from the body is Known as dehydration.



SUPPLEMENTARY EXAMINATION, OCTOBER-2016
ODISHA NURSES AND MIDWIVES EXAMINATION BOARD
FIRST YEAR EXAMINATION FOR A.N.M/H.W(F)

PAPER -I

COMMUNITY HEALTH NURSING

Time : 3 Hrs.

F.M - 75

ସମୟ: ୩ ଘଣ୍ଟା

ପୂର୍ଣ୍ଣସଂଖ୍ୟା-୭୫

Answer any Five questions

The Figures in the right hand margin indicate marks

(ଯେ କୌଣସି ୫ଟି ପ୍ରଶ୍ନର ଉତ୍ତର ଦିଅ ।

ଡାହାଣ ପାଖରେ ଦିଆଯାଇଥିବା ସଂଖ୍ୟା ଗୁଡ଼ିକ ମୂଲ୍ୟାଙ୍କ ସୂଚାଏ ।

1. (a) What do you mean by communication? [3+6+6]
- (b) What are the methods & principles of communication?
- (c) Write in details the barriers of effective communication?
- (କ) ଯୋଗାଯୋଗ କହିଲେ କଣ ବୁଝାଏ ?
- (ଖ) ଯୋଗାଯୋଗ (method) କାର୍ଯ୍ୟ ପ୍ରଣାଳୀ ଏବଂ (Principle) ନିୟମ ଗୁଡ଼ିକ କଣ ଲେଖା ?
- (ଗ) ଫଳପ୍ରସ୍ତୁତ ଯୋଗାଯୋଗର ପ୍ରତି ବନ୍ଧକ ଗୁଡ଼ିକ କ'ଣ ?
2. (a) What is home visiting? [3+6+6]
- (b) What are the principle of home visit?
- (c) As a female health worker what is your role and responsibilities towards community people during home visit?
- (କ) ଗୃହ ପରିଦର୍ଶନ କ'ଣ ?
- (ଖ) ଗୃହ ପରିଦର୍ଶନର ନିୟମ ଗୁଡ଼ିକ କ'ଣ ?

ODISHA NURSES & MIDWIVES EXAMINATION BOARD
FIRST YEAR ANNUAL EXAMINATION IN A.N.M. -2020

Paper- I
(Community Health Nursing)

Time: 3 hrs

Full Marks: 75

*Answer all the Questions.**Figures in right hand margin indicate marks.*

1.
 - a. What is health? [2]
 - b. Write down the principles of primary health care [7]
 - c. As a HW (F) what is your role and responsibility in primary health care [6]

OR

 - a. What is family? [2]
 - b. Write down the characteristics of family [7]
 - c. Briefly describe the types of family [6]
2.
 - a. What do you mean by communication [3]
 - b. Write down the barriers of communication [6]
 - c. Briefly describe the principles and methods of communication [6]

OR

 - a. What is health education? [2]
 - b. Write down the principles of health education [7]
 - c. Briefly describe the methods used in health education in a community [6]
3. Write short notes on any three of the following. [5x3=15]
 - a. Home visit
 - b. W H O
 - c. Characteristics of urban community
 - d. National Health Programme
 - e. Function of Panchayat
4. A. Fill in the blanks [1x5=5]
 - a. A health assistant female is expected to cover a population of _____ in plain areas.
 - b. A ASHA should be educated at least _____ class.
 - c. National Family Welfare Programme was started in India in _____ year.
 - d. 7th November is celebrated as _____ day.
 - e. DOTS programme is for management of patients suffering from _____.

B. Define the following [2x5=10]

 - a. Social stratification
 - b. Code of ethics
 - c. Health survey
 - d. AV aids
 - e. Family cycle



5. A. Write True or False

- a. Family is a basic unit and Universal institution of social structure.
- b. Panchayat Samiti at the block level represents around 1000 villages and a population of 50000.
- c. Under ICDS one Anganwadi worker is appointed per 100 population
- d. Role planning is a two way method of teaching.
- e. Indian Government has started Goitre control programme in 1963.

B. Write down the full form of following abbreviations [1x10=10

- a. NHP
- b. NIDDCP
- c. NFHS
- d. PLHA
- e. RTI
- f. MTP
- g. IPR
- h. BCC
- i. RCH
- j. DDK

ANM-S-1-I-2019

FIRST YEAR SUPPLEMENTARY EXAMINATION IN A.N.M. -2019
ODISHA NURSES & MIDWIVES EXAMINATION BOARD

Paper- I
(Community Health Nursing)

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Answer all the Questions.

Figures in right hand margin indicate marks.

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 - b. Write down the determinants of health. [6]
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OR.

 - a. What is home visiting? [2]
 - b. What are the principles of home visiting? [6]
 - c. As a Health Worker (F), what is your role and responsibility towards the community people during home visits. [7]
2.
 - a. Define family. [2]
 - b. Enlist the various types of family. [6]
 - c. Describe the functions of family in detail. [7]

OR

 - a. What is communication? [2]
 - b. Write the methods and principles of communications. [6]
 - c. Write in detail the barriers of communications. [7]
3. Write short notes on any three of the following. [3X5 = 15]
 - a. IEC
 - b. Pneumonia.
 - c. Principles of primary health care
 - d. Child abuse.
 - e. Job responsibility of H.W.(F).
4. (A) As a Health Worker (F) what is your role and responsibility in the following situation. [2X5 = 10]
 - a. a family is not allowing for collection for data.
 - b. A man suffering from HIV or AIDS in the community
 - c. A woman having severe diarrhoea.
 - d. A group of people suffering from dengue fever
 - e. Conducting a school health program.

(B) Fill in the blanks with appropriate word. [1X5 = 5]

 - a. Female health worker is supervised by _____.
 - b. WHO day is celebrated every year on _____.

- c. Polio vaccine is a _____ vaccine.
- d. Community is the major functioning unit of _____.
- e. Causative organism of Tuberculosis is _____.

5. (A) Write True or False against each statement. [1X5 = 5]

- a. Subcentre covers a population of 5000 in hilly areas.
- b. Television is a audio visual method of communication.
- c. Causative organism of diphtheria is salmonella typhi.
- d. The International nurses' day is observed in the eve of birthday of mother Teresa.
- e. BCC motivates people to behave in a healthy manner.

(B) Write full form of the abbreviations. [0.5X10=5]

- a. ELISA
- b. CNE
- c. AIDS
- d. IEC
- e. NHM
- f. WHO
- g. ILR
- h. RNTCP
- i. NCD
- j. ICTC

(C) Match the Column 'A' with Column 'B' [0.5X10=5]

Column 'A'

- a. AYUSH
- b. Filaria
- c. Tuberculosis
- d. World Health Day
- e. ASHA
- f. Bloch
- g. Family
- h. Dowry system
- i. Subcentre
- j. Records

Column 'B'

- a. 100 villages.
- b. Primary group
- c. Social problem
- d. 5000 population
- e. homeopathy
- f. aedes mosquito
- g. Information
- h. DOTS
- i. 7th April
- j. 1000 population

ANNUAL EXAMINATION- 2019
Odisha Nurses & Midwives Examination Board
First Year Examination for ANM/H.W(F)

Paper -I

(Community Health Nursing)

Time : 3 hrs

Full Marks : 75

Answer all questions.

Figures in right hand margin indicate marks.

1. (a) Define Culture. [3]
(b) Write down the principles of home visit. [6]
(c) As a H.W (F), describe how culture and beliefs affect the health of community with an example. [6]
- Or**
- (a) Define health education. [2]
(b) What are the objectives of health education ? [6]
(c) As a Health Worker (F), what is your roles and responsibility to improve the health service in rural community ? [7]
2. (a) Explain the main causes of ill health. [2]
(b) What are the main health problems of India ? [5]
(c) Write the names of programmes under NVBDCP & describe your role to implement this programme in the community. [8]
- Or**
- (a) Define survey. [2]
(b) Write the importance of survey. [5]
(c) As a health worker (F), what are the steps of survey planning that your should follow before your field visit time ? [8]

P.T.O.

3. Write short notes on any THREE of the following: [3 x 5]

- (a) Determinants of health
- (b) Family cycle
- (c) Principles of community health nursing
- (d) Red Cross
- (e) WHO

4. A. Fill in the blanks: [1 x 5]

- (a) Revised National TB Control Programme was established on -----.
- (b) Female HW is in the ----- of rural health service..
- (c) ----- is a big problem for the environmental urban community.
- (d) The Chief of the municipality is known as -----.
- (e) ----- is the king pin for the delivery of health care at sub-centre level.

B. Match column 'A' with column 'B'. [1 x 10]

Column 'A'

Column 'B'

- | | |
|-------------------------|----------------------------|
| (a) Family | (b) 1000 population |
| (b) Sarpanch | (b) 20,000 population |
| (c) PHC | (c) Information |
| (d) ASHA | (d) Map |
| (e) Record | (e) Polio; |
| (f) Visual aids | (f) Homeopathy |
| (g) VIP I PV | (g) First-aid. |
| (h) AYUSH | (h) Big unit of Individual |
| (i) Minor ailments | (i) Primary group. |
| (j) Group | (j) Panchayat |

P.T.O.

5. A. State true or false:

[1 x 5

- (a) Radio is the first medium of Av-aids.
- (b) PHC is the first contact point between the doctor and village community.
- (c) Patient with fever and rigor is known as typhoid fever.
- (d) Group discussion is an one way method.
- (e) BCC motivates the people to behave in a health manner.

B. Write down the full form of the following abbreviation : [1 x 10

NFHS

ERS

ELISA

NMR

WCD

FTB

AYUSH

CNA

AIDS

IEC

Annual Examination - March -2018
Odisha Nurses and Midwives Examination Board
First Year Examination for A.N.M/H.W (F)
PAPER - I
COMMUNITY HEALTH NURSING

Answer all questions.

The figures in the right hand margin indicates marks.

Time :3 hours

Full Mark – 75

1. A) Define community (2+6+7)
B) Explain the characteristics of urban and rural community
C) What are the major health problem in rural and urban community
Or
A) Define family (2+6+7)
B) Write down the types of family
C) Describe the function of family in detail.
2. A) Define health education (3+6+6)
B) What are the principles of health education
C) As a health worker female explain your role in behavior change communication of the community people
Or
A) What do you mean by CNA (3+6+6)
B) Write down the scope of CNA (community need assessment)
C) Explain about socialization
3. Write short notes on any three of the following. (5+5+5)
A) Job responsibilities of H.W. (F)
B) Code of ethics
C) CARE
D) IEC
E) Principles of primary health care
4. A) Match column 'A' with column 'B'. (1x10)
- | Column 'A' | Column 'B' |
|--------------------------|--------------------------|
| a) Formal group | a) panchayatiraj system |
| b) Mass communication | b) many wives |
| c) Hindu marriage act | c) political parties |
| d) Local self government | d) News paper |
| e) Poly gamy | e) 1955 |
| f) Block | f) social problem |
| g) Juvenile delinquency | g) vector borne disease |
| h) Malaria | h) Non projected |
| i) Tape recorder | i) 7 th April |
| j) World health day | j) 100 villages |

0.5 x 10
= 5
R
R

B) Mark True or False against each statement.

(1x5)

- i) A.v aids are the means to make health education more powerful.
- ii) Group discussion is a one way method of teaching.
- iii) National AIDS control programme was launched in India in the year 1987.
- iv) MDR-TB Patient is treated by dots plus guide lines.
- v) The dowry prohibition act passed by the govt of Inida in the year 1971.

C) Fill in the Blanks.

(1x5)

- i) The head quarters of UNICEF is _____.
- ii) Leprosy is caused by _____.
- iii) Action taken prior to the onest of disease is _____.
- iv) The study of population is _____.
- v) The science of collection of numerical facts & data is called _____.

5. A) Write the fullform of following abbreviations.

($\frac{1}{2}$ x10)

- | | |
|--------|-------|
| DPHN | UNDP |
| AYUSH | VHSC |
| UNFPA | NCD |
| ICTC | IMNCI |
| DANIDA | NID |

5. B) Answer the following.

(2.5x4)

a) Principles of home visiting

- i)
- ii)
- iii)
- iv)

b) Write the name of international health agency

- i)
- ii)
- iii)
- iv)

c) Visual AIDS in health education

- i)
- ii)
- iii)
- iv)

d) Methods of group teaching one way or didactic method

- i)
- ii)
- iii)
- iv)



- b) UNICEF
- c) Technique of Counselling
- d) Element of Primary health care
- e) Role of A.W.W

4.A) Fill in the Blanks [1×5]

- a) Health education is the _____ of community health nursing.
- b) Alcoholism is a _____ Problem
- c) W.H.O established in the year _____
- d) Each Anganwadi Covers a population _____.
- e) Home visit is the _____ of Community health nurse

B) Write true or false against each statement [1×5]

- a) First five year plan was introduced in 1952
- b) The sub centre Covers a population in hilly area is 5000 population.
- c) Health team is a group of people working together for their own goal.
- d) 10th may is celebrated as international nurses day
- e) NRHM Launched in India in the year 2002

C) Match Column 'A' With Column 'B' [1×5]

- | | |
|------------------------|-----------------------|
| Column 'A' | Column 'B' |
| a) Colombo plan | a) Socratic method |
| b) Community resources | b) 1950 |
| c) Group Discussion | c) Man money material |

- d) Gram Panchayat
- e) Filaria
- d) Vector Borne
- e) Village level

5.A) Write the full form of following abbreviations [1×10]

- a) MDMP
- b) ONMEB
- c) GOI
- d) CNAA
- e) SIDA
- f) UNESCO
- g) CHC
- h) ICDS
- i) IEC
- j) PPTCT

B) Answer the following [2 ½ + 2 ½]

- a) Methods of communication
 - i)
 - ii)
 - iii)
 - iv)
 - v)
- b) Function of ICDS
 - i)
 - ii)
 - iii)
 - iv)
 - v)



MARCH-2017
ANNUAL EXAMINATION,
ODISHA NURSES AND MIDWIVES EXAMINATION BOARD
FIRST YEAR EXAMINATION FOR A.N.M/H.W(F)
(2 Years Course)
PAPER I
COMMUNITY HEALTH NURSING

Time : 3 Hrs. F.M - 75

Answer all questions

The figures in the right hand margin indicates marks.

1. a) Define health [2+6+7]
b) Write down the determinants of health
c) Explain the dimensions of health in detail.
Or
a) What are the Characteristics of learning [3+6+6]
b) Write down the steps of learning.
c) Describe roles and responsibilities of H.W(F) in behaviour change Communication.
2. a) What do you mean by N.G.O [3+6+6]
b) Briefly describe the role of N.G.O.S in the health Care delivery System
c) Write the function of W.H.O
Or
a) Define communication [3+6+6]
b) What are the methods and principles of Communication
c) Write in details of Barrier's of Communication
3. Write short notes on any three of the following [5+5+5]
a) A.V.AIDS

(ଗ) ମହିଳା ସ୍ୱାସ୍ଥ୍ୟ କର୍ମୀ ଭାବରେ ଗୃହ ପରିଦର୍ଶନ ସମୟରେ ଗ୍ରାମବାସୀ ମାନଙ୍କର ପ୍ରତି ତୁମର କର୍ତ୍ତବ୍ୟ ଏବଂ ଦାୟିତ୍ୱ ବିଷୟରେ ଲେଖ।

3. a) Enlist five on going national health program in India? [3+6+6]
b) Describe briefly AIDS control programme ?
c) As a female health worker write your role and responsibilities in the prevention and control of diseases?
କ) ଭାରତରେ କାର୍ଯ୍ୟକାରୀ ହେଉଥିବା national health programme ଗୁଡ଼ିକ ମଧ୍ୟରୁ ୫ଟି ଲେଖ।
ଖ) AIDS control programme ବର୍ଣ୍ଣନା କର।

4. Write short notes on any three of the following. [5×3]

- a) Principles of primary health care.
b) Janani Surakshya Yojana.
c) Family
d) Job responsibilities of H.W (F)
e) UNICEF
କ) ପ୍ରାଥମିକ ସ୍ୱାସ୍ଥ୍ୟ ସେବାର ନିୟମ
ଖ) ଜନନୀ ସୁରକ୍ଷା ଯୋଜନା
ଗ) ପରିବାର
ଘ) H. W (F) ର କାର୍ଯ୍ୟାବଳୀ
ଙ) ସୁନିଶ୍ଚିତ।

5.A) Write the full form of following abbreviations. [1×10]

- a) N V B D C P
b) I N C
c) O N M E B
d) A S H A

e) C A R E

f) M D M P

g) W.H.O

h) I L R

i) N H M

j) R.N T C .P

(B) Match column 'A' with column 'B'. [1×10]

Column 'A'

Column 'B'

(a) Dowry System

a) Bharat Sevak Samaj

b) Grampanchayat

b) Alcoholism

c) Social Problem

c) 5,000 Population

d) Group Discussion

d) Bride Burning

e) Germ Theory

e) 1950

f) Polygammy

f) Louis Pastuer

g) Community Resources

g) Socratic Method

h) Colombo Plan

h) Man, Money & Material

i) Voluntary Organization

i) Village Level

j) Sub Centre

j) Many Wives

6.A) Fill up the blanks with appropriate words. [1×10]

- a) Community is a major functioning unit of _____
b) A.V aids are divided in to _____ for active health education.
c) N R H M was started on _____.
d) The international nurses day observe in the eve of the birth day of _____.

- e) The Indian red cross was established in _____.
- f) Rural health services was launched in India _____.
- g) Participation is key word in _____.
- h) W.H.O day celebrated every year in _____.
- i) Government is establishing C.H.C for every _____ population.
- j) Health education is essential tool of _____.
- (B) Write True or false against each statement. [1×5]
- a) Alma Ata conference was held in 1980.
- b) Community development programme in India began on 1954.
- c) The Block consist of 200 villages.
- d) Causative organism of diphtheria is salmonella Typhi.
- e) Loss of water from the body is Known as dehydration.



**SUPPLEMENTARY EXAMINATION, OCTOBER-2016
ODISHA NURSES AND MIDWIVES EXAMINATION BOARD
FIRST YEAR EXAMINATION FOR A.N.M/H.W(F)**

PAPER -I

COMMUNITY HEALTH NURSING

Time : 3 Hrs.

F.M - 75

ସମୟ: ୩ ଘଣ୍ଟା

ପୂର୍ଣ୍ଣସଂଖ୍ୟା-୭୫

Answer any Five questions

The Figures in the right hand margin indicate marks

(ଯେ କୌଣସି ୫ଟି ପ୍ରଶ୍ନର ଉତ୍ତର ଦିଅ ।

ଡାହାଣ ପାଖରେ ଦିଆଯାଇଥିବା ସଂଖ୍ୟା ଗୁଡ଼ିକ ମୂଲ୍ୟାଙ୍କ ସୂଚାଉଛି)

1. (a) What do you mean by communication? [3+6+6]
- (b) What are the methods & principles of communication?
- (c) Write in details the barriers of effective communication?
- (କ) ଯୋଗାଯୋଗ କହିଲେ କଣ ବୁଝା ।
- (ଖ) ଯୋଗାଯୋଗ (method) କାର୍ଯ୍ୟ ପ୍ରଣାଳୀ ଏବଂ (Principle) ନିୟମ ଗୁଡ଼ିକ କଣ ଲେଖା ।
- (ଗ) ଫଳପ୍ରସ୍ତୁତ ଯୋଗାଯୋଗର ପ୍ରତି ବନ୍ଧକ ଗୁଡ଼ିକ କ'ଣ ?
2. (a) What is home visiting? [3+6+6]
- (b) What are the principle of home visit?
- (c) As a female health worker what is your role and responsibilities towards community people during home visit?
- (କ) ଗୃହ ପରିଦର୍ଶନ କ'ଣ ।
- (ଖ) ଗୃହ ପରିଦର୍ଶନର ନିୟମ ଗୁଡ଼ିକ କ'ଣ ।

FIRST YEAR ANNUAL EXAMINATION IN A.N.M. -2020
ODISHA NURSES & MIDWIVES EXAMINATION BOARD

Paper- II
(Health Promotion)

Time: 3 hrs

Full Marks: 75

*Answer all the Questions.**Figures in right hand margin indicate marks.*

- 1.
- a. What is defence mechanism? [2]
 Defence mechanism କଣ ।
- b. Briefly describe the properties of defence mechanism. [3]
 Defence mechanismର properties ଗୁଡ଼ିକ ଲେଖ ।
- c. Discuss the various types of defence mechanism. [10]
 ବିଭିନ୍ନ ପ୍ରକାରର defence mechanism ଗୁଡ଼ିକ ବିଷୟରେ ସବିଶେଷ ବର୍ଣ୍ଣନା କର ।
- OR
- a. What is adulteration of food? [2]
 ଖାଦ୍ୟ ଅପମିଶ୍ରଣ ମାନେ କ'ଣ .
- b. Write methods of storage and preservation of food. [6]
 ଖାଦ୍ୟର storage ଓ preservation ଉପାୟ ଗୁଡ଼ିକ ଲେଖ ।
- c. As a H.W.(F) how will you provide information to community about food hygiene. [7]
 ଖାଦ୍ୟ ପ୍ରସ୍ତୁତି ରେ ପରିଷ୍କାର ପରିଚ୍ଛନ୍ନତା କିପରି ପାଳନ କରାଯାଏ ? ଜଣେ ମହିଳା ସ୍ୱାସ୍ଥ୍ୟକର୍ମୀ ଭାବରେ କିପରି ସ୍ୱାସ୍ଥ୍ୟ ଶିକ୍ଷା ଦେବ ।
- 2.
- a. Draw a labelled diagram of heart. [8]
 ମନୁଷ୍ୟ ଶରୀରର ହୃଦପିଣ୍ଡ ର ଚିତ୍ର ଅଙ୍କନ କରି ବିଭିନ୍ନ ଅଂଶ ବର୍ଣ୍ଣାଅ ।
- b. Describe pulmonary circulation. [7]
 Pulmonary circulation କୁ ବର୍ଣ୍ଣନା କର ।
- OR
- a. What is malnutrition. [2]
 ଅପପୁଷ୍ଟି କଣ ।
- b. Write types of undernutrition. [5]
 ବିଭିନ୍ନ ପ୍ରକାରର undernutrition ଗୁଡ଼ିକ ଲେଖ ।
- c. Describe management of a SAM child. [8]
 SAM ଶିଶୁ ର management କିପରି କରିବା ଲେଖ ।
3. Write short notes on any 'Three' of the following. [3 X 5 =15]
 ଯେକୌଣସି ତିନୋଟି ର ଉତ୍ତର ଦିଅ ।
- a. Bedsore
- b. Ventilation

ANM-1-II-HP-2020

- c. Cranial nerves
- d. Vitamin -C
- e. Kitchen Garden

4. Write in one sentence of the following. [1 X10=10]

- a. Glossitis
- b. Gingivitis
- c. Hepatitis
- d. Enteritis
- e. Stomatitis
- f. Otitis media
- g. Meningitis
- h. Gastritis
- i. Arthritis
- j. Oophoritis

5. (A) Fill in the blanks. [5]

- a. _____ hormone helps in production of milk.
- b. The _____ of the sunlight converts 7 dehydro-cholesterol to vitamin D.
- c. Deficiency of iodine causes _____.
- d. _____ hormone helps in conversion of glucose to glycogen.
- e. Schizophrenia is also known as _____.

(B) Write the full form of the following abbreviations. [5]

- a. MDA
- b. VHND
- c. CSF
- d. ECT
- e. TPN
- f. ROM
- g. MV
- h. ESR
- i. BMR
- j. FSH

6. Match the column 'A' with 'B'. [1X10 =10]

- | 'A' | 'B' |
|-----------------------|----------------------------|
| a. Heart | Vit-C |
| b. Abdomen | Smallest bone |
| c. Ragi | Peritoneum |
| d. Guava | Calcium & Iron |
| e. Stapes | Pericardium |
| f. Pituitary gland | Schizophrenia |
| g. ECT | Oxytocin |
| h. Hypo amnesia | Sodium bi-carbonate |
| i. Insulin | Loss of capacity to recall |
| j. Permanent Hardness | Pancreas |

ANM-S-1-II-2019

FIRST YEAR SUPPLEMENTARY EXAMINATION IN A.N.M. -2019
ODISHA NURSES & MIDWIVES EXAMINATION BOARD
Paper- II
(Health Promotion)

Time: 3 hrs

Full Marks: 75

Answer all the Questions.

Figures in right hand margin indicate marks.

- 1.
- a. Define nutrition. [3]
 - b. What are the causes of nutritional anaemia? [5]
 - c. As a Health Worker (F) how you will you correct the conditions of nutritional anaemia? [7]
- OR
- a. Draw a labelled diagram of Heart. [4]
 - b. Describe structure of Heart. [4]
 - c. Explain pulmonary circulation in detail. [7]
- 2.
- a. What is Mental Health? [2]
 - b. What are factors influencing mental health? [6]
 - c. Explain characteristics of mental ill person. [7]
- OR
- a. Describe various sources of water. [4]
 - b. Discuss the causes of water pollution. [4]
 - c. Write down details about different small-scale methods for purification of water. [7]
3. Write short notes on any three of the following. [3 X 5=15]
- a. Function of liver.
 - b. Methods of cooking.
 - c. Personal hygiene
 - d. Balance diet.
 - e. Functions of air.
4. (A) Fill in the blanks. [1 X 5= 5]
- a. Four pulmonary veins carry _____ blood to the left side of the heart.
 - b. 1-gram protein provide _____ calories.
 - c. Vitamin _____ helps in healing of wounds.
 - d. Heart is situated in _____ cavity.
 - e. Temporary hardness of water is removed by _____.

(B) Match the column 'A' with column 'B'

[1x10=10]

Column 'A'Column 'B'

- | | |
|-------------------|-------------------------|
| a. Vitamin D | a. Point Inflammation |
| b. Sitz bath | b. Vitamin B12 |
| c. Bile | c. Haemoglobin |
| d. Epitasis | d. Rickets |
| e. Rapid pulse | e. Rich sources of Iron |
| f. RBC | f. Insulin |
| g. Pulmonary vein | g. Tachycardia |
| h. Pancreas | h. Bleeding from nose |
| i. Jaggery | i. oxygenated blood |
| j. Cyanocobalamin | j. Gall Bladder |

5. (A) Mark True or False against each statement. [1 X 5 =5]

- All dentures must be removed at night.
- Femur is the longest and strongest bone in the human body.
- Ragi is rich in Iron.
- Osteomalacia is due to deficiency of vitamin K
- Right side of lungs contain 2 lobes.

(B) Write the full form of following abbreviations. [1X10=10]

- VHND
- RBC
- WBC
- ADH
- ATP
- SAM
- IDD
- GFR
- BCG
- ORS

ANNUAL EXAMINATION- 2019

Odisha Nurses & Midwives Examination Board
First Year Examination for A.N.M./H.W (F)

Paper -II

(Health Promotion)

Time : 3 hrs

Full Marks : 75

Answer all questions.

Figures in right hand margin indicate marks.

1. (a) What do you mean by malnutrition ? [2]

(b) What are the factors responsible for malnutrition ? [6]

(c) As a H.W.(F), what is your major role in supplementary foods, so as to prevent and control malnutrition in population ? [7]

Or

(a) What is reproduction ? [2]

(b) Draw a labelled diagram of internal female reproductive system.[6]

(c) Describe details of the structure and functions of internal female reproductive organs. [7]

2. (a) What is psychiatric emergency ? [2]

(b) Write down the classification of psychiatric emergency. [5]

(c) As a H.W.(F) how will you manage the suicidal patients and the disasters ? [8]

Or

(a) What is excreta ? [2]

(b) How does diseases spread from excreta ? [3]

(c) Describe the role of Health Worker (F) in various methods of disposal of wastes at community level. [10]

3. Write short notes on any THREE of the following: [5 x 3

(a) Personal Hygiene

(b) Functions of Kidney

(c) Methods of food preservation at home.

(d) Functions of air

(e) Elderly patient with depression.

4. A. Fill in the blanks : [1 x 5

(a) Nutritional status of a population can be assessed by data of

(b) Aorta carries oxygenated blood from the left ventricle to all

parts of body except

(c) Vitamin helps in healing of wounds.

(d) Frustration, tension and insecurity are some of chief causes

of

(e) Retinal is otherwise known as vitamin

B. Match column 'A' with column 'B': [1 x 10

Column 'A'

(a) Anxiety

(b) Sun

(c) Obesity

(d) Epidermis

(e) Fomites

(f) Smallest bone

(g) Water bone disease

(h) Respiratory muscle

(i) Air vitiation

(j) Injury

(a) Skin

(b) Over nutrition

(c) Palpitation

(d) Clothes

(e) Natural sources

(f) Tetanus

(g) Diaphragm

(h) Closed room

(i) Stapes

(j) Jaundice

P.T.O.

5. A. Write true or false against each statement: [1 x 5

(a) All dentures must be removed at night.

(b) The outer covering of lungs is pericardium.

(c) Food adulteration practices vary from one part of the country to

another part of the country.

(d) Gobar gas plant polluted the waste as well as the fuel.

(e) Mammary gland development depends on growth hormone.

B. Write full form of the following abbreviations: [1x10

CBT

ICD

SAM

GFR

RBC

DCT

ATP

ORS

ICDS

ADH

3. Write short notes on any THREE of the following 5+5+5

- a) Function of liver
- b) Defense Mechanism
- c) Methods of cooking
- d) Kitchen garden
- e) Balance diet

4. (A) Match column 'A' with column 'B' 1X10

| Column 'A' | Column 'B' |
|--------------------|------------------------|
| a) Vitamin 'D' | a) Pain & inflammation |
| b) Sitz bath | b) Vitamin B12 |
| c) Bile | c) Haemoglobin |
| d) Epitasis | d) Rickets |
| e) Rapid Pulse | e) Rich source of Iron |
| f) RBC | f) Insulin |
| g) Pulmonary vein | g) Tachycardia |
| h) Pancrease | h) Bleeding from nose |
| i) Jaggery | i) Oxygenated blood |
| j) Cyano Cobalamin | j) Gall bladder |

(B) Mark True or False against each statement 1x5

- a) Stapes is smallest bone of human body
- b) Many mental illness are inherited from generation to generation
- c) Carbohydrate is body building food
- d) Osteomalacia is due to deficiency of vitamin K.
- e) Inflammation of stomach is called stomatitis

5. (A) Fill in the Blank 1x5

- a) Inflammation of gum is called _____
- b) Number of lobe in RT Lung is _____
- c) Larynx is _____ of the body
- d) One gram of Protein Provide _____ calorie
- e) Length of spinal cord is _____

(B) Write the full form of following abbreviations 1x10

- a) SAM
- b) NMHP
- c) RBSK
- d) EEG
- e) E.C.T.
- f) ECG
- g) HCG
- h) ABT
- i) ADH
- j) IMR

SUPPLEMENTARY EXAMINATION - 2018
ODISHA NURSES AND MIDWIVES EXAMINATION BOARD
FIRST YEAR EXAMINATION FOR A.N.M. / H.W. (F)

Paper-II

Sub- Health Promotion

Time- 3 hrs

F.M-75

Answer all questions

1.

2+6+7

- a) what do you mean by adulteration of food
- b) Write the methods of storage and preservation of food
- c) As a H.W (F) how will you provide information to community about food hygiene and safe preparation.

Or

- a) Draw a label diagram of Heart. **4+4+7**
- b) Describe structure of Heart
- c) Explain pulmonary circulation in detail

2.

2+6+7

- a) What is mental health
- b) What are the factors influencing mental health
- c) Explain characteristics of mentally health person.

Or

- a) Describe various sources of water **4+4+7**
- b) Discuss the causes of water pollution
- c) Write down details about different small scale methods for purification of water

3. Write down the short notes on any three of the followings [3x5=15]

- a) Defence Mechanism
- b) Adulteration of food
- c) Function of liver
- d) Water borne diseases
- e) Basic human needs

4.A) Fill in the blanks [1x5=5]

- i) Personality disorder is a _____ mental illness
- ii) Scurvy is due to deficiency of _____
- iii) Changes in thinking are symptoms of _____
- iv) Heart is situated in _____ cavity
- v) Child morbidity and mortality rate increases due to _____

B) Mark True or False against each [5]

- i) Temporary hardness of water removed by boiling
- ii) Ragi is rich in iron
- iii) Blood is fluid of connective tissue
- iv) Left lung has two lobes
- v) Carbohydrate is required for body building and repair
- vi) Insulin is secreted from the cell of the pancreas
- vii) Pernicious anaemia is caused by the deficiency of vitamin - B6
- viii) Temporary hardness of water is due to the presence of bicarbonates of calcium and magnesium
- ix) Animal fats are unsaturated fats
- x) Amoebiasis is an airborne disease

C) Match Column 'A' with Column 'B' [5]

- | Column 'A' | Column 'B' |
|-------------------------|-------------------------|
| i) Psychological Needs | i) Minor mental illness |
| ii) Water borne disease | ii) Formation of Urine |
| iii) Kidney | iii) Pancreas |
| iv) Insulin | iv) Love and affection |
| v) Neurosis | v) Typhoid |
| vi) Salivary Gland | vi) Scapula |
| vii) Flat Bone | vii) 3 Pairs |
| viii) Goitre | viii) Anaemia |
| ix) Hook Worme | ix. 4 Calories |
| x) 1 gm carbohydrate | x. Iodine |

5. A. Complete the Observation [5]

- | | |
|----------|-----------|
| i) IDD | ii) VHND |
| iii) NPU | iv) SAM |
| v) FAO | vi) EEG |
| vii) WBC | viii) VAD |
| ix) RBC | x) ATP |

B) As a health worker female how will you manage the following situations in your sub-centre [2x5=10]

- i) High fever in a one year child (102° F)
- ii) Greenstick Fracture
- iii) 'A girl' come to you with Loose motion
- iv) A boy can not see in the dark
- v) Bleeding from nose by fall.



MARCH-2017

ANNUAL EXAMINATION
ODISHA NURSES AND MIDWIVES EXAMINATION BOARD
FIRST YEAR EXAMINATION FOR A.N.M/H.W(F)

PAPER II

HEALTH PROMOTION

(Subject included(Nutrition, Humanbody & Hygiene
Environmental sanitrition, mental Health)

Time : 3 Hrs.

F.M - 75

Answer all questions

The figures in the right hand margin indicates marks.

1. a) Define Nutrition [3+5+7=15]
b) What are the factors responsible for nutritional anaemia?
c) As a health worker female how you will correct the conditions of nutritional anemia

Or

1. a) Define Blood? [3+5+7=15]
b) Describe the constituent of blood?
c) Functions of blood
2. a) Draw a label diagram of stomach [5+5+5=15]
b) Write down the functions of stomach
c) How food digested in GI tract?

Or

1. a) Define Hygiene. [5+5+5=15]
b) Describe the individual hygiene in detail.
c) As a health worker female how will you provide comfort needs of a sick

(2)

(ଗ) ମହିଳା ସ୍ୱାସ୍ଥ୍ୟ କର୍ମୀ ହିସାବରେ ଭଲମ ମାନସିକ ସ୍ୱାସ୍ଥ୍ୟ ସେବା ପ୍ରଦାନ କରିବାପାଇଁ ଗ୍ରାମାଞ୍ଚଳରେ ଲୋକମାନଙ୍କ ମଧ୍ୟରେ କିପରି ସଚେତନତା ସୃଷ୍ଟି କରିବ ବର୍ଣ୍ଣନା କର ।

4. Write down short notes on any five (5x3)

- Prevention of Mental illness.
- Air borne diseases & its prevention.
- Balanced diet
- Heart
- Stomach
- Psychiatric Emergency

୪. ସଂକ୍ଷିପ୍ତ ଚିତ୍ରପଣା ଯେ କୌଣସି ୫ଟିର ଲେଖ ।

- ମାନସିକ ଅସୁସ୍ଥତାର ନିରାକରଣ ।
- ବାୟୁବାହିତ ରୋଗ ଏବଂ ଏହାର ନିରାକରଣ ।
- ସୁସ୍ଥମ ଖାଦ୍ୟ
- ହୃଦପିଣ୍ଡ
- ପାକସ୍ଥଳୀ
- ମାନସିକ ଅସୁସ୍ଥତାର କରୁଣା କାଳୀନ ଚିକିତ୍ସା

5. (A) Match the colour 'A' with 'B' (1x10)

'କ' ପ୍ରସ୍ତ ସହିତ 'ଖ' ପ୍ରସ୍ତକୁ ମିଳାଇ ଲେଖ ।

- | | |
|------------------------|-------------------------|
| (i) Vitamin-A | (i) Water borne disease |
| (ii) Cholera | (ii) Tetanus |
| (iii) Hookworm | (iii) Subcentre |
| (iv) Injury | (iv) Dumping |
| (v) 5000 Population | (v) Well disinfection |
| (vi) Refuse disposal | (vi) Premature Baby |
| (vii) Bleaching Powder | (vii) Night blindness |
| (viii) Incubator | (viii) Immunity |
| (ix) Antipyretic | (ix) Anaemia |
| (x) Jaundice | (x) Pyrexia |

(3)

B. Mark true or false against each statement (1x5)

ପ୍ରତ୍ୟେକ ବାକ୍ୟ ଗୁଡ଼ିକ ଠିକ୍ କିମ୍ବା ଭୁଲ ଲେଖ ।

- People having multiple sexual Partners are prone to AIDS.
ମନୁଷ୍ୟ ବହୁତ ଗୁଡ଼ିଏ Sexual partner ମାନଙ୍କ ସହ ସମ୍ପର୍କ ରଖିଲେ AIDS ରୋଗ ହୁଏ ।
- BCG vaccine should be stored in deepfreezer
ବି.ସି.ଡି. ଟିକା ଗୁଡ଼ିକୁ Deepfreezer ରେ ରଖାଯାଏ ।
- Deficiency of vitamin 'A' causes Rickets.
Vitamin 'A' ର ଅଭାବରେ ରିକେଟ୍ ରୋଗ ହୋଇଥାଏ ।
- Zero Pilio vaccine is given at 1 1/2 months of age.
ଠ ପୋଲିଓ ଟିକା ୧ 1/2 ମାସ ବୟସରେ ଦିଆଯାଏ ।
- You should wash your hand before and after every nursing care.
Nursing care କରିବା ପୂର୍ବରୁ ଓ ପରେ ତୁମେ ତୁମର ହାତ ଧୋଇବା ଉଚିତ୍ ।

FEBRUARY-2016
ODISHA NURSES AND MIDWIVES EXAMINATION BOARD
FIRST YEAR EXAMINATION FOR A.N.M./H.W.F
PAPER-II
HEALTH PROMOTION

Time-3 hours
ସମୟ - ୩ ଘଣ୍ଟା

Full Marks-75
ପୂର୍ଣ୍ଣ ସଂଖ୍ୟା-୭୫

(Answer All Questions)
(The figures in the right-hand margin indicate Marks)
(ସମସ୍ତ ପ୍ରଶ୍ନର ଉତ୍ତର ଦିଅ)

(ଡାହାଣ ପାଖରେ ଦିଆଯାଇଥିବା ସଂଖ୍ୟାଗୁଡ଼ିକ ମୂଲ୍ୟାଙ୍କ ସୂଚାଉଛି)

1. (a) What do mean by balanced diet ? (3+6+6)
(b) Write the Balanced diet chart of a pregnant mother.
(c) What are the factors affecting in planning of diet ?
୧. (କ) ସନ୍ତୁଳିତ ଆହାର କହିଲେ କ'ଣ ବୁଝ ?
(ଖ) ଗୋଟିଏ ଗର୍ଭବତୀ ମାତା ସନ୍ତୁଳିତ ଆହାରର ଚାର୍ଟ ତିଆରି କର ।
(ଗ) ଖାଦ୍ୟ ପାଇଁ ଯୋଜନା କଲାବେଳେ କେଉଁ କେଉଁ factor ଗୁଡ଼ିକ ପ୍ରଭାବିତ କରିଥାଏ ।
2. (a) What are the different sources of water ? (3+6+6)
(b) Explain the importance of safe water for health.
(c) Describe the different small scale Methods for purification of water meant for drinking purpose.
୨. (କ) ଜଳର ବିଭିନ୍ନ ଉତ୍ସଗୁଡ଼ିକ କ'ଣ ?
(ଖ) ସ୍ୱାସ୍ଥ୍ୟ ପାଇଁ ବିଶୁଦ୍ଧ ଜଳର ଆବଶ୍ୟକତା ବିଷୟରେ ବର୍ଣ୍ଣନା କର ।
(ଗ) ପିଇବାର ଉଦ୍ଦେଶ୍ୟରେ ଜଳକୁ ବିଶୁଦ୍ଧ କରିବାପାଇଁ ଉଚ୍ଛିଷ୍ଟ କ୍ଷୁଦ୍ର ପଦ୍ଧତି (Small scale Methods) ଗୁଡ଼ିକ ବର୍ଣ୍ଣନା କର ।
3. (a) What is Mental Health ? (3+7+5)
(b) Indentify the causes, signs and symptoms of abnormal Behaviour ?
(c) As a HW(F) how will your create awareness among community people for promotion of Mental health ?
୩. (କ) ମାନସିକ ସ୍ୱାସ୍ଥ୍ୟ କାହାକୁ କୁହାଯାଏ ?
(ଖ) ଅସାଧାରଣ ବ୍ୟବହାରର କାରଣ ଏବଂ ଲକ୍ଷଣ ଗୁଡ଼ିକ ଲେଖ ।

PTO

୨

(c) What are the contraindications of giving Cu 'T' ?

2. (କ) ପରବାର କଲ୍ୟାଣ କାର୍ଯ୍ୟକ୍ରମ କେଉଁ ମହିତାରେ ଆରମ୍ଭ ହୋଇଥିଲା ଓ ଏହାର ମୁଖ୍ୟ ବିଭେଦଣ ସବୁ କ'ଣ ?

(ଗ) Oral pill ଦେବା ପୂର୍ବରୁ ଜଣେ ମହିଳାର କେଉଁ କେଉଁ ଅବସ୍ଥା ଗ୍ରହଣ ଧ୍ୟାନ ଦେବ ଏବଂ ଏଥିରେ ଉପକ୍ରମିକା ଅନୁସାରେ କିପରି ଦୂରତ୍ୱ କରବ ଚାହା ଜଣେ ମହିଳା ଶୁଣ୍ୟକର୍ମୀ ହେବାବେଳେ କି ପ୍ରକାର ଦାୟିତ୍ୱ ରହିଛି ଉଲ୍ଲେଖ କର ।

(ଘ) କେଉଁ ଅବସ୍ଥାରେ କପର୍ 'ଟି' ଦେବା ଉଚିତ ନୁହେଁ ?

3. (a) What are the factors contribute to P.E.T. ? [5+5+5]

(b) What are the Investigations required for diagnosis of this condition ?

(c) What are the preventive measures you would adopt and advice to the lady in 2nd trimester of pregnancy ?

3. (କ) P.E.T. ପାଇଁ କେଉଁ କେଉଁ factor ଦାୟୀ ?

(ଖ) ଏହି ଅବସ୍ଥାକୁ ଜାଣିବାପାଇଁ କେଉଁ ପରୀକ୍ଷାଗୁଡ଼ିକ କରାଯାଇଥାଏ ?

(ଗ) ଗର୍ଭର 2nd Trimester ରେ ତୁମେ କି ପ୍ରକାର ଉପଦେଶ ରଥା ପ୍ରଦାନ କରାଯାଇ ଉଚିତ କରବ ଚାହା ଦର୍ଶାଅ ।

4. Write short notes on *any three* of the following: — [3×5]

(a) Anaemia in Pregnancy

(b) Cord Sepsis

(c) High-risk mother

(d) Advantages of breast-feeding

4. ଯେ କୌଣସି 3ଟିର ସକ୍ଷିପ୍ତ ଚିତ୍ରଣ ଲେଖ :—

(କ) ଗର୍ଭାବସ୍ଥାରେ ରକ୍ତହୀନତା

(ଖ) ନାଭି ପାତକ

(ଗ) ଉଚ୍ଚ-ରିସ୍କ ମାତା

(ଘ) ମାତୃ ସ୍ତନପାନର ଉପକାରଣ

(A) Fill up the blanks. — [7]

(a) The age above 35 years of a primi Antenatal mother is called ———

(b) There are ——— pair chromosomes

(c) Umbilical vein carries ——— blood

(d) ——— is a permanent method of sterilization operation for male.

(e) M. T. P. is done before ——— weeks of pregnancy

(f) ——— test is done in STD during pregnancy

(g) The uterine discharge during the first 3 to 4 weeks of puerperium is called ——— .

(h) The weight of a new born baby below ——— gms is called premature baby.

(i) The posterior position of the uterus is called ———

(j) The first 6 weeks after delivery the period is called ——— .

(k) Episiotomy is done in the ——— stage of Labour

(l) Cu 'T' is given between ——— days of menstrual cycle.

(m) The infection in the breast is called ———

(n) The causative organism of syphilis is ———

(o) The normal haemoglobin amount in the blood of an Antenatal mother should be ——— gm.

100000

June 2009

**ORISSA NURSES AND MIDWIVES EXAMINATION BOARD
FINAL EXAMINATION FOR CERTIFICATE OF HEALTH
WORKERS (FEMALE)**

(1½-Year Course)

PAPER II

(Community Health Nursing I)

Time—2 hours

Full Marks—75

ସମୟ—2 ଘଣ୍ଟା

ପୂର୍ଣ୍ଣମାର୍କ—75

(ଯେକୌଣସି ପାଞ୍ଚଟି ପ୍ରଶ୍ନର ଉତ୍ତର ଦିଅ)

1. (a) What do you mean by normal labour ? [2+3+10]

(b) What are the causes of delay in 2nd stage of labour ?

(c) As a Health Worker (Female), write your responsibilities in caring of a lady in 3rd stage of labour.

1. (କ) ସ୍ୱାଭାବିକ ପ୍ରସବ କହିଲେ କ'ଣ ବୁଝାଏ ?

(ଖ) ପ୍ରସବର ଦ୍ୱିତୀୟ ପର୍ଯ୍ୟାୟରେ ବିଳମ୍ବ ହେବାର କାରଣ କ'ଣ ?

(ଗ) ଜଣେ ମହିଳା ସ୍ୱାସ୍ଥ୍ୟକର୍ମୀ ହିସାବରେ ପ୍ରସବର ୩ୟ ପର୍ଯ୍ୟାୟରେ କି ପ୍ରକାର ସେବାଦତ୍ତ କରବ ଓ ଚିକିତ୍ସା ଦାୟିତ୍ୱ କ'ଣ ଚାହାଁଇ ଲେଖ ।

2. (a) In which year Family Welfare Programme was [5
launched in India and what are the main objectives
of the programme ?

(b) As a Health Worker (Female), write down your [5
responsibilities prior to giving oral pills and
manage the complications after giving oral pills.

(B) Match the word of Column 'A' with Column 'B'

| Column 'A' | Column 'B' |
|---------------------|---------------------------|
| Placenta | V V F |
| Foul bleeding | After 24 hrs. of delivery |
| Forcep delivery | Prolapse |
| Ectopic pregnancy | Diarrhoea |
| Molar pregnancy | Vaginal tear |
| Immunisation | Haemoglobin |
| Secondary PPH | Estrogen & progesterone |
| Multi gravida | Puerperal sepsis |
| Underfeeding | Second stage of labour |
| Precipitated labour | Acute abdominal pain |
| Anaemia | No foetal heart sound |
| Stilbestrol | Nirodh |
| Thrush | First 3 days |
| Newly married | Gentio n violet |
| Lochia Rubra | Hormone tablet |

6. (A) Mention right or wrong against each statement— [10+5]

- Sufficient water should not be given to a postnatal mother.
- False pain is stopped after giving soap water enema
- Injection ergometrine is used during Induction of labour.

- (d) Blue asphyxia is called asphyxia livida
- (e) Caphalo haematoma occurs after 3 days of delivery of child.
- (f) If the child is not able to pass the stool after 48 hrs. of the delivery then it is suspected to be imperforated anus.
- (g) Ruptured of uterus is seen in primi gravida women
- (h) A Female Health Worker can treated a woman having A. P. H.
- (i) Shortness of umblical cord causes umblical sepsis
- (j) The waste material is excreted from the foetus through placenta.

B) Write the full form of the following :—

[5

- (a) P. E. T.
- (b) E. C. R.
- (c) B. C. G.
- (d) A. W. C.
- (e) S. C.
- (f) I. D. S. P.
- (g) V. P. D.
- (h) M. T. P.
- (i) D & E
- (j) A. R. T. I.

ODISHA NURSES & MIDWIVES EXAMINATION BOARD
FIRST YEAR ANNUAL EXAMINATION IN A.N.M. -2020

Paper- I
(Community Health Nursing)

Time: 3 hrs

Full Marks: 75

*Answer all the Questions.**Figures in right hand margin indicate marks.*

1.
 - a. What is health? [2]
 - b. Write down the principles of primary health care [7]
 - c. As a HW (F) what is your role and responsibility in primary health care [6]

OR

 - a. What is family? [2]
 - b. Write down the characteristics of family [7]
 - c. Briefly describe the types of family [6]
2.
 - a. What do you mean by communication [3]
 - b. Write down the barriers of communication [6]
 - c. Briefly describe the principles and methods of communication [6]

OR

 - a. What is health education? [2]
 - b. Write down the principles of health education [7]
 - c. Briefly describe the methods used in health education in a community [6]
3. Write short notes on any three of the following. [5x3=15]
 - a. Home visit
 - b. W H O
 - c. Characteristics of urban community
 - d. National Health Programme
 - e. Function of Panchayat
4. A. Fill in the blanks [1x5=5]
 - a. A health assistant female is expected to cover a population of _____ in plain areas.
 - b. A ASHA should be educated at least _____ class.
 - c. National Family Welfare Programme was started in India in _____ year.
 - d. 7th November is celebrated as _____ day.
 - e. DOTS programme is for management of patients suffering from _____.

B. Define the following [2x5=10]

 - a. Social stratification
 - b. Code of ethics
 - c. Health survey
 - d. AV aids
 - e. Family cycle



5. A. Write True or False

- a. Family is a basic unit and Universal institution of social structure.
- b. Panchayat Samiti at the block level represents around 1000 villages and a population of 50000.
- c. Under ICDS one Anganwadi worker is appointed per 100 population
- d. Role planning is a two way method of teaching.
- e. Indian Government has started Goitre control programme in 1963.

B. Write down the full form of following abbreviations [1x10=10

- a. NHP
- b. NIDDCP
- c. NFHS
- d. PLHA
- e. RTI
- f. MTP
- g. IPR
- h. BCC
- i. RCH
- j. DDK

ANM-S-1-I-2019

FIRST YEAR SUPPLEMENTARY EXAMINATION IN A.N.M. -2019
ODISHA NURSES & MIDWIVES EXAMINATION BOARD

Paper- I
(Community Health Nursing)

Time: 3 hrs

Full Marks: 75

Answer all the Questions.

Figures in right hand margin indicate marks.

1.
 - a. Define Health. [2]
 - b. Write down the determinants of health. [6]
 - c. Explain the dimensions of health in detail. [7]

OR.

 - a. What is home visiting? [2]
 - b. What are the principles of home visiting? [6]
 - c. As a Health Worker (F), what is your role and responsibility towards the community people during home visits. [7]
2.
 - a. Define family. [2]
 - b. Enlist the various types of family. [6]
 - c. Describe the functions of family in detail. [7]

OR

 - a. What is communication? [2]
 - b. Write the methods and principles of communications. [6]
 - c. Write in detail the barriers of communications. [7]
3. Write short notes on any three of the following. [3X5 = 15]
 - a. IEC
 - b. Pneumonia.
 - c. Principles of primary health care
 - d. Child abuse.
 - e. Job responsibility of H.W.(F).
4. (A) As a Health Worker (F) what is your role and responsibility in the following situation. [2X5 = 10]
 - a. a family is not allowing for collection for data.
 - b. A man suffering from HIV or AIDS in the community
 - c. A woman having severe diarrhoea.
 - d. A group of people suffering from dengue fever
 - e. Conducting a school health program.

(B) Fill in the blanks with appropriate word. [1X5 = 5]

 - a. Female health worker is supervised by _____.
 - b. WHO day is celebrated every year on _____.

- c. Polio vaccine is a _____ vaccine.
- d. Community is the major functioning unit of _____.
- e. Causative organism of Tuberculosis is _____.

5. (A) Write True or False against each statement. [1X5 = 5]

- a. Subcentre covers a population of 5000 in hilly areas.
- b. Television is a audio visual method of communication.
- c. Causative organism of diphtheria is salmonella typhi.
- d. The International nurses' day is observed in the eve of birthday of mother Teresa.
- e. BCC motivates people to behave in a healthy manner.

(B) Write full form of the abbreviations. [0.5X10=5]

- a. ELISA
- b. CNE
- c. AIDS
- d. IEC
- e. NHM
- f. WHO
- g. ILR
- h. RNTCP
- i. NCD
- j. ICTC

(C) Match the Column 'A' with Column 'B' [0.5X10=5]

Column 'A'

- a. AYUSH
- b. Filaria
- c. Tuberculosis
- d. World Health Day
- e. ASHA
- f. Bloch
- g. Family
- h. Dowry system
- i. Subcentre
- j. Records

Column 'B'

- a. 100 villages.
- b. Primary group
- c. Social problem
- d. 5000 population
- e. homeopathy
- f. aedes mosquito
- g. Information
- h. DOTS
- i. 7th April
- j. 1000 population

ANNUAL EXAMINATION- 2019
Odisha Nurses & Midwives Examination Board
First Year Examination for ANM/H.W(F)

Paper -I

(Community Health Nursing)

Time : 3 hrs

Full Marks : 75

Answer all questions.

Figures in right hand margin indicate marks.

1. (a) Define Culture. [3]
(b) Write down the principles of home visit. [6]
(c) As a H.W (F), describe how culture and beliefs affect the health of community with an example. [6]
- Or**
- (a) Define health education. [2]
(b) What are the objectives of health education ? [6]
(c) As a Health Worker (F), what is your roles and responsibility to improve the health service in rural community ? [7]
2. (a) Explain the main causes of ill health. [2]
(b) What are the main health problems of India ? [5]
(c) Write the names of programmes under NVBDCP & describe your role to implement this programme in the community. [8]
- Or**
- (a) Define survey. [2]
(b) Write the importance of survey. [5]
(c) As a health worker (F), what are the steps of survey planning that your should follow before your field visit time ? [8]

P.T.O.

3. Write short notes on any THREE of the following: [3 x 5]

- (a) Determinants of health
- (b) Family cycle
- (c) Principles of community health nursing
- (d) Red Cross
- (e) WHO

4. A. Fill in the blanks: [1 x 5]

- (a) Revised National TB Control Programme was established on -----.
- (b) Female HW is in the ----- of rural health service..
- (c) ----- is a big problem for the environmental urban community.
- (d) The Chief of the municipality is known as -----.
- (e) ----- is the king pin for the delivery of health care at sub-centre level.

B. Match column 'A' with column 'B'. [1 x 10]

Column 'A'

Column 'B'

- | | |
|-------------------------|----------------------------|
| (a) Family | (b) 1000 population |
| (b) Sarpanch | (b) 20,000 population |
| (c) PHC | (c) Information |
| (d) ASHA | (d) Map |
| (e) Record | (e) Polio; |
| (f) Visual aids | (f) Homeopathy |
| (g) VIP I PV | (g) First-aid. |
| (h) AYUSH | (h) Big unit of Individual |
| (i) Minor ailments | (i) Primary group. |
| (j) Group | (j) Panchayat |

P.T.O.

5. A. State true or false:

[1 x 5

- (a) Radio is the first medium of Av-aids.
- (b) PHC is the first contact point between the doctor and village community.
- (c) Patient with fever and rigor is known as typhoid fever.
- (d) Group discussion is an one way method.
- (e) BCC motivates the people to behave in a health manner.

B. Write down the full form of the following abbreviation : [1 x 10

NFHS

ERS

ELISA

NMR

WCD

FTB

AYUSH

CNA

AIDS

IEC

Annual Examination - March -2018
Odisha Nurses and Midwives Examination Board
First Year Examination for A.N.M/H.W (F)

PAPER - I

COMMUNITY HEALTH NURSING

Answer all questions.

The figures in the right hand margin indicates marks.

Time :3 hours

Full Mark – 75

1. A) Define community (2+6+7)
B) Explain the characteristics of urban and rural community
C) What are the major health problem in rural and urban community
Or
A) Define family (2+6+7)
B) Write down the types of family
C) Describe the function of family in detail.
2. A) Define health education (3+6+6)
B) What are the principles of health education
C) As a health worker female explain your role in behavior change communication of the community people
Or
A) What do you mean by CNA (3+6+6)
B) Write down the scope of CNA (community need assessment)
C) Explain about socialization
3. Write short notes on any three of the following. (5+5+5)
A) Job responsibilities of H.W. (F)
B) Code of ethics
C) CARE
D) IEC
E) Principles of primary health care
4. A) Match column 'A' with column 'B'. (1x10)
- | Column 'A' | Column 'B' |
|--------------------------|--------------------------|
| a) Formal group | a) panchayatiraj system |
| b) Mass communication | b) many wives |
| c) Hindu marriage act | c) political parties |
| d) Local self government | d) News paper |
| e) Poly gamy | e) 1955 |
| f) Block | f) social problem |
| g) Juvenile delinquency | g) vector borne disease |
| h) Malaria | h) Non projected |
| i) Tape recorder | i) 7 th April |
| j) World health day | j) 100 villages |

0.5 x 10
= 5
R
R

B) Mark True or False against each statement.

(1x5)

- i) A.v aids are the means to make health education more powerful.
- ii) Group discussion is a one way method of teaching.
- iii) National AIDS control programme was launched in India in the year 1987.
- iv) MDR-TB Patient is treated by dots plus guide lines.
- v) The dowry prohibition act passed by the govt of Inida in the year 1971.

C) Fill in the Blanks.

(1x5)

- i) The head quarters of UNICEF is _____.
- ii) Leprosy is caused by _____.
- iii) Action taken prior to the onest of disease is _____.
- iv) The study of population is _____.
- v) The science of collection of numerical facts & data is called _____.

5. A) Write the fullform of following abbreviations.

($\frac{1}{2}$ x10)

- | | |
|--------|-------|
| DPHN | UNDP |
| AYUSH | VHSC |
| UNFPA | NCD |
| ICTC | IMNCI |
| DANIDA | NID |

5. B) Answer the following.

(2.5x4)

a) Principles of home visiting

- i)
- ii)
- iii)
- iv)

b) Write the name of international health agency

- i)
- ii)
- iii)
- iv)

c) Visual AIDS in health education

- i)
- ii)
- iii)
- iv)

d) Methods of group teaching one way or didactic method

- i)
- ii)
- iii)
- iv)



- b) UNICEF
- c) Technique of Counselling
- d) Element of Primary health care
- e) Role of A.W.W

4.A) Fill in the Blanks [1×5]

- a) Health education is the _____ of community health nursing.
- b) Alcoholism is a _____ Problem
- c) W.H.O established in the year _____
- d) Each Anganwadi Covers a population _____.
- e) Home visit is the _____ of Community health nurse

B) Write true or false against each statement [1×5]

- a) First five year plan was introduced in 1952
- b) The sub centre Covers a population in hilly area is 5000 population.
- c) Health team is a group of people working together for their own goal.
- d) 10th may is celebrated as international nurses day
- e) NRHM Launched in India in the year 2002

C) Match Column 'A' With Column 'B' [1×5]

- | | |
|------------------------|-----------------------|
| a) Colombo plan | a) Socratic method |
| b) Community resources | b) 1950 |
| c) Group Discussion | c) Man money material |

- d) Gram Panchayat
- e) Filaria
- d) Vector Borne
- e) Village level

5.A) Write the full form of following abbreviations [1×10]

- a) MDMP
- b) ONMEB
- c) GOI
- d) CNAA
- e) SIDA
- f) UNESCO
- g) CHC
- h) ICDS
- i) IEC
- j) PPTCT

B) Answer the following [2 ½ + 2 ½]

- a) Methods of communication
 - i)
 - ii)
 - iii)
 - iv)
 - v)
- b) Function of ICDS
 - i)
 - ii)
 - iii)
 - iv)
 - v)



MARCH-2017
ANNUAL EXAMINATION,
ODISHA NURSES AND MIDWIVES EXAMINATION BOARD
FIRST YEAR EXAMINATION FOR A.N.M/H.W(F)
(2 Years Course)
PAPER I
COMMUNITY HEALTH NURSING

Time : 3 Hrs. F.M - 75

Answer all questions

The figures in the right hand margin indicates marks.

1. a) Define health [2+6+7]
b) Write down the determinants of health
c) Explain the dimensions of health in detail.
Or
a) What are the Characteristics of learning [3+6+6]
b) Write down the steps of learning.
c) Describe roles and responsibilities of H.W(F) in behaviour change Communication.
2. a) What do you mean by N.G.O [3+6+6]
b) Briefly describe the role of N.G.O.S in the health Care delivery System
c) Write the function of W.H.O
Or
a) Define communication [3+6+6]
b) What are the methods and principles of Communication
c) Write in details of Barrier's of Communication
3. Write short notes on any three of the following [5+5+5]
a) A.V.AIDS

(ଗ) ମହିଳା ସ୍ୱାସ୍ଥ୍ୟ କର୍ମୀ ଭାବରେ ଗୃହ ପରିଦର୍ଶନ ସମୟରେ ଗ୍ରାମବାସୀ ମାନଙ୍କର ପ୍ରତି ତୁମର କର୍ତ୍ତବ୍ୟ ଏବଂ ଦାୟିତ୍ୱ ବିଷୟରେ ଲେଖ।

3. a) Enlist five on going national health program in India? [3+6+6]
b) Describe briefly AIDS control programme ?
c) As a female health worker write your role and responsibilities in the prevention and control of diseases?
କ) ଭାରତରେ କାର୍ଯ୍ୟକାରୀ ହେଉଥିବା national health programme ଗୁଡ଼ିକ ମଧ୍ୟରୁ ୫ଟି ଲେଖ।
ଖ) AIDS control programme ବର୍ଣ୍ଣନା କର।

4. Write short notes on any three of the following. [5×3]

- a) Principles of primary health care.
b) Janani Surakshya Yojana.
c) Family
d) Job responsibilities of H.W (F)
e) UNICEF
କ) ପ୍ରାଥମିକ ସ୍ୱାସ୍ଥ୍ୟ ସେବାର ନିୟମ
ଖ) ଜନନୀ ସୁରକ୍ଷା ଯୋଜନା
ଗ) ପରିବାର
ଘ) H. W (F) ର କାର୍ଯ୍ୟାବଳୀ
ଙ) ସ୍ତନିସେତା।

5.A) Write the full form of following abbreviations. [1×10]

- a) N V B D C P
b) I N C
c) O N M E B
d) A S H A

e) C A R E

f) M D M P

g) W.H.O

h) I L R

i) N H M

j) R.N T C .P

(B) Match column 'A' with column 'B'. [1×10]

Column 'A'

Column 'B'

(a) Dowry System

a) Bharat Sevak Samaj

b) Grampanchayat

b) Alcoholism

c) Social Problem

c) 5,000 Population

d) Group Discussion

d) Bride Burning

e) Germ Theory

e) 1950

f) Polygammy

f) Louis Pastuer

g) Community Resources

g) Socratic Method

h) Colombo Plan

h) Man, Money & Material

i) Voluntary Organization

i) Village Level

j) Sub Centre

j) Many Wives

6.A) Fill up the blanks with appropriate words. [1×10]

- a) Community is a major functioning unit of _____
b) A.V aids are divided in to _____ for active health education.
c) N R H M was started on _____.
d) The international nurses day observe in the eve of the birth day of _____.

- e) The Indian red cross was established in _____.
- f) Rural health services was launched in India _____.
- g) Participation is key word in _____.
- h) W.H.O day celebrated every year in _____.
- i) Government is establishing C.H.C for every _____ population.
- j) Health education is essential tool of _____.
- (B) Write True or false against each statement. [1×5]
- a) Alma Ata conference was held in 1980.
- b) Community development programme in India began on 1954.
- c) The Block consist of 200 villages.
- d) Causative organism of diphtheria is salmonella Typhi.
- e) Loss of water from the body is Known as dehydration.



SUPPLEMENTARY EXAMINATION, OCTOBER-2016
ODISHA NURSES AND MIDWIVES EXAMINATION BOARD
FIRST YEAR EXAMINATION FOR A.N.M/H.W(F)

PAPER -I

COMMUNITY HEALTH NURSING

Time : 3 Hrs.

F.M - 75

ସମୟ: ୩ ଘଣ୍ଟା

ପୂର୍ଣ୍ଣସଂଖ୍ୟା-୭୫

Answer any Five questions

The Figures in the right hand margin indicate marks

(ଯେ କୌଣସି ୫ଟି ପ୍ରଶ୍ନର ଉତ୍ତର ଦିଅ ।

ଡାହାଣ ପାଖରେ ଦିଆଯାଇଥିବା ସଂଖ୍ୟା ଗୁଡ଼ିକ ମୂଲ୍ୟାଙ୍କ ସୂଚାଉଛି)

1. (a) What do you mean by communication? [3+6+6]
 (b) What are the methods & principles of communication?
 (c) Write in details the barriers of effective communication?
 (କ) ଯୋଗାଯୋଗ କହିଲେ କଣ ବୁଝା ।
 (ଖ) ଯୋଗାଯୋଗ (method) କାର୍ଯ୍ୟ ପ୍ରଣାଳୀ ଏବଂ (Principle) ନିୟମ ଗୁଡ଼ିକ କଣ ଲେଖା ।
 (ଗ) ଫଳପ୍ରସ୍ତୁତ ଯୋଗାଯୋଗର ପ୍ରତି ବନ୍ଧକ ଗୁଡ଼ିକ କ'ଣ ?
2. (a) What is home visiting? [3+6+6]
 (b) What are the principle of home visit?
 (c) As a female health worker what is your role and responsibilities towards community people during home visit?
 (କ) ଗୃହ ପରିଦର୍ଶନ କ'ଣ ।
 (ଖ) ଗୃହ ପରିଦର୍ଶନର ନିୟମ ଗୁଡ଼ିକ କ'ଣ ।

FIRST YEAR ANNUAL EXAMINATION IN A.N.M. -2020
ODISHA NURSES & MIDWIVES EXAMINATION BOARD

Paper- II
(Health Promotion)

Time: 3 hrs

Full Marks: 75

*Answer all the Questions.**Figures in right hand margin indicate marks.*

- 1.
- a. What is defence mechanism? [2]
 Defence mechanism କଣ ।
- b. Briefly describe the properties of defence mechanism. [3]
 Defence mechanismର properties ଗୁଡ଼ିକ ଲେଖ ।
- c. Discuss the various types of defence mechanism. [10]
 ବିଭିନ୍ନ ପ୍ରକାରର defence mechanism ଗୁଡ଼ିକ ବିଷୟରେ ସବିଶେଷ ବର୍ଣ୍ଣନା କର ।
- OR
- a. What is adulteration of food? [2]
 ଖାଦ୍ୟ ଅପମିଶ୍ରଣ ମାନେ କ'ଣ .
- b. Write methods of storage and preservation of food. [6]
 ଖାଦ୍ୟର storage ଓ preservation ଉପାୟ ଗୁଡ଼ିକ ଲେଖ ।
- c. As a H.W.(F) how will you provide information to community about food hygiene. [7]
 ଖାଦ୍ୟ ପ୍ରସ୍ତୁତି ରେ ପରିଷ୍କାର ପରିଚ୍ଛନ୍ନତା କିପରି ପାଳନ କରାଯାଏ ? ଜଣେ ମହିଳା ସ୍ୱାସ୍ଥ୍ୟକର୍ମୀ ଭାବରେ କିପରି ସ୍ୱାସ୍ଥ୍ୟ ଶିକ୍ଷା ଦେବ ।
- 2.
- a. Draw a labelled diagram of heart. [8]
 ମନୁଷ୍ୟ ଶରୀରର ହୃଦପିଣ୍ଡ ର ଚିତ୍ର ଅଙ୍କନ କରି ବିଭିନ୍ନ ଅଂଶ ବର୍ଣ୍ଣାଅ ।
- b. Describe pulmonary circulation. [7]
 Pulmonary circulation କୁ ବର୍ଣ୍ଣନା କର ।
- OR
- a. What is malnutrition. [2]
 ଅପପୁଷ୍ଟି କଣ ।
- b. Write types of undernutrition. [5]
 ବିଭିନ୍ନ ପ୍ରକାରର undernutrition ଗୁଡ଼ିକ ଲେଖ ।
- c. Describe management of a SAM child. [8]
 SAM ଶିଶୁ ର management କିପରି କରିବା ଲେଖ ।
3. Write short notes on any 'Three' of the following. [3 X 5 =15]
 ଯେକୌଣସି ତିନୋଟି ର ଉତ୍ତର ଦିଅ ।
- a. Bedsore
- b. Ventilation

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- c. Cranial nerves
- d. Vitamin -C
- e. Kitchen Garden

4. Write in one sentence of the following. [1 X10=10]

- a. Glossitis
- b. Gingivitis
- c. Hepatitis
- d. Enteritis
- e. Stomatitis
- f. Otitis media
- g. Meningitis
- h. Gastritis
- i. Arthritis
- j. Oophoritis

5. (A) Fill in the blanks. [5]

- a. _____ hormone helps in production of milk.
- b. The _____ of the sunlight converts 7 dehydro-cholesterol to vitamin D.
- c. Deficiency of iodine causes _____.
- d. _____ hormone helps in conversion of glucose to glycogen.
- e. Schizophrenia is also known as _____.

(B) Write the full form of the following abbreviations. [5]

- a. MDA
- b. VHND
- c. CSF
- d. ECT
- e. TPN
- f. ROM
- g. MV
- h. ESR
- i. BMR
- j. FSH

6. Match the column 'A' with 'B'. [1X10 =10]

- | 'A' | 'B' |
|-----------------------|----------------------------|
| a. Heart | Vit-C |
| b. Abdomen | Smallest bone |
| c. Ragi | Peritoneum |
| d. Guava | Calcium & Iron |
| e. Stapes | Pericardium |
| f. Pituitary gland | Schizophrenia |
| g. ECT | Oxytocin |
| h. Hypo amnesia | Sodium bi-carbonate |
| i. Insulin | Loss of capacity to recall |
| j. Permanent Hardness | Pancreas |

ANM-S-1-II-2019

FIRST YEAR SUPPLEMENTARY EXAMINATION IN A.N.M. -2019
ODISHA NURSES & MIDWIVES EXAMINATION BOARD
Paper- II
(Health Promotion)

Time: 3 hrs

Full Marks: 75

Answer all the Questions.

Figures in right hand margin indicate marks.

- 1.
- a. Define nutrition. [3]
 - b. What are the causes of nutritional anaemia? [5]
 - c. As a Health Worker (F) how you will you correct the conditions of nutritional anaemia? [7]
- OR
- a. Draw a labelled diagram of Heart. [4]
 - b. Describe structure of Heart. [4]
 - c. Explain pulmonary circulation in detail. [7]
- 2.
- a. What is Mental Health? [2]
 - b. What are factors influencing mental health? [6]
 - c. Explain characteristics of mental ill person. [7]
- OR
- a. Describe various sources of water. [4]
 - b. Discuss the causes of water pollution. [4]
 - c. Write down details about different small-scale methods for purification of water. [7]
3. Write short notes on any three of the following. [3 X 5=15]
- a. Function of liver.
 - b. Methods of cooking.
 - c. Personal hygiene
 - d. Balance diet.
 - e. Functions of air.
4. (A) Fill in the blanks. [1 X 5= 5]
- a. Four pulmonary veins carry _____ blood to the left side of the heart.
 - b. 1-gram protein provide _____ calories.
 - c. Vitamin _____ helps in healing of wounds.
 - d. Heart is situated in _____ cavity.
 - e. Temporary hardness of water is removed by _____.

(B) Match the column 'A' with column 'B'

[1x10=10]

Column 'A'Column 'B'

- | | |
|-------------------|-------------------------|
| a. Vitamin D | a. Point Inflammation |
| b. Sitz bath | b. Vitamin B12 |
| c. Bile | c. Haemoglobin |
| d. Epitasis | d. Rickets |
| e. Rapid pulse | e. Rich sources of Iron |
| f. RBC | f. Insulin |
| g. Pulmonary vein | g. Tachycardia |
| h. Pancreas | h. Bleeding from nose |
| i. Jaggery | i. oxygenated blood |
| j. Cyanocobalamin | j. Gall Bladder |

5. (A) Mark True or False against each statement. [1 X 5 =5]

- All dentures must be removed at night.
- Femur is the longest and strongest bone in the human body.
- Ragi is rich in Iron.
- Osteomalacia is due to deficiency of vitamin K
- Right side of lungs contain 2 lobes.

(B) Write the full form of following abbreviations. [1X10=10]

- VHND
- RBC
- WBC
- ADH
- ATP
- SAM
- IDD
- GFR
- BCG
- ORS

ANNUAL EXAMINATION- 2019

Odisha Nurses & Midwives Examination Board
First Year Examination for A.N.M./H.W (F)

Paper -II

(Health Promotion)

Time : 3 hrs

Full Marks : 75

Answer all questions.

Figures in right hand margin indicate marks.

1. (a) What do you mean by malnutrition ? [2]

(b) What are the factors responsible for malnutrition ? [6]

(c) As a H.W.(F), what is your major role in supplementary foods, so as to prevent and control malnutrition in population ? [7]

Or

(a) What is reproduction ? [2]

(b) Draw a labelled diagram of internal female reproductive system. [6]

(c) Describe details of the structure and functions of internal female reproductive organs. [7]

2. (a) What is psychiatric emergency ? [2]

(b) Write down the classification of psychiatric emergency. [5]

(c) As a H.W.(F) how will you manage the suicidal patients and the disasters ? [8]

Or

(a) What is excreta ? [2]

(b) How does diseases spread from excreta ? [3]

(c) Describe the role of Health Worker (F) in various methods of disposal of wastes at community level. [10]

3. Write short notes on any THREE of the following: [5 x 3

(a) Personal Hygiene

(b) Functions of Kidney

(c) Methods of food preservation at home.

(d) Functions of air

(e) Elderly patient with depression.

4. A. Fill in the blanks : [1 x 5

(a) Nutritional status of a population can be assessed by data of

(b) Aorta carries oxygenated blood from the left ventricle to all

parts of body except

(c) Vitamin helps in healing of wounds.

(d) Frustration, tension and insecurity are some of chief causes

of

(e) Retinal is otherwise known as vitamin

B. Match column 'A' with column 'B': [1 x 10

Column 'A'

(a) Anxiety

(b) Sun

(c) Obesity

(d) Epidermis

(e) Fomites

(f) Smallest bone

(g) Water bone disease

(h) Respiratory muscle

(i) Air vitiation

(j) Injury

Column 'B'

(a) Skin

(b) Over nutrition

(c) Palpitation

(d) Clothes

(e) Natural sources

(f) Tetanus

(g) Diaphragm

(h) Closed room

(i) Stapes

(j) Jaundice

P.T.O.

5. A. Write true or false against each statement: [1 x 5

(a) All dentures must be removed at night.

(b) The outer covering of lungs is pericardium.

(c) Food adulteration practices vary from one part of the country to

another part of the country.

(d) Gobar gas plant polluted the waste as well as the fuel.

(e) Mammary gland development depends on growth hormone.

B. Write full form of the following abbreviations: [1x10

CBT

ICD

SAM

GFR

RBC

DCT

ATP

ORS

ICDS

ADH

3. Write short notes on any THREE of the following 5+5+5

- a) Function of liver
- b) Defense Mechanism
- c) Methods of cooking
- d) Kitchen garden
- e) Balance diet

4. (A) Match column 'A' with column 'B' 1X10

| Column 'A' | Column 'B' |
|--------------------|------------------------|
| a) Vitamin 'D' | a) Pain & inflammation |
| b) Sitz bath | b) Vitamin B12 |
| c) Bile | c) Haemoglobin |
| d) Epitasis | d) Rickets |
| e) Rapid Pulse | e) Rich source of Iron |
| f) RBC | f) Insulin |
| g) Pulmonary vein | g) Tachycardia |
| h) Pancrease | h) Bleeding from nose |
| i) Jaggery | i) Oxygenated blood |
| j) Cyano Cobalamin | j) Gall bladder |

(B) Mark True or False against each statement 1x5

- a) Stapes is smallest bone of human body
- b) Many mental illness are inherited from generation to generation
- c) Carbohydrate is body building food
- d) Osteomalacia is due to deficiency of vitamin K.
- e) Inflammation of stomach is called stomatitis

5. (A) Fill in the Blank 1x5

- a) Inflammation of gum is called _____
- b) Number of lobe in RT Lung is _____
- c) Larynx is _____ of the body
- d) One gram of Protein Provide _____ calorie
- e) Length of spinal cord is _____

(B) Write the full form of following abbreviations 1x10

- a) SAM
- b) NMHP
- c) RBSK
- d) EEG
- e) E.C.T.
- f) ECG
- g) HCG
- h) ABT
- i) ADH
- j) IMR

SUPPLEMENTARY EXAMINATION - 2018
ODISHA NURSES AND MIDWIVES EXAMINATION BOARD
FIRST YEAR EXAMINATION FOR A.N.M. / H.W. (F)

Paper-II

Sub- Health Promotion

Time- 3 hrs

F.M-75

Answer all questions

1.

2+6+7

- a) what do you mean by adulteration of food
- b) Write the methods of storage and preservation of food
- c) As a H.W (F) how will you provide information to community about food hygiene and safe preparation.

Or

- a) Draw a label diagram of Heart. **4+4+7**
- b) Describe structure of Heart
- c) Explain pulmonary circulation in detail

2.

2+6+7

- a) What is mental health
- b) What are the factors influencing mental health
- c) Explain characteristics of mentally health person.

Or

- a) Describe various sources of water **4+4+7**
- b) Discuss the causes of water pollution
- c) Write down details about different small scale methods for purification of water

3. Write down the short notes on any three of the followings [3x5=15]

- a) Defence Mechanism
- b) Adulteration of food
- c) Function of liver
- d) Water borne diseases
- e) Basic human needs

4.A) Fill in the blanks [1x5=5]

- i) Personality disorder is a _____ mental illness
- ii) Scurvy is due to deficiency of _____
- iii) Changes in thinking are symptoms of _____
- iv) Heart is situated in _____ cavity
- v) Child morbidity and mortality rate increases due to _____

B) Mark True or False against each [5]

- i) Temporary hardness of water removed by boiling
- ii) Ragi is rich in iron
- iii) Blood is fluid of connective tissue
- iv) Left lung has two lobes
- v) Carbohydrate is required for body building and repair
- vi) Insulin is secreted from the cell of the pancreas
- vii) Pernicious anaemia is caused by the deficiency of vitamin - B6
- viii) Temporary hardness of water is due to the presence of bicarbonates of calcium and magnesium
- ix) Animal fats are unsaturated fats
- x) Amoebiasis is an airborne disease

C) Match Column 'A' with Column 'B' [5]

- | Column 'A' | Column 'B' |
|-------------------------|-------------------------|
| i) Psychological Needs | i) Minor mental illness |
| ii) Water borne disease | ii) Formation of Urine |
| iii) Kidney | iii) Pancreas |
| iv) Insulin | iv) Love and affection |
| v) Neurosis | v) Typhoid |
| vi) Salivary Gland | vi) Scapula |
| vii) Flat Bone | vii) 3 Pairs |
| viii) Goitre | viii) Anaemia |
| ix) Hook Worme | ix. 4 Calories |
| x) 1 gm carbohydrate | x. Iodine |

5. A. Complete the Observation [5]

- | | |
|----------|-----------|
| i) IDD | ii) VHND |
| iii) NPU | iv) SAM |
| v) FAO | vi) EEG |
| vii) WBC | viii) VAD |
| ix) RBC | x) ATP |

B) As a health worker female how will you manage the following situations in your sub-centre [2x5=10]

- i) High fever in a one year child (102° F)
- ii) Greenstick Fracture
- iii) 'A girl' come to you with Loose motion
- iv) A boy can not see in the dark
- v) Bleeding from nose by fall.



MARCH-2017

ANNUAL EXAMINATION
ODISHA NURSES AND MIDWIVES EXAMINATION BOARD
FIRST YEAR EXAMINATION FOR A.N.M/H.W(F)

PAPER II

HEALTH PROMOTION

(Subject included(Nutrition, Humanbody & Hygiene
Environmental sanitrition, mental Health)

Time : 3 Hrs.

F.M - 75

Answer all questions

The figures in the right hand margin indicates marks.

1. a) Define Nutrition [3+5+7=15]
b) What are the factors responsible for nutritional anaemia?
c) As a health worker female how you will correct the conditions of nutritional anemia

Or

1. a) Define Blood? [3+5+7=15]
b) Describe the constituent of blood?
c) Functions of blood
2. a) Draw a label diagram of stomach [5+5+5=15]
b) Write down the functions of stomach
c) How food digested in GI tract?

Or

1. a) Define Hygiene. [5+5+5=15]
b) Describe the individual hygiene in detail.
c) As a health worker female how will you provide comfort needs of a sick

(2)

(ଗ) ମହିଳା ସ୍ୱାସ୍ଥ୍ୟ କର୍ମୀ ହିସାବରେ ଭଲମ ମାନସିକ ସ୍ୱାସ୍ଥ୍ୟ ସେବା ପ୍ରଦାନ କରିବାପାଇଁ ଗ୍ରାମାଞ୍ଚଳରେ ଲୋକମାନଙ୍କ ମଧ୍ୟରେ କିପରି ସଚେତନତା ସୃଷ୍ଟି କରିବ ବର୍ଣ୍ଣନା କର ।

4. Write down short notes on any five (5x3)

- Prevention of Mental illness.
- Air borne diseases & its prevention.
- Balanced diet
- Heart
- Stomach
- Psychiatric Emergency

୪. ସଂକ୍ଷିପ୍ତ ଚିତ୍ରପଣା ଯେ କୌଣସି ୫ଟିର ଲେଖ ।

- ମାନସିକ ଅସୁସ୍ଥତାର ନିରାକରଣ ।
- ବାୟୁବାହିତ ରୋଗ ଏବଂ ଏହାର ନିରାକରଣ ।
- ସୁସ୍ଥମ ଖାଦ୍ୟ
- ହୃତପିଣ୍ଡ
- ପାକସ୍ଥଳୀ
- ମାନସିକ ଅସୁସ୍ଥତାର କରୁଣା କାଳୀନ ଚିକିତ୍ସା

5. (A) Match the colour 'A' with 'B' (1x10)

'କ' ପ୍ରସ୍ତ ସହିତ 'ଖ' ପ୍ରସ୍ତକୁ ମିଳାଇ ଲେଖ ।

- | | |
|------------------------|-------------------------|
| (i) Vitamin-A | (i) Water borne disease |
| (ii) Cholostum | (ii) Tetanus |
| (iii) Hookworm | (iii) Subcentre |
| (iv) Injury | (iv) Dumping |
| (v) 5000 Population | (v) Well disinfection |
| (vi) Refuse disposal | (vi) Premature Baby |
| (vii) Bleaching Powder | (vii) Night blindness |
| (viii) Incubater | (viii) Immunity |
| (ix) Antipyretic | (ix) Anaemia |
| (x) Jaundice | (x) Pyrexia |

(3)

B. Mark true or false against each statement (1x5)

ପ୍ରତ୍ୟେକ ବାକ୍ୟ ଗୁଡ଼ିକ ଠିକ୍ କିମ୍ବା ଭୁଲ୍ ଲେଖ ।

- People having multiple sexual Partners are prone to AIDS.
ମନୁଷ୍ୟ ବହୁତ ଗୁଡ଼ିଏ Sexual partner ମାନଙ୍କ ସହ ସମ୍ପର୍କ ରଖିଲେ AIDS ରୋଗ ହୁଏ ।
- BCG vaccine should be stored in deepfreezer
ବି.ସି.ଡି. ଟିକା ଗୁଡ଼ିକୁ Deepfreezer ରେ ରଖାଯାଏ ।
- Deficiency of vitamin 'A' causes Rickets.
Vitamin 'A' ର ଅଭାବରେ ରିକେଟ୍ ରୋଗ ହୋଇଥାଏ ।
- Zero Pilio vaccine is given at 1 1/2 months of age.
ଠ ପୋଲିଓ ଟିକା ୧ 1/2 ମାସ ବୟସରେ ଦିଆଯାଏ ।
- You should wash your hand before and after every nursing care.
Nursing care କରିବା ପୂର୍ବରୁ ଓ ପରେ ତୁମେ ତୁମର ହାତ ଧୋଇବା ଉଚିତ୍ ।

FEBRUARY-2016
ODISHA NURSES AND MIDWIVES EXAMINATION BOARD
FIRST YEAR EXAMINATION FOR A.N.M./H.W.F
PAPER-II
HEALTH PROMOTION

Time-3 hours
ସମୟ - ୩ ଘଣ୍ଟା

Full Marks-75
ପୂର୍ଣ୍ଣ ସଂଖ୍ୟା-୭୫

(Answer All Questions)
(The figures in the right-hand margin indicate Marks)
(ସମସ୍ତ ପ୍ରଶ୍ନର ଉତ୍ତର ଦିଅ)

(ଡାହାଣ ପାଖରେ ଦିଆଯାଇଥିବା ସଂଖ୍ୟାଗୁଡ଼ିକ ମୂଲ୍ୟାଙ୍କ ସୂଚାଉଛି)

1. (a) What do mean by balanced diet ? (3+6+6)
(b) Write the Balanced diet chart of a pregnant mother.
(c) What are the factors affecting in planning of diet ?
୧. (କ) ସନ୍ତୁଳିତ ଆଧାର କହିଲେ କ'ଣ ବୁଝ ?
(ଖ) ଗୋଟିଏ ଗର୍ଭବତୀ ମାତା ସନ୍ତୁଳିତ ଆହାରର ଚାର୍ଟ ତିଆରି କର ।
(ଗ) ଖାଦ୍ୟ ପାଇଁ ଯୋଜନା କଲାବେଳେ କେଉଁ କେଉଁ factor ଗୁଡ଼ିକ ପ୍ରଭାବିତ କରିଥାଏ ।
2. (a) What are the different sources of water ? (3+6+6)
(b) Explain the importance of safe water for health.
(c) Describe the different small scale Methods for purification of water meant for drinking purpose.
୨. (କ) ଜଳର ବିଭିନ୍ନ ଉତ୍ସଗୁଡ଼ିକ କ'ଣ ?
(ଖ) ସ୍ୱାସ୍ଥ୍ୟ ପାଇଁ ବିଶୁଦ୍ଧ ଜଳର ଆବଶ୍ୟକତା ବିଷୟରେ ବର୍ଣ୍ଣନା କର ।
(ଗ) ପିଇବାର ଉଦ୍ଦେଶ୍ୟରେ ଜଳକୁ ବିଶୁଦ୍ଧ କରିବାପାଇଁ ଉଚ୍ଛିଷ୍ଟ କ୍ଷୁଦ୍ର ପଦ୍ଧତି (Small scale Methods) ଗୁଡ଼ିକ ବର୍ଣ୍ଣନା କର ।
3. (a) What is Mental Health ? (3+7+5)
(b) Indentify the causes, signs and symptoms of abnormal Behaviour ?
(c) As a HW(F) how will your create awareness among community people for promotion of Mental health ?
୩. (କ) ମାନସିକ ସ୍ୱାସ୍ଥ୍ୟ କାହାକୁ କୁହାଯାଏ ?
(ଖ) ଅସାଧାରଣ ବ୍ୟବହାରର କାରଣ ଏବଂ ଲକ୍ଷଣ ଗୁଡ଼ିକ ଲେଖ ।

PTO

୨

(c) What are the contraindications of giving Cu 'T' ?

2. (କ) ପରବାର କଲ୍ୟାଣ କାର୍ଯ୍ୟକ୍ରମ କେଉଁ ମହିତାରେ ଆରମ୍ଭ ହୋଇଥିଲା ଓ ଏହାର ମୁଖ୍ୟ ବିଭେଦଣ ସବୁ କ'ଣ ?

(ଗ) Oral pill ଦେବା ପୂର୍ବରୁ ଜଣେ ମହିତାଙ୍କ କେଉଁ କେଉଁ ଅବସ୍ଥା ଗ୍ରହଣ ଥିବା ଦେଖି ଏକ ସମ୍ପର୍କ ଉପଲବ୍ଧିକା ଅନୁସନ୍ଧାନ କରାଯାଇ କିପରି ଦୁର୍ଭିକ୍ତ କରାଯାଇ ଚାହାଁ ଜଣେ ମହିତା ଶୁଣ୍ୟକର୍ମୀ ହେବାପରେ କି ପ୍ରକାର ଦାୟିତ୍ୱ ରହିଛି ଉଲ୍ଲେଖ କର ।

(ଘ) କେଉଁ ଅବସ୍ଥାରେ କର୍ପୁ 'ଟି' ଦେବା ଉଚିତ ନୁହେଁ ?

3. (a) What are the factors contribute to P.E.T. ? [5+5+5]

(b) What are the Investigations required for diagnosis of this condition ?

(c) What are the preventive measures you would adopt and advice to the lady in 2nd trimester of pregnancy ?

3. (କ) P.E.T. ପାଇଁ କେଉଁ କେଉଁ factor ଦାୟୀ ?

(ଖ) ଏହି ଅବସ୍ଥାକୁ ଜାଣିବାପାଇଁ କେଉଁ ପରୀକ୍ଷାଗୁଡ଼ିକ କରାଯାଇଥାଏ ?

(ଗ) ଗର୍ଭର 2nd Trimester ରେ ତୁମେ କି ପ୍ରକାର ଉପଦେଶ ରଥା ପ୍ରଦାନ କରାଯାଇ ଉଚିତ କରାଯାଏ ?

4. Write short notes on *any three* of the following: — [3×5]

(a) Anaemia in Pregnancy

(b) Cord Sepsis

(c) High-risk mother

(d) Advantages of breast-feeding

4. ଯେ କୌଣସି 3ଟିର ସକ୍ଷିପ୍ତ ଚିତ୍ରଣା ଲେଖ :—

(କ) ଗର୍ଭାବସ୍ଥାରେ ରକ୍ତହୀନତା

(ଖ) ନାଭି ପାତକ

(ଗ) ଉଚ୍ଚ-ରିସ୍କ ମହିତା

(ଘ) ମାତୃ ସ୍ତନପାନର ଉପକାରଣ

(A) Fill up the blanks. — [7]

(a) The age above 35 years of a primi Antenatal mother is called ———

(b) There are ——— pair chromosomes

(c) Umbilical vein carries ——— blood

(d) ——— is a permanent method of sterilization operation for male.

(e) M. T. P. is done before ——— weeks of pregnancy

(f) ——— test is done in STD during pregnancy

(g) The uterine discharge during the first 3 to 4 weeks of puerperium is called ——— .

(h) The weight of a new born baby below ——— gms is called premature baby.

(i) The posterior position of the uterus is called ———

(j) The first 6 weeks after delivery the period is called ——— .

(k) Episiotomy is done in the ——— stage of Labour

(l) Cu 'T' is given between ——— days of menstrual cycle.

(m) The infection in the breast is called ———

(n) The causative organism of syphilis is ———

(o) The normal haemoglobin amount in the blood of an Antenatal mother should be ——— gm.

100000

June 2009

**ORISSA NURSES AND MIDWIVES EXAMINATION BOARD
FINAL EXAMINATION FOR CERTIFICATE OF HEALTH
WORKERS (FEMALE)**

(1½-Year Course)

PAPER II

(Community Health Nursing I)

Time—2 hours

Full Marks—75

ସମୟ—2 ଘଣ୍ଟା

ପୂର୍ଣ୍ଣମାର୍କ—75

(ନେକୋଣସି ପାଞ୍ଚଟି ପ୍ରଶ୍ନର ଉତ୍ତର ଦିଅ)

1. (a) What do you mean by normal labour ? [2+3+10]

(b) What are the causes of delay in 2nd stage of labour ?

(c) As a Health Worker (Female), write your responsibilities in caring of a lady in 3rd stage of labour.

1. (କ) ସ୍ୱାଭାବିକ ପ୍ରସବ କହିଲେ କ'ଣ ବୁଝାଏ ?

(ଖ) ପ୍ରସବର ଦ୍ୱିତୀୟ ପର୍ଯ୍ୟାୟରେ ବିଳମ୍ବ ହେବାର କାରଣ କ'ଣ ?

(ଗ) ଜଣେ ମହିଳା ସ୍ୱାସ୍ଥ୍ୟକର୍ମୀ ହିସାବରେ ପ୍ରସବର ୩ୟ ପର୍ଯ୍ୟାୟରେ କି ପ୍ରକାର ସେବାଦତ୍ତ କରବ ଓ ରୁମର ଦାୟିତ୍ୱ କ'ଣ ତାହା ଲେଖ ।

2. (a) In which year Family Welfare Programme was launched in India and what are the main objectives of the programme ? [5]

(b) As a Health Worker (Female), write down your responsibilities prior to giving oral pills and manage the complications after giving oral pills. [5]

(B) Match the word of Column 'A' with Column 'B'

| Column 'A' | Column 'B' |
|---------------------|---------------------------|
| Placenta | V V F |
| Foul bleeding | After 24 hrs. of delivery |
| Forcep delivery | Prolapse |
| Ectopic pregnancy | Diarrhoea |
| Molar pregnancy | Vaginal tear |
| Immunisation | Haemoglobin |
| Secondary PPH | Estrogen & progesterone |
| Multi gravida | Puerperal sepsis |
| Underfeeding | Second stage of labour |
| Precipitated labour | Acute abdominal pain |
| Anaemia | No foetal heart sound |
| Stilbestrol | Nirodh |
| Thrush | First 3 days |
| Newly married | Gentio n violet |
| Lochia Rubra | Hormone tablet |

6. (A) Mention right or wrong against each statement— [10+5]

- (a) Sufficient water should not be given to a postnatal mother.
- (b) False pain is stopped after giving soap water enema
- (c) Injection ergometrine is used during Induction of labour.

- (d) Blue asphyxia is called asphyxia livida
- (e) Caphalo haematoma occurs after 3 days of delivery of child.
- (f) If the child is not able to pass the stool after 48 hrs. of the delivery then it is suspected to be imperforated anus.
- (g) Ruptured of uterus is seen in primi gravida women
- (h) A Female Health Worker can treated a woman having A. P. H.
- (i) Shortness of umblical cord causes umblical sepsis
- (j) The waste material is excreted from the foetus through placenta.

B) Write the full form of the following :—

[5

- (a) P. E. T.
- (b) E. C. R.
- (c) B. C. G.
- (d) A. W. C.
- (e) S. C.
- (f) I. D. S. P.
- (g) V. P. D.
- (h) M. T. P.
- (i) D & E
- (j) A. R. T. I.

**ODISHA NURSES & MIDWIVES EXAMINATION BOARD
FIRST YEAR ANNUAL EXAMINATION IN A.N.M. -2020**

**Paper- III
(Primary Health Care Nursing)**

Time: 3 hrs

Full Marks: 75

*Answer all the Questions.**Figures in right hand margin indicate marks.*

1.
 - a. What is immunization? [2]
 - b. Describe the methods of administration of vaccine. [6]
 - c. Enlist the role of a health worker in Community Immunization. [7]

OR

 - a. Define wound. [2]
 - b. Describe different types of wounds. [6]
 - c. How will you care an open wound in the community? [7]

2.
 - a. What is a communicable disease? [2]
 - b. Describe the factors causing communicable disease. [6]
 - c. What is the role & responsibilities of a H.W.(F) for eradication and prevention of communicable disease? [7]

OR

 - a. What is clinical specimen? [2]
 - b. What principles are followed during specimen collection? [6]
 - c. Describe the safe disposal of body discharges. [7]

3. Write short notes on any three of the following. [3X5 = 15]
 - a. Disinfection
 - b. Worm infestation
 - c. First aid kit
 - d. Vit A deficiency disorder
 - e. Care of patient with heat stroke

4. As a HW(F), what is your role and responsibility in the following situation. [2X5=10]
 - a. Bleeding from the nose
 - b. A patient with fever
 - c. A patient with bed sore
 - d. Drug administration.
 - e. Foreign body in the eye

ANM-1-III-PHCN-2019

5. Fill in the blanks with appropriate word. [1X5 = 5]

- a. _____ is the process where the person is made immune or resistant to an infectious disease typically by the administration of vaccine.
- b. _____ is the maximum pressure exerted during ventricular contraction.
- c. Communicable disease "Enteric Fever" is also known as _____.
- d. Measles vaccine is administered in _____ route.
- e. _____ fluid is used to dilute BCG Vaccine.

6. Mark True or False against each statement. [1X5 = 5]

- a. Vertical transmission of disease occurs through placenta.
- b. Rota virus is a causative agent for cholera.
- c. CD4 cell count decreases in acute Hepatitis.
- d. MANTOUX TEST is used for screening test for TB.
- e. Placing drug inside the body is known as infusion.

7. Match column 'A' with 'B'. [1X5 = 5]

Column 'A'

- a. Gonorrhoea
- b. Koplik's spot
- c. Vit K
- d. Impaired vision
- e. Burns

Column 'B'

- a. Foreign body
- b. Sexually transmitted disease
- c. Shock
- d. Rubella
- e. Haemorrhage

8. Write full forms of the following. [1X5 = 5]

- a. ABDs
- b. UTI
- c. BCG
- d. LLIN
- e. BLS

Set - I

ANNUAL EXAMINATION- 2019
Odisha Nurses & Midwives Examination Board
First Year Examination for A.N.M./H.W (F)

Paper -III

(Primary Health Care Nursing)

Time : 3 hrs

Full Marks : 75

Answer all questions.

Figures in right hand margin indicate marks.

1. (a) What is parenteral Route of drug administration ? [2]
(b) List down various methods of parenteral Route. [5]
(c) Describe precautions and principles of drug administration. [8]

Or

- (a) Define communicable disease. [2]
(b) Write down important communicable diseases. [5]
(c) Discuss general measures of control and prevention of communicable diseases. [8]
2. (a) Define Fever. [2]
(b) Enlist causes of fever and write down the characteristics of malarial fever. [6]
(c) As a H.W(F), how will you assess and provide nursing care of a patient with fever. [7]

Or

- (a) What do you mean by Immunization ? [2]
(b) Write National Immunization Schedule. [6]
(c) Describe immunization hazards and the precautions while giving vaccines. [7]

3. Write short notes on any **THREE** of the following: [3 x 5]
- (i) Golden Rules of First-Aid
 - (ii) Level of Prevention
 - (iii) Biomedical Waste
 - (iv) Active and passive exercise
 - (v) Sterilization
4. A. As a H.W(F), what is your role and responsibility in the following situation: [2 x 5]
- (i) Patient with intravenous (IV) fluids
 - (ii) A patient with fracture femur
 - (iii) Scorpion bite
 - (iv) A patient with sudden unconscious
 - (v) Severe burn
- B. Fill in the blanks with appropriate word: [1 x 5]
- (a) Power of the body to fight against infection is called as
 - (b) Deficiency of in blood is called anaemia.
 - (c) Vitamin K is a soluble vitamin.
 - (d) Diabetes mellitus is a disease.
 - (e) Epidemiology is the study of in population.
5. A. Write full form of the following abbreviations : [1 x 5]
- (a) DOTs
 - (b) NCD
 - (c) AYUSH
 - (d) DHF
 - (e) ABT

B. Match the column 'A' with column 'B' :

[1 x 5

Column 'A'

Column 'B'

- | | |
|------------------|-------------------|
| (a) Seitz bath | (a) Koplik's spot |
| (b) Paracetamol | (b) Stethoscope |
| (c) Typhoid | (c) Piles |
| (d) Auscultation | (d) Widal Test |
| (e) Measles | (e) Antipyretic |

B. Mark True or False against each statement:

[1 x 5

- (a) Fear of water is termed as photophobia.
- (b) Decreased level of oxygen in the blood is called hypoxemia.
- (c) Termination of all transmission of infection from the whole world is called pandemic.
- (d) Difficulty of passing stool is constipation.
- (e) One ounce is equal to 50 grams.

Annual Examination - March -2018
Odisha Nurses and Midwives Examination Board
First Year Examination for A.N.M/H.W (F)

PAPER - III

PRIMARY HEALTH CARE NURSING

Answer all questions.

The figures in the right hand margin indicates marks.

Time :3 hours

Full Mark – 75

1. A) What is Immunity. (2+6+7)
B) List down the types of immunity.
C) Describe the types of immunity in detail with examples.

Or

- A) Define fracture (2+6+7)
B) List down the types and sign symptoms of fracture
C) As a H.W (F) How will you provide first aid care in fracture patient.
2. A) What is HIV / AIDS. (3+6+6)
B) What are the causes & sign symptoms of AIDS.
C) As a H.W. (F) What is your role in prevention of parent to child transmission of HIV / AIDS.

Or

- A) Define Immunization. (2+5+8)
B) Write the objective of Immunization.
C) Describe the Immunization schedule in detail.
3. Write short notes on any three of the following. (5+5+5)

- A) Vaccine
- B) Cold chain
- C) Infection
- D) Principles of Administration of drug.
- E) Handicaps
- F) Vomiting

4. A) Match column 'A' with column 'B'. (1X10)

Column 'A'

- a) J. lymphocyte
- b) Urinary tract infection
- c) Pulse polio immunisation
- d) Biological agent
- e) Deficiency disease
- f) Endemic
- g) Staphylococci
- h) Haematuria
- i) Virulence
- j) Whooping cough

Column 'B'

- a) severity of disease
- b) Bordetella pertussis
- c) suppurative infection
- d) Blood in urine
- e) Thymus gland
- f) E.coli
- g) 1995
- h) constant presence disease in a area
- i) Bacteria
- j) Beriberi

B) Fill in the blanks.

(1x5)

- i) Disease are not Communicated from Person to Person is called _____.
- ii) Chicken pox is acute infectious disease caused by _____.
- iii) The body temp is raised to 105 F or above is called _____.
- iv) Infection occurs some outside source is _____.
- v) Lack of oxygen in the tissue is called _____.

5. A) Write True or False against each statement.

(1x5)

- i) Decrease respiratory rate is Bradypnoea
- ii) The organism required oxygen for growth is anaerobic
- iii) Helminthes are multi cellular animals
- iv) Inflammation of stomach is gastritis
- v) Micobacterium leprae is gram +ve micro organism

B) Write Full form of following abbreviation.

(1x5)

- i) ILR
- ii) MMR
- iii) STD
- iv) RCH
- v) MOHFW

C) Write the first aid care in following situations.

(1x5)

- i) Foreign body in the eye
- ii) Bleeding from wound
- iii) Dog bite patient
- iv) Drowning patient
- v) Heat Stroke



3. Write Short notes on any three of the following [5+5+5]

- a) Immunization Schedule
- b) Routes of administration of drugs
- c) Job responsibilities of H.W(F)
- d) Cold Chain
- e) Principles of Firstaid

4.A) Match Column 'A' with Column 'B' [1X10=10]

- | Column 'A' | Column 'B' |
|------------------------------|------------------------------|
| (a) Macrophages | (a) Heart Disease |
| (b) Portal of exit | (b) The rule of nine |
| (c) B. Lymphocyte | (c) Ability to cause disease |
| (d) Non Communicable disease | (d) Monocyte |
| (e) Burn | (e) Fastigium? |
| (f) Asphyxia | (f) T.B |
| (g) Pathogenicity | (g) Wheezing Sound |
| (h) Disease cycle | (h) Urogenital Tract |
| (i) DOTS | (i) Drowning |
| (j) Asthma | (j) Bone marrow |

B) Write in one word [1x5=5]

- a) Inflammation of Joint
- b) Pus in urine
- c) Bleeding from stomach
- d) Difficulties in breathing
- e) Paralysis of four limbs

5.A) Write the full form of following abbreviations [1x5=5]

- a) IDDM
- b) NLEP
- c) ICTC
- d) IPV
- e) CPR

B) Mark True or False against each statement [1x5=5]

- a) Typhoid fever is caused by Salmonella Typhi
- b) Absence of respiration is called Tachypnoea
- c) Inability to control urination is called Dysuria
- d) Brain thrombosis may cause Hemi Plegia
- e) Pain in stomach increases after eating in case of duodenal ulcer

C) Fill in the blanks [1x5=5]

- a) Pathological waste includes _____
- b) The process of engulfing the micro-organism is called _____
- c) The causative organism of Tetanus is _____
- d) The interval between infection and first appearance of disease is called _____
- e) Bacteria grow well in absence of oxygen is called _____



MARCH-2017
ANNUAL EXAMINATION,
ODISHA NURSES AND MIDWIVES EXAMINATION BOARD
FIRST YEAR EXAMINATION FOR A.N.M
PAPER III
PRIMARY HEALTH CARE NURSING

Time : 3 Hrs.

F.M - 75

Answer all questions

The figures in the right hand margin indicates marks.

1. a) Define diarrhoea [3+6+6]
b) Write the causes & sign symptoms of diarrhea
c) As a H.W(F) explain the treatment and preventive measures to control the spread of this disease in your community

Or

[3+6+6]

- a) What is fever
b) Enlist the types of fever
c) Explain the nursing management of patients with fever
2. a) Define communicable disease [3+6+6]
b) Write down important communicable diseases
c) Explain role and responsibilities of H.W(F) in prevention and eradication of communicable diseases

Or

- a) List out routes of administration of drugs
b) Explain the principles of oral administration of drugs
c) Write down the storage and care of drugs in subcentre

ଗ) ଜଣେ ଭୁର ହୋଇଥିବା ରୋଗୀକୁ କ'ଣ ସେବା କରିବ ଲେଖ ।

3. a) What do you mean by Diarrhoea. [3+6+6]

b) What are the causes & sign symptoms of Diarrhoea.

c) As a health worker Female how to prevent Diarrhoea in your community.

କ) ଅତିରିକ୍ତ ଚରଳ ଝାଡ଼ା କହିଲେ କ'ଣ ବୁଝ ।

ଖ) ଅତିରିକ୍ତ ଚରଳ ଝାଡ଼ାର କାରଣ ଏବଂ ଚିହ୍ନ ଓ ଲକ୍ଷଣ ଲେଖ ।

ଗ) ମହିଳା ସ୍ୱାସ୍ଥ୍ୟକର୍ମୀ ଭାବରେ ଅତିରିକ୍ତ ଚରଳ ଝାଡ଼ାକୁ କିପରି ପ୍ରତିରୋଧ କରିବ ଲେଖ ।

Write short notes any three of the following. [5×3]

4. a) Immunization schedule

b) Epidemiological triad.

c) Fracture

d) Bedsore

e) Sterilization & disinfection

କ) ଟୀକାକରଣ ସାରଣୀ ତାଲିକା କର ।

ଖ) Epidemiological triad ଲେଖ ।

ଗ) ଅସ୍ଥିଭଙ୍ଗ ବିଷୟରେ ଲେଖ ।

ଘ) ଜିବାଣୁମୂଳ ଏବଂ ବିଶୋଧନର ବର୍ଣ୍ଣନା କର ।

5. a) Match Column 'A' with column 'B'. [1×10]

Column 'A'

a) Disease cycle

b) Dogbite

c) Mumps

Column 'B'

a) orchitis

b) Dyspnoea

c) Fastigium

d) Fowler's Position

e) Staphylococci

f) Non communicable disease

g) Live attenuated vaccine

h) B' lymphocyte

i) Biological agent

j) Constipation

d) ARV

e) Bone marrow

f) Bacteria

g) Laxative

h) measles

i) Suppurative Infection

j) Heart disease

B) Write the full form of following abbreviations. [1×5]

a) P. P. I, b) E. S. R, c) V. D. R. L, d) MMR, e) NACO

6. A) Write True or False against each statement. [1×5]

a) Typhoid fever is caused by salmonella typhi

b) Absence of respiration is called Tachypnoea.

c) Brain Thrombosis may cause Hemiplegia.

d) Inability to control urination is called dysuria.

e) Pain in stomach increases after eating in case of duodenal ulcer.

B. Fill in the Blanks. [1×5]

a) The causative organism of Tetanus is _____.

b) Bacteria grow well in absence of oxygen is _____.

c) Transmission of disease through _____ is called vehicle transmission.

d) Macrophages destroy Foreign particles by _____.

e) Bleeding from nose is called _____.

- C) Write in one word. [1×5]
- Inflammation of Joint
 - Pus in urine
 - Paralysis of four limbs
 - Difficulties in breathing
 - Bleeding from stomach



**SUPPLEMENTARY EXAMINATION, OCTOBER-2016
ODISHA NURSES AND MIDWIVES EXAMINATION BOARD
FIRST YEAR EXAMINATION FOR A.N.M/H.W(F)
PAPER III
PRIMARY HEALTH CARE NURSING**

Time : 3 Hrs.

F.M - 75

ସମୟ: ୩ ଘଣ୍ଟା

ପୂର୍ଣ୍ଣସଂଖ୍ୟା-୭୫

Answer any Five questions

The figures in the right hand margin indicate marks.

(ଯେ କୌଣସି ୫ଟି ପ୍ରଶ୍ନର ଉତ୍ତର ଦିଅ ।

ତାହାଣ ପାଖରେ ଦିଆଯାଇଥିବା ସଂଖ୍ୟା ଗୁଡ଼ିକ ମୂଲ୍ୟାଙ୍କ ସୂଚାଇଛି)

- Enlist common respiratory problems. [3+5+7]
 - Describe the causes, Sign symptoms & Treatment regimen of Pulmonary T.B.
 - As a health worker Female how will you provide Care to patients with respiratory problem.

କ) common respiratory problems ଗୁଡ଼ିକ ଲେଖ ।
ଖ) ଯକ୍ଷ୍ମା ରୋଗର ଚିହ୍ନ ଓ ଲକ୍ଷଣ ଏବଂ ଚିକିତ୍ସା ପ୍ରଣାଳୀ ବର୍ଣ୍ଣନା କର ।
ଗ) ଜଣେ ମହିଳା ସ୍ୱାସ୍ଥ୍ୟକର୍ମୀ ଭାବରେ ଶ୍ୱାସନଳୀ ସମ୍ପର୍କିତ ସମସ୍ୟା ରାଗୁଥିବା ରୋଗୀକୁ କି ପ୍ରକାର ସେବା ଦେବ ବର୍ଣ୍ଣନା କର ।
- What is Fever. [3+5+7]
 - List out the types of Fever
 - What are the Nursing management of patients with Fever?

କ) ଜ୍ୱର କ'ଣ ?
ଖ) ଜ୍ୱରର ପ୍ରକାର ଗୁଡ଼ିକ ତାଲିକା କର ।

1. ଗୃହ ପରିଦର୍ଶନ କରିବା ସମୟରେ ତୁମେ ଦେଖିଲ ଯେ ଦୁଇ ନାମକ ଏକ ବ୍ୟକ୍ତିର 3 ବର୍ଷ ହେଲ ଲାଶିଷ ନୂର ସହଜ କଟି ଆସୁଛି ଏବଂ ମୁଣ୍ଡ ବନ୍ଧୁ— [8+15+7

- (କ) ଏହା କେଉଁ ରୋଗର ଲକ୍ଷଣ ହୋଇପାରେ ? ଏହି ରୋଗର କାରଣ, ଚିକିତ୍ସା ଓ ଲକ୍ଷଣ ସବୁ କ'ଣ ?
- (ଖ) ଜଣେ ମହଲ ସ୍ୱାସ୍ଥ୍ୟକର୍ମୀ ହସ୍ତାକ୍ତର ଏହାର କପର ଚିକିତ୍ସକରଣ କରିବ ଓ ଏହାର ଚିକିତ୍ସା, ସେବାଦତ୍ତ କପର କରବ ତାହା ବିଶଦ ଭାବରେ ବର୍ଣ୍ଣନା କର ।
- (ଗ) ଏହି ରୋଗର ଜୀବନ ଚକ୍ରର ଲକ୍ଷଣ କାର୍ଯ୍ୟକ୍ରମରେ କୁମର ଭୂମିକା କ'ଣ ?

2. (a) Define 'Health' [3+15+12
 (b) What are your responsibilities in giving Health Education for school children providing positive health in a primary school ?
 (c) How would you evaluate the programme in later days ?

2. (କ) 'ସ୍ୱାସ୍ଥ୍ୟ'ର ସଂଜ୍ଞା ନିରୂପଣ କର । [3+15+12
 (ଖ) ଉତ୍ତମ ସ୍ୱାସ୍ଥ୍ୟ ଉଠାଇ ପାଇଁ ଏକ ପ୍ରାଥମିକ ବିଦ୍ୟାଳୟରେ ତୁମେ ପିଲାମାନଙ୍କୁ କି ପ୍ରକାର ସ୍ୱାସ୍ଥ୍ୟଶିକ୍ଷା ଦେବ ?
 (ଗ) ପରବର୍ତ୍ତୀ ଅବସ୍ଥାରେ ଏହା କଲପ୍ରଦ ହେଲ କି ନାହିଁ ତାହା କପର ନିରୂପଣ କରବ ?

3. (a) Define 'Balanced Diet' [5+7+8+10
 (b) What are the diseases caused by protein deficiency in children ?
 (c) What are the factors responsible for Malnutrition in rural areas ?
 (d) Prepare a Health Education Plan for a group of Mothers for prevention of Malnutrition.

3. (କ) 'ସୁସମ୍ପାଦିତ ଖାଦ୍ୟ'ର ସଂଜ୍ଞା ନିରୂପଣ କର [5+7+8+10

- (ଖ) କେଉଁ କେଉଁ ରୋଗ ପୁଷ୍ଟି ଖାର ଅଭାବରୁ ପିଲାମାନଙ୍କ ଠାରେ ଦେଖାଯାଏ ?
- (ଗ) ଶାମାଜିକରେ ଅପସୁଷ୍ଟି ପାଇଁ କେଉଁ କାରଣଗୁଡ଼ିକ ଦାୟୀ ?
- (ଘ) ଅପସୁଷ୍ଟିର ପ୍ରତିକାର ନମନ୍ତେ ମା'ମାନଙ୍କୁ ସ୍ୱାସ୍ଥ୍ୟଶିକ୍ଷା ଦେବାପାଇଁ ଏକ ପ୍ଲାନ ପ୍ରସ୍ତୁତ କର ।

4. Write short notes on any five of the followings:— [5×6

- (a) Janani Surakshya Yojana
- (b) Geriatric Care
- (c) Vitamin 'A'
- (d) Functions of P. H. C.
- (e) Permanent Family Planning Method
- (f) Supplementary Feeding

4. ଲେଖକୌଣସି ପାଞ୍ଚଟିର ସଂକ୍ଷିପ୍ତ ବିବରଣୀ ଲେଖ— [5×6

- (କ) ଜନନୀ ସୁରକ୍ଷା ଯୋଜନା
- (ଖ) ବାକିକା ଅବସ୍ଥାରେ ସେବାଦତ୍ତ
- (ଗ) ଶାଦ୍ୟଗ୍ରାଣ 'କ'
- (ଘ) ପ୍ରାଥମିକ ସ୍ୱାସ୍ଥ୍ୟକେନ୍ଦ୍ରର କାର୍ଯ୍ୟ
- (ଙ) ସ୍ଥାୟୀ ଗର୍ଭନିରୋଧକ ପଦ୍ଧତି
- (ଚ) ସପ୍ଲିମେଣ୍ଟାରି ଫିଡିଂ

- (6) Coagulant
- (7) Disinfectant
- (8) Oxytocin
- (9) Suppositories
- (10) Cotrimexazole
- (11) Mebendazole
- (12) Detergents
- (13) Antijemetics
- (14) Sedatives
- (15) Antacids

June 2009

ORISSA NURSES AND MIDWIVES EXAMINATION BOARD

FINAL EXAMINATION FOR CERTIFICATE OF
HEALTH WORKER (FEMALE)

(1½-Year Training)

PAPER III

(Community Health Nursing II & III)

Time—3 hours

Full Marks—150

ସମୟ—୩ ଘଣ୍ଟା

ପୂର୍ଣ୍ଣ ମାର୍କସ—୧୫୦

(Answer any five questions. Question No. 1 is compulsory)

(କେବଳପଞ୍ଚୋଟି ପ୍ରଶ୍ନର ଉତ୍ତର ଦିଅ । ପ୍ରଥମ ପ୍ରଶ୍ନଟି ବାଧ୍ୟତାମୂଳକ)

1. During home visit, you saw Hari named a person is having high fever with rigor and severe headache for last 3 days— [8+15+7]
- (a) According to its symptoms which disease it may be? What are the sign, symptoms and causes of the disease?
- (b) As a Health Worker (Female), how will you diagnose the disease and write down in detail the treatment and nursing care of the person suffering from the disease?
- (c) What are your roles in the National Eradication Programme for this disease?

1. 5. (A) Join the words of Column 'A' with Column 'B'— [10

'A'

'B'

CSSM

False belief

Leprosy

Mental process

D. D. T.

Snake bite

Behaviour

Carbohydrate

Communication

Lymphangitis

Green Card

Measles

A. S. V.

Immunization

Riboflavin

M. D. T.

Patato

Language

Intensive area

Government Incentive

Osteomalacia

Soreness of tongue

Virus

Culture

Filaria

Vector Control

Learning

Old people

Delusion

Health Worker (Female)

(B) (1) Six vaccine preventable diseases—

(i)

(ii)

(iii)

(iv)

(v)

(vi)

[3

(2) Principles of Primary Health Care— [2½]

- (i)
- (ii)
- (iii)
- (iv)
- (v)

(3) Functions of ICDS— [2]

- (i)
- (ii)
- (iii)
- (iv)
- (v)

(C) Pick out the odd words— [7]

- (i) Films, Models, Charts, Exhibition
- (ii) Mosquitoes, Mites, Flies, Rodents, Ticks
- (iii) Tuberculosis, Measles, Mumps, Chicken pox
- (iv) Tea, Coffee, Fruit juices, Salad
- (v) Pain, Swelling, Headache, Redness
- (vi) Cheese, Roti, Dal, Milk
- (vii) Oral pills, Nirodh, Cu 'T', Laparoscopy

RD

50

+7

6. (A) Fill up the blanks—

- (i) Exclusive Breast-feeding can be given up to — months of age.
- (ii) BCG vaccine is given to an Infant in — doses.
- (iii) —, — and — vaccine loses its potency in contact with heat.
- (iv) In the year — I. P. P. I. Programme launched in our State.
- (v) — is also called Anti-infective vitamin
- (vi) — day is celebrated as World Breast-feeding Day.
- (vii) One ASHA worked in — population
- (viii) There is a rapid physical growth during — period.
- (ix) — are formed by frequent repetition
- (x) — is called as “child is by choice not by chance”.
- (xi) The height of roof of a house should not be less than — feet.
- (xii) — vitamins are called Fat soluble vitamins
- (xiii) Yellow coloured First Breast Milk is called —

ODISHA NURSES & MIDWIVES EXAMINATION BOARD
FIRST YEAR ANNUAL EXAMINATION IN A.N.M. -2020

Paper- I
(Community Health Nursing)

Time: 3 hrs

Full Marks: 75

*Answer all the Questions.**Figures in right hand margin indicate marks.*

1.
 - a. What is health? [2]
 - b. Write down the principles of primary health care [7]
 - c. As a HW (F) what is your role and responsibility in primary health care [6]

OR

 - a. What is family? [2]
 - b. Write down the characteristics of family [7]
 - c. Briefly describe the types of family [6]
2.
 - a. What do you mean by communication [3]
 - b. Write down the barriers of communication [6]
 - c. Briefly describe the principles and methods of communication [6]

OR

 - a. What is health education? [2]
 - b. Write down the principles of health education [7]
 - c. Briefly describe the methods used in health education in a community [6]
3. Write short notes on any three of the following. [5x3=15]
 - a. Home visit
 - b. W H O
 - c. Characteristics of urban community
 - d. National Health Programme
 - e. Function of Panchayat
4. A. Fill in the blanks [1x5=5]
 - a. A health assistant female is expected to cover a population of _____ in plain areas.
 - b. A ASHA should be educated at least _____ class.
 - c. National Family Welfare Programme was started in India in _____ year.
 - d. 7th November is celebrated as _____ day.
 - e. DOTS programme is for management of patients suffering from _____.

B. Define the following [2x5=10]

 - a. Social stratification
 - b. Code of ethics
 - c. Health survey
 - d. AV aids
 - e. Family cycle



5. A. Write True or False

- a. Family is a basic unit and Universal institution of social structure.
- b. Panchayat Samiti at the block level represents around 1000 villages and a population of 50000.
- c. Under ICDS one Anganwadi worker is appointed per 100 population
- d. Role planning is a two way method of teaching.
- e. Indian Government has started Goitre control programme in 1963.

B. Write down the full form of following abbreviations [1x10=10

- a. NHP
- b. NIDDCP
- c. NFHS
- d. PLHA
- e. RTI
- f. MTP
- g. IPR
- h. BCC
- i. RCH
- j. DDK

ANM-S-1-I-2019

FIRST YEAR SUPPLEMENTARY EXAMINATION IN A.N.M. -2019
ODISHA NURSES & MIDWIVES EXAMINATION BOARD

Paper- I
(Community Health Nursing)

Time: 3 hrs

Full Marks: 75

Answer all the Questions.

Figures in right hand margin indicate marks.

1.
 - a. Define Health. [2]
 - b. Write down the determinants of health. [6]
 - c. Explain the dimensions of health in detail. [7]

OR.

 - a. What is home visiting? [2]
 - b. What are the principles of home visiting? [6]
 - c. As a Health Worker (F), what is your role and responsibility towards the community people during home visits. [7]
2.
 - a. Define family. [2]
 - b. Enlist the various types of family. [6]
 - c. Describe the functions of family in detail. [7]

OR

 - a. What is communication? [2]
 - b. Write the methods and principles of communications. [6]
 - c. Write in detail the barriers of communications. [7]
3. Write short notes on any three of the following. [3X5 = 15]
 - a. IEC
 - b. Pneumonia.
 - c. Principles of primary health care
 - d. Child abuse.
 - e. Job responsibility of H.W.(F).
4. (A) As a Health Worker (F) what is your role and responsibility in the following situation. [2X5 = 10]
 - a. a family is not allowing for collection for data.
 - b. A man suffering from HIV or AIDS in the community
 - c. A woman having severe diarrhoea.
 - d. A group of people suffering from dengue fever
 - e. Conducting a school health program.

(B) Fill in the blanks with appropriate word. [1X5 = 5]

 - a. Female health worker is supervised by _____.
 - b. WHO day is celebrated every year on _____.

- c. Polio vaccine is a _____ vaccine.
- d. Community is the major functioning unit of _____.
- e. Causative organism of Tuberculosis is _____.

5. (A) Write True or False against each statement. [1X5 = 5]

- a. Subcentre covers a population of 5000 in hilly areas.
- b. Television is a audio visual method of communication.
- c. Causative organism of diphtheria is salmonella typhi.
- d. The International nurses' day is observed in the eve of birthday of mother Teresa.
- e. BCC motivates people to behave in a healthy manner.

(B) Write full form of the abbreviations. [0.5X10=5]

- a. ELISA
- b. CNE
- c. AIDS
- d. IEC
- e. NHM
- f. WHO
- g. ILR
- h. RNTCP
- i. NCD
- j. ICTC

(C) Match the Column 'A' with Column 'B' [0.5X10=5]

Column 'A'

- a. AYUSH
- b. Filaria
- c. Tuberculosis
- d. World Health Day
- e. ASHA
- f. Bloch
- g. Family
- h. Dowry system
- i. Subcentre
- j. Records

Column 'B'

- a. 100 villages.
- b. Primary group
- c. Social problem
- d. 5000 population
- e. homeopathy
- f. aedes mosquito
- g. Information
- h. DOTS
- i. 7th April
- j. 1000 population

ANNUAL EXAMINATION- 2019
Odisha Nurses & Midwives Examination Board
First Year Examination for ANM/H.W(F)

Paper -I

(Community Health Nursing)

Time : 3 hrs

Full Marks : 75

Answer all questions.

Figures in right hand margin indicate marks.

1. (a) Define Culture. [3]
(b) Write down the principles of home visit. [6]
(c) As a H.W (F), describe how culture and beliefs affect the health of community with an example. [6]
- Or**
- (a) Define health education. [2]
(b) What are the objectives of health education ? [6]
(c) As a Health Worker (F), what is your roles and responsibility to improve the health service in rural community ? [7]
2. (a) Explain the main causes of ill health. [2]
(b) What are the main health problems of India ? [5]
(c) Write the names of programmes under NVBDCP & describe your role to implement this programme in the community. [8]
- Or**
- (a) Define survey. [2]
(b) Write the importance of survey. [5]
(c) As a health worker (F), what are the steps of survey planning that your should follow before your field visit time ? [8]

P.T.O.

3. Write short notes on any THREE of the following: [3 x 5]

- (a) Determinants of health
- (b) Family cycle
- (c) Principles of community health nursing
- (d) Red Cross
- (e) WHO

4. A. Fill in the blanks: [1 x 5]

- (a) Revised National TB Control Programme was established on -----.
- (b) Female HW is in the ----- of rural health service..
- (c) ----- is a big problem for the environmental urban community.
- (d) The Chief of the municipality is known as -----.
- (e) ----- is the king pin for the delivery of health care at sub-centre level.

B. Match column 'A' with column 'B'. [1 x 10]

Column 'A'

- (a) Family
- (b) Sarpanch
- (c) PHC
- (d) ASHA
- (e) Record
- (f) Visual aids
- (g) ~~VIP~~ I PV
- (h) AYUSH
- (i) Minor ailments
- (j) Group

Column 'B'

- (b) 1000 population
- (b) 20,000 population
- (c) Information
- (d) Map
- (e) Polio;
- (f) Homeopathy
- (g) First-aid.
- (h) Big unit of Individual
- (i) Primary group
- (j) Panchayat

P.T.O.

5. A. State true or false:

[1 x 5

- (a) Radio is the first medium of Av-aids.
- (b) PHC is the first contact point between the doctor and village community.
- (c) Patient with fever and rigor is known as typhoid fever.
- (d) Group discussion is an one way method.
- (e) BCC motivates the people to behave in a health manner.

B. Write down the full form of the following abbreviation : [1 x 10

NFHS

ERS

ELISA

NMR

WCD

FTB

AYUSH

CNA

AIDS

IEC

Annual Examination - March -2018
Odisha Nurses and Midwives Examination Board
First Year Examination for A.N.M/H.W (F)

PAPER - I

COMMUNITY HEALTH NURSING

Answer all questions.

The figures in the right hand margin indicates marks.

Time :3 hours

Full Mark – 75

1. A) Define community (2+6+7)
B) Explain the characteristics of urban and rural community
C) What are the major health problem in rural and urban community
Or
A) Define family (2+6+7)
B) Write down the types of family
C) Describe the function of family in detail.
2. A) Define health education (3+6+6)
B) What are the principles of health education
C) As a health worker female explain your role in behavior change communication of the community people
Or
A) What do you mean by CNA (3+6+6)
B) Write down the scope of CNA (community need assessment)
C) Explain about socialization
3. Write short notes on any three of the following. (5+5+5)
A) Job responsibilities of H.W. (F)
B) Code of ethics
C) CARE
D) IEC
E) Principles of primary health care
4. A) Match column 'A' with column 'B'. (1x10)
- | Column 'A' | Column 'B' |
|--------------------------|--------------------------|
| a) Formal group | a) panchayatiraj system |
| b) Mass communication | b) many wives |
| c) Hindu marriage act | c) political parties |
| d) Local self government | d) News paper |
| e) Poly gamy | e) 1955 |
| f) Block | f) social problem |
| g) Juvenile delinquency | g) vector borne disease |
| h) Malaria | h) Non projected |
| i) Tape recorder | i) 7 th April |
| j) World health day | j) 100 villages |

0.5 x 10
= 5
R
R

B) Mark True or False against each statement.

(1x5)

- i) A.v aids are the means to make health education more powerful.
- ii) Group discussion is a one way method of teaching.
- iii) National AIDS control programme was launched in India in the year 1987.
- iv) MDR-TB Patient is treated by dots plus guide lines.
- v) The dowry prohibition act passed by the govt of Inida in the year 1971.

C) Fill in the Blanks.

(1x5)

- i) The head quarters of UNICEF is _____.
- ii) Leprosy is caused by _____.
- iii) Action taken prior to the onest of disease is _____.
- iv) The study of population is _____.
- v) The science of collection of numerical facts & data is called _____.

5. A) Write the fullform of following abbreviations.

($\frac{1}{2}$ x10)

- | | |
|--------|-------|
| DPHN | UNDP |
| AYUSH | VHSC |
| UNFPA | NCD |
| ICTC | IMNCI |
| DANIDA | NID |

5. B) Answer the following.

(2.5x4)

a) Principles of home visiting

- i)
- ii)
- iii)
- iv)

b) Write the name of international health agency

- i)
- ii)
- iii)
- iv)

c) Visual AIDS in health education

- i)
- ii)
- iii)
- iv)

d) Methods of group teaching one way or didactic method

- i)
- ii)
- iii)
- iv)



- b) UNICEF
- c) Technique of Counselling
- d) Element of Primary health care
- e) Role of A.W.W

4.A) Fill in the Blanks [1×5]

- a) Health education is the _____ of community health nursing.
- b) Alcoholism is a _____ Problem
- c) W.H.O established in the year _____
- d) Each Anganwadi Covers a population _____.
- e) Home visit is the _____ of Community health nurse

B) Write true or false against each statement [1×5]

- a) First five year plan was introduced in 1952
- b) The sub centre Covers a population in hilly area is 5000 population.
- c) Health team is a group of people working together for their own goal.
- d) 10th may is celebrated as international nurses day
- e) NRHM Launched in India in the year 2002

C) Match Column 'A' With Column 'B' [1×5]

- | | |
|------------------------|-----------------------|
| a) Colombo plan | a) Socratic method |
| b) Community resources | b) 1950 |
| c) Group Discussion | c) Man money material |

- d) Gram Panchayat
- e) Filaria
- d) Vector Borne
- e) Village level

5.A) Write the full form of following abbreviations [1×10]

- a) MDMP
- b) ONMEB
- c) GOI
- d) CNAA
- e) SIDA
- f) UNESCO
- g) CHC
- h) ICDS
- i) IEC
- j) PPTCT

B) Answer the following [2 ½ + 2 ½]

- a) Methods of communication
 - i)
 - ii)
 - iii)
 - iv)
 - v)
- b) Function of ICDS
 - i)
 - ii)
 - iii)
 - iv)
 - v)



MARCH-2017
ANNUAL EXAMINATION,
ODISHA NURSES AND MIDWIVES EXAMINATION BOARD
FIRST YEAR EXAMINATION FOR A.N.M/H.W(F)
(2 Years Course)
PAPER I
COMMUNITY HEALTH NURSING

Time : 3 Hrs. F.M - 75

Answer all questions

The figures in the right hand margin indicates marks.

1. a) Define health [2+6+7]
b) Write down the determinants of health
c) Explain the dimensions of health in detail.
Or
a) What are the Characteristics of learning [3+6+6]
b) Write down the steps of learning.
c) Describe roles and responsibilities of H.W(F) in behaviour change Communication.
2. a) What do you mean by N.G.O [3+6+6]
b) Briefly describe the role of N.G.O.S in the health Care delivery System
c) Write the function of W.H.O
Or
a) Define communication [3+6+6]
b) What are the methods and principles of Communication
c) Write in details of Barrier's of Communication
3. Write short notes on any three of the following [5+5+5]
a) A.V.AIDS

(ଗ) ମହିଳା ସ୍ୱାସ୍ଥ୍ୟ କର୍ମୀ ଭାବରେ ଗୃହ ପରିଦର୍ଶନ ସମୟରେ ଗ୍ରାମବାସୀ ମାନଙ୍କର ପ୍ରତି ତୁମର କର୍ତ୍ତବ୍ୟ ଏବଂ ଦାୟିତ୍ୱ ବିଷୟରେ ଲେଖ।

3. a) Enlist five on going national health program in India? [3+6+6]
b) Describe briefly AIDS control programme ?
c) As a female health worker write your role and responsibilities in the prevention and control of diseases?
କ) ଭାରତରେ କାର୍ଯ୍ୟକାରୀ ହେଉଥିବା national health programme ଗୁଡ଼ିକ ମଧ୍ୟରୁ ୫ଟି ଲେଖ।
ଖ) AIDS control programme ବର୍ଣ୍ଣନା କର।

4. Write short notes on any three of the following. [5×3]

- a) Principles of primary health care.
b) Janani Surakshya Yojana.
c) Family
d) Job responsibilities of H.W (F)
e) UNICEF
କ) ପ୍ରାଥମିକ ସ୍ୱାସ୍ଥ୍ୟ ସେବାର ନିୟମ
ଖ) ଜନନୀ ସୁରକ୍ଷା ଯୋଜନା
ଗ) ପରିବାର
ଘ) H. W (F) ର କାର୍ଯ୍ୟାବଳୀ
ଙ) ସ୍ତନ୍ୟପାନ

5.A) Write the full form of following abbreviations. [1×10]

- a) N V B D C P
b) I N C
c) O N M E B
d) A S H A

e) C A R E

f) M D M P

g) W.H.O

h) I L R

i) N H M

j) R.N T C .P

(B) Match column 'A' with column 'B'. [1×10]

Column 'A'

Column 'B'

(a) Dowry System

a) Bharat Sevak Samaj

b) Grampanchayat

b) Alcoholism

c) Social Problem

c) 5,000 Population

d) Group Discussion

d) Bride Burning

e) Germ Theory

e) 1950

f) Polygammy

f) Louis Pastuer

g) Community Resources

g) Socratic Method

h) Colombo Plan

h) Man, Money & Material

i) Voluntary Organization

i) Village Level

j) Sub Centre

j) Many Wives

6.A) Fill up the blanks with appropriate words. [1×10]

- a) Community is a major functioning unit of _____
b) A.V aids are divided in to _____ for active health education.
c) N R H M was started on _____.
d) The international nurses day observe in the eve of the birth day of _____.

- e) The Indian red cross was established in _____.
- f) Rural health services was launched in India _____.
- g) Participation is key word in _____.
- h) W.H.O day celebrated every year in _____.
- i) Government is establishing C.H.C for every _____ population.
- j) Health education is essential tool of _____.
- (B) Write True or false against each statement. [1×5]
- a) Alma Ata conference was held in 1980.
- b) Community development programme in India began on 1954.
- c) The Block consist of 200 villages.
- d) Causative organism of diphtheria is salmonella Typhi.
- e) Loss of water from the body is Known as dehydration.



**SUPPLEMENTARY EXAMINATION, OCTOBER-2016
ODISHA NURSES AND MIDWIVES EXAMINATION BOARD
FIRST YEAR EXAMINATION FOR A.N.M/H.W(F)**

PAPER -I

COMMUNITY HEALTH NURSING

Time : 3 Hrs.

F.M - 75

ସମୟ: ୩ ଘଣ୍ଟା

ପୂର୍ଣ୍ଣସଂଖ୍ୟା-୭୫

Answer any Five questions

The Figures in the right hand margin indicate marks

(ଯେ କୌଣସି ୫ଟି ପ୍ରଶ୍ନର ଉତ୍ତର ଦିଅ ।

ଡାହାଣ ପାଖରେ ଦିଆଯାଇଥିବା ସଂଖ୍ୟା ଗୁଡ଼ିକ ମୂଲ୍ୟାଙ୍କ ସୂଚାଉଛି)

1. (a) What do you mean by communication? [3+6+6]
- (b) What are the methods & principles of communication?
- (c) Write in details the barriers of effective communication?
- (କ) ଯୋଗାଯୋଗ କହିଲେ କଣ ବୁଝା ।
- (ଖ) ଯୋଗାଯୋଗ (method) କାର୍ଯ୍ୟ ପ୍ରଣାଳୀ ଏବଂ (Principle) ନିୟମ ଗୁଡ଼ିକ କଣ ଲେଖା ।
- (ଗ) ଫଳପ୍ରସ୍ତୁତ ଯୋଗାଯୋଗର ପ୍ରତି ବନ୍ଧକ ଗୁଡ଼ିକ କ'ଣ ?
2. (a) What is home visiting? [3+6+6]
- (b) What are the principle of home visit?
- (c) As a female health worker what is your role and responsibilities towards community people during home visit?
- (କ) ଗୃହ ପରିଦର୍ଶନ କ'ଣ ।
- (ଖ) ଗୃହ ପରିଦର୍ଶନର ନିୟମ ଗୁଡ଼ିକ କ'ଣ ।

FIRST YEAR ANNUAL EXAMINATION IN A.N.M. -2020
ODISHA NURSES & MIDWIVES EXAMINATION BOARD

Paper- II
(Health Promotion)

Time: 3 hrs

Full Marks: 75

*Answer all the Questions.**Figures in right hand margin indicate marks.*

- 1.
- a. What is defence mechanism? [2]
 Defence mechanism କଣ ।
- b. Briefly describe the properties of defence mechanism. [3]
 Defence mechanismର properties ଗୁଡ଼ିକ ଲେଖ ।
- c. Discuss the various types of defence mechanism. [10]
 ବିଭିନ୍ନ ପ୍ରକାରର defence mechanism ଗୁଡ଼ିକ ବିଷୟରେ ସବିଶେଷ ବର୍ଣ୍ଣନା କର ।
- OR
- a. What is adulteration of food? [2]
 ଖାଦ୍ୟ ଅପମିଶ୍ରଣ ମାନେ କ'ଣ .
- b. Write methods of storage and preservation of food. [6]
 ଖାଦ୍ୟର storage ଓ preservation ଉପାୟ ଗୁଡ଼ିକ ଲେଖ ।
- c. As a H.W.(F) how will you provide information to community about food hygiene. [7]
 ଖାଦ୍ୟ ପ୍ରସ୍ତୁତି ରେ ପରିଷ୍କାର ପରିଚ୍ଛନ୍ନତା କିପରି ପାଳନ କରାଯାଏ ? ଜଣେ ମହିଳା ସ୍ୱାସ୍ଥ୍ୟକର୍ମୀ ଭାବରେ କିପରି ସ୍ୱାସ୍ଥ୍ୟ ଶିକ୍ଷା ଦେବ ।
- 2.
- a. Draw a labelled diagram of heart. [8]
 ମନୁଷ୍ୟ ଶରୀରର ହୃଦପିଣ୍ଡ ର ଚିତ୍ର ଅଙ୍କନ କରି ବିଭିନ୍ନ ଅଂଶ ବର୍ଣ୍ଣାଅ ।
- b. Describe pulmonary circulation. [7]
 Pulmonary circulation କୁ ବର୍ଣ୍ଣନା କର ।
- OR
- a. What is malnutrition. [2]
 ଅପପୁଷ୍ଟି କଣ ।
- b. Write types of undernutrition. [5]
 ବିଭିନ୍ନ ପ୍ରକାରର undernutrition ଗୁଡ଼ିକ ଲେଖ ।
- c. Describe management of a SAM child. [8]
 SAM ଶିଶୁ ର management କିପରି କରିବା ଲେଖ ।
3. Write short notes on any 'Three' of the following. [3 X 5 =15]
 ଯେକୌଣସି ତିନୋଟି ର ଉତ୍ତର ଦିଅ ।
- a. Bedsore
- b. Ventilation

- c. Cranial nerves
- d. Vitamin -C
- e. Kitchen Garden

4. Write in one sentence of the following. [1 X10=10]

- a. Glossitis
- b. Gingivitis
- c. Hepatitis
- d. Enteritis
- e. Stomatitis
- f. Otitis media
- g. Meningitis
- h. Gastritis
- i. Arthritis
- j. Oophoritis

5. (A) Fill in the blanks. [5]

- a. _____ hormone helps in production of milk.
- b. The _____ of the sunlight converts 7 dehydro-cholesterol to vitamin D.
- c. Deficiency of iodine causes _____.
- d. _____ hormone helps in conversion of glucose to glycogen.
- e. Schizophrenia is also known as _____.

(B) Write the full form of the following abbreviations. [5]

- a. MDA
- b. VHND
- c. CSF
- d. ECT
- e. TPN
- f. ROM
- g. MV
- h. ESR
- i. BMR
- j. FSH

6. Match the column 'A' with 'B'. [1X10 =10]

- | 'A' | 'B' |
|-----------------------|----------------------------|
| a. Heart | Vit-C |
| b. Abdomen | Smallest bone |
| c. Ragi | Peritoneum |
| d. Guava | Calcium & Iron |
| e. Stapes | Pericardium |
| f. Pituitary gland | Schizophrenia |
| g. ECT | Oxytocin |
| h. Hypo amnesia | Sodium bi-carbonate |
| i. Insulin | Loss of capacity to recall |
| j. Permanent Hardness | Pancreas |

ANM-S-1-II-2019

FIRST YEAR SUPPLEMENTARY EXAMINATION IN A.N.M. -2019
ODISHA NURSES & MIDWIVES EXAMINATION BOARD
Paper- II
(Health Promotion)

Time: 3 hrs

Full Marks: 75

Answer all the Questions.

Figures in right hand margin indicate marks.

- 1.
- a. Define nutrition. [3]
 - b. What are the causes of nutritional anaemia? [5]
 - c. As a Health Worker (F) how you will you correct the conditions of nutritional anaemia? [7]
- OR
- a. Draw a labelled diagram of Heart. [4]
 - b. Describe structure of Heart. [4]
 - c. Explain pulmonary circulation in detail. [7]
- 2.
- a. What is Mental Health? [2]
 - b. What are factors influencing mental health? [6]
 - c. Explain characteristics of mental ill person. [7]
- OR
- a. Describe various sources of water. [4]
 - b. Discuss the causes of water pollution. [4]
 - c. Write down details about different small-scale methods for purification of water. [7]
3. Write short notes on any three of the following. [3 X 5=15]
- a. Function of liver.
 - b. Methods of cooking.
 - c. Personal hygiene
 - d. Balance diet.
 - e. Functions of air.
4. (A) Fill in the blanks. [1 X 5= 5]
- a. Four pulmonary veins carry _____ blood to the left side of the heart.
 - b. 1-gram protein provide _____ calories.
 - c. Vitamin _____ helps in healing of wounds.
 - d. Heart is situated in _____ cavity.
 - e. Temporary hardness of water is removed by _____.

(B) Match the column 'A' with column 'B'

[1x10=10]

Column 'A'Column 'B'

- | | |
|-------------------|-------------------------|
| a. Vitamin D | a. Point Inflammation |
| b. Sitz bath | b. Vitamin B12 |
| c. Bile | c. Haemoglobin |
| d. Epitasis | d. Rickets |
| e. Rapid pulse | e. Rich sources of Iron |
| f. RBC | f. Insulin |
| g. Pulmonary vein | g. Tachycardia |
| h. Pancreas | h. Bleeding from nose |
| i. Jaggery | i. oxygenated blood |
| j. Cyanocobalamin | j. Gall Bladder |

5. (A) Mark True or False against each statement. [1 X 5 =5]

- All dentures must be removed at night.
- Femur is the longest and strongest bone in the human body.
- Ragi is rich in Iron.
- Osteomalacia is due to deficiency of vitamin K
- Right side of lungs contain 2 lobes.

(B) Write the full form of following abbreviations. [1X10=10]

- VHND
- RBC
- WBC
- ADH
- ATP
- SAM
- IDD
- GFR
- BCG
- ORS

ANNUAL EXAMINATION- 2019

Odisha Nurses & Midwives Examination Board
First Year Examination for A.N.M./H.W (F)

Paper -II

(Health Promotion)

Time : 3 hrs

Full Marks : 75

Answer all questions.

Figures in right hand margin indicate marks.

1. (a) What do you mean by malnutrition ? [2]

(b) What are the factors responsible for malnutrition ? [6]

(c) As a H.W.(F), what is your major role in supplementary foods, so as to prevent and control malnutrition in population ? [7]

Or

(a) What is reproduction ? [2]

(b) Draw a labelled diagram of internal female reproductive system.[6]

(c) Describe details of the structure and functions of internal female reproductive organs. [7]

2. (a) What is psychiatric emergency ? [2]

(b) Write down the classification of psychiatric emergency. [5]

(c) As a H.W.(F) how will you manage the suicidal patients and the disasters ? [8]

Or

(a) What is excreta ? [2]

(b) How does diseases spread from excreta ? [3]

(c) Describe the role of Health Worker (F) in various methods of disposal of wastes at community level. [10]

3. Write short notes on any THREE of the following: [5 x 3

(a) Personal Hygiene

(b) Functions of Kidney

(c) Methods of food preservation at home.

(d) Functions of air

(e) Elderly patient with depression.

4. A. Fill in the blanks : [1 x 5

(a) Nutritional status of a population can be assessed by data of

(b) Aorta carries oxygenated blood from the left ventricle to all

parts of body except

(c) Vitamin helps in healing of wounds.

(d) Frustration, tension and insecurity are some of chief causes

of

(e) Retinal is otherwise known as vitamin

B. Match column 'A' with column 'B': [1 x 10

Column 'A'

(a) Anxiety

(b) Sun

(c) Obesity

(d) Epidermis

(e) Fomites

(f) Smallest bone

(g) Water bone disease

(h) Respiratory muscle

(i) Air vitiation

(j) Injury

Column 'B'

(a) Skin

(b) Over nutrition

(c) Palpitation

(d) Clothes

(e) Natural sources

(f) Tetanus

(g) Diaphragm

(h) Closed room

(i) Stapes

(j) Jaundice

P.T.O.

5. A. Write true or false against each statement: [1 x 5

(a) All dentures must be removed at night.

(b) The outer covering of lungs is pericardium.

(c) Food adulteration practices vary from one part of the country to

another part of the country.

(d) Gobar gas plant polluted the waste as well as the fuel.

(e) Mammary gland development depends on growth hormone.

B. Write full form of the following abbreviations: [1x10

CBT

ICD

SAM

GFR

RBC

DCT

ATP

ORS

ICDS

ADH

3. Write short notes on any THREE of the following 5+5+5

- a) Function of liver
- b) Defense Mechanism
- c) Methods of cooking
- d) Kitchen garden
- e) Balance diet

4. (A) Match column 'A' with column 'B' 1X10

| Column 'A' | Column 'B' |
|--------------------|------------------------|
| a) Vitamin 'D' | a) Pain & inflammation |
| b) Sitz bath | b) Vitamin B12 |
| c) Bile | c) Haemoglobin |
| d) Epitasis | d) Rickets |
| e) Rapid Pulse | e) Rich source of Iron |
| f) RBC | f) Insulin |
| g) Pulmonary vein | g) Tachycardia |
| h) Pancrease | h) Bleeding from nose |
| i) Jaggery | i) Oxygenated blood |
| j) Cyano Cobalamin | j) Gall bladder |

(B) Mark True or False against each statement 1x5

- a) Stapes is smallest bone of human body
- b) Many mental illness are inherited from generation to generation
- c) Carbohydrate is body building food
- d) Osteomalacia is due to deficiency of vitamin K.
- e) Inflammation of stomach is called stomatitis

5. (A) Fill in the Blank 1x5

- a) Inflammation of gum is called _____
- b) Number of lobe in RT Lung is _____
- c) Larynx is _____ of the body
- d) One gram of Protein Provide _____ calorie
- e) Length of spinal cord is _____

(B) Write the full form of following abbreviations 1x10

- a) SAM
- b) NMHP
- c) RBSK
- d) EEG
- e) E.C.T.
- f) ECG
- g) HCG
- h) ABT
- i) ADH
- j) IMR

SUPPLEMENTARY EXAMINATION - 2018
ODISHA NURSES AND MIDWIVES EXAMINATION BOARD
FIRST YEAR EXAMINATION FOR A.N.M. / H.W. (F)

Paper-II

Sub- Health Promotion

Time- 3 hrs

F.M-75

Answer all questions

1.

2+6+7

- a) what do you mean by adulteration of food
- b) Write the methods of storage and preservation of food
- c) As a H.W (F) how will you provide information to community about food hygiene and safe preparation.

Or

- a) Draw a label diagram of Heart. **4+4+7**
- b) Describe structure of Heart
- c) Explain pulmonary circulation in detail

2.

2+6+7

- a) What is mental health
- b) What are the factors influencing mental health
- c) Explain characteristics of mentally health person.

Or

- a) Describe various sources of water **4+4+7**
- b) Discuss the causes of water pollution
- c) Write down details about different small scale methods for purification of water

3. Write down the short notes on any three of the followings [3x5=15]

- a) Defence Mechanism
- b) Adulteration of food
- c) Function of liver
- d) Water borne diseases
- e) Basic human needs

4.A) Fill in the blanks [1x5=5]

- i) Personality disorder is a _____ mental illness
- ii) Scurvy is due to deficiency of _____
- iii) Changes in thinking are symptoms of _____
- iv) Heart is situated in _____ cavity
- v) Child morbidity and mortality rate increases due to _____

B) Mark True or False against each [5]

- i) Temporary hardness of water removed by boiling
- ii) Ragi is rich in iron
- iii) Blood is fluid of connective tissue
- iv) Left lung has two lobes
- v) Carbohydrate is required for body building and repair
- vi) Insulin is secreted from the cell of the pancreas
- vii) Pernicious anaemia is caused by the deficiency of vitamin - B6
- viii) Temporary hardness of water is due to the presence of bicarbonates of calcium and magnesium
- ix) Animal fats are unsaturated fats
- x) Amoebiasis is an airborne disease

C) Match Column 'A' with Column 'B' [5]

- | Column 'A' | Column 'B' |
|-------------------------|-------------------------|
| i) Psychological Needs | i) Minor mental illness |
| ii) Water borne disease | ii) Formation of Urine |
| iii) Kidney | iii) Pancreas |
| iv) Insulin | iv) Love and affection |
| v) Neurosis | v) Typhoid |
| vi) Salivary Gland | vi) Scapula |
| vii) Flat Bone | vii) 3 Pairs |
| viii) Goitre | viii) Anaemia |
| ix) Hook Worme | ix. 4 Calories |
| x) 1 gm carbohydrate | x. Iodine |

5. A. Complete the Observation [5]

- | | |
|----------|-----------|
| i) IDD | ii) VHND |
| iii) NPU | iv) SAM |
| v) FAO | vi) EEG |
| vii) WBC | viii) VAD |
| ix) RBC | x) ATP |

B) As a health worker female how will you manage the following situations in your sub-centre [2x5=10]

- i) High fever in a one year child (102° F)
- ii) Greenstick Fracture
- iii) 'A girl' come to you with Loose motion
- iv) A boy can not see in the dark
- v) Bleeding from nose by fall.



MARCH-2017

ANNUAL EXAMINATION
ODISHA NURSES AND MIDWIVES EXAMINATION BOARD
FIRST YEAR EXAMINATION FOR A.N.M/H.W(F)

PAPER II

HEALTH PROMOTION

(Subject included(Nutrition, Humanbody & Hygiene
Environmental sanitrition, mental Health)

Time : 3 Hrs.

F.M - 75

Answer all questions

The figures in the right hand margin indicates marks.

1. a) Define Nutrition [3+5+7=15]
b) What are the factors responsible for nutritional anaemia?
c) As a health worker female how you will correct the conditions of nutritional anemia

Or

1. a) Define Blood? [3+5+7=15]
b) Describe the constituent of blood?
c) Functions of blood
2. a) Draw a label diagram of stomach [5+5+5=15]
b) Write down the functions of stomach
c) How food digested in GI tract?

Or

1. a) Define Hygiene. [5+5+5=15]
b) Describe the individual hygiene in detail.
c) As a health worker female how will you provide comfort needs of a sick

(2)

(ଗ) ମହିଳା ସ୍ୱାସ୍ଥ୍ୟ କର୍ମୀ ହିସାବରେ ଭଲମ ମାନସିକ ସ୍ୱାସ୍ଥ୍ୟ ସେବା ପ୍ରଦାନ କରିବାପାଇଁ ଗ୍ରାମାଞ୍ଚଳରେ ଲୋକମାନଙ୍କ ମଧ୍ୟରେ କିପରି ସଚେତନତା ସୃଷ୍ଟି କରିବ ବର୍ଣ୍ଣନା କର ।

4. Write down short notes on any five (5x3)

- Prevention of Mental illness.
- Air borne diseases & its prevention.
- Balanced diet
- Heart
- Stomach
- Psychiatric Emergency

୪. ସଂକ୍ଷିପ୍ତ ଚିତ୍ରପଣା ଯେ କୌଣସି ୫ଟିର ଲେଖ ।

- ମାନସିକ ଅସୁସ୍ଥତାର ନିରାକରଣ ।
- ବାୟୁବାହିତ ରୋଗ ଏବଂ ଏହାର ନିରାକରଣ ।
- ସୁସ୍ଥମ ଖାଦ୍ୟ
- ହୃତପିଣ୍ଡ
- ପାକସ୍ଥଳୀ
- ମାନସିକ ଅସୁସ୍ଥତାର କରୁଣା କାଳୀନ ଚିକିତ୍ସା

5. (A) Match the colour 'A' with 'B' (1x10)

'କ' ପ୍ରସ୍ତ ସହିତ 'ଖ' ପ୍ରସ୍ତକୁ ମିଳାଇ ଲେଖ ।

- | | |
|------------------------|-------------------------|
| (i) Vitamin-A | (i) Water borne disease |
| (ii) Cholostum | (ii) Tetanus |
| (iii) Hookworm | (iii) Subcentre |
| (iv) Injury | (iv) Dumping |
| (v) 5000 Population | (v) Well disinfection |
| (vi) Refuse disposal | (vi) Premature Baby |
| (vii) Bleaching Powder | (vii) Night blindness |
| (viii) Incubater | (viii) Immunity |
| (ix) Antipyretic | (ix) Anaemia |
| (x) Jaundice | (x) Pyrexia |

(3)

B. Mark true or false against each statement (1x5)

ପ୍ରତ୍ୟେକ ବାକ୍ୟ ଗୁଡ଼ିକ ଠିକ୍ କିମ୍ବା ଭୁଲ୍ ଲେଖ ।

- People having multiple sexual Partners are prone to AIDS.
ମନୁଷ୍ୟ ବହୁତ ଗୁଡ଼ିଏ Sexual partner ମାନଙ୍କ ସହ ସମ୍ପର୍କ ରଖିଲେ AIDS ରୋଗ ହୁଏ ।
- BCG vaccine should be stored in deepfreezer
ବି.ସି.ଡି. ଟିକା ଗୁଡ଼ିକୁ Deepfreezer ରେ ରଖାଯାଏ ।
- Deficiency of vitamin 'A' causes Rickets.
Vitamin 'A' ର ଅଭାବରେ ରିକେଟ୍ ରୋଗ ହୋଇଥାଏ ।
- Zero Pilio vaccine is given at 1 1/2 months of age.
ଠ ପୋଲିଓ ଟିକା ୧ 1/2 ମାସ ବୟସରେ ଦିଆଯାଏ ।
- You should wash your hand before and after every nursing care.
Nursing care କରିବା ପୂର୍ବରୁ ଓ ପରେ ତୁମେ ତୁମର ହାତ ଧୋଇବା ଉଚିତ୍ ।

FEBRUARY-2016
ODISHA NURSES AND MIDWIVES EXAMINATION BOARD
FIRST YEAR EXAMINATION FOR A.N.M./H.W.F
PAPER-II
HEALTH PROMOTION

Time-3 hours
ସମୟ - ୩ ଘଣ୍ଟା

Full Marks-75
ପୂର୍ଣ୍ଣ ସଂଖ୍ୟା-୭୫

(Answer All Questions)
(The figures in the right-hand margin indicate Marks)
(ସମସ୍ତ ପ୍ରଶ୍ନର ଉତ୍ତର ଦିଅ)

(ଡାହାଣ ପାଖରେ ଦିଆଯାଇଥିବା ସଂଖ୍ୟାଗୁଡ଼ିକ ମୂଲ୍ୟାଙ୍କ ସୂଚାଉଛି)

1. (a) What do mean by balanced diet ? (3+6+6)
(b) Write the Balanced diet chart of a pregnant mother.
(c) What are the factors affecting in planning of diet ?
୧. (କ) ସନ୍ତୁଳିତ ଆଧାର କହିଲେ କ'ଣ ବୁଝ ?
(ଖ) ଗୋଟିଏ ଗର୍ଭବତୀ ମାତା ସନ୍ତୁଳିତ ଆହାରର ଚାର୍ଟ ତିଆରି କର ।
(ଗ) ଖାଦ୍ୟ ପାଇଁ ଯୋଜନା କଲାବେଳେ କେଉଁ କେଉଁ factor ଗୁଡ଼ିକ ପ୍ରଭାବିତ କରିଥାଏ ।
2. (a) What are the different sources of water ? (3+6+6)
(b) Explain the importance of safe water for health.
(c) Describe the different small scale Methods for purification of water meant for drinking purpose.
୨. (କ) ଜଳର ବିଭିନ୍ନ ଉତ୍ସଗୁଡ଼ିକ କ'ଣ ?
(ଖ) ସ୍ୱାସ୍ଥ୍ୟ ପାଇଁ ବିଶୁଦ୍ଧ ଜଳର ଆବଶ୍ୟକତା ବିଷୟରେ ବର୍ଣ୍ଣନା କର ।
(ଗ) ପିଇବାର ଉଦ୍ଦେଶ୍ୟରେ ଜଳକୁ ବିଶୁଦ୍ଧ କରିବାପାଇଁ ଉଚ୍ଛିଷ୍ଟ କ୍ଷୁଦ୍ର ପଦ୍ଧତି (Small scale Methods) ଗୁଡ଼ିକ ବର୍ଣ୍ଣନା କର ।
3. (a) What is Mental Health ? (3+7+5)
(b) Indentify the causes, signs and symptoms of abnormal Behaviour ?
(c) As a HW(F) how will your create awareness among community people for promotion of Mental health ?
୩. (କ) ମାନସିକ ସ୍ୱାସ୍ଥ୍ୟ କାହାକୁ କୁହାଯାଏ ?
(ଖ) ଅସାଧାରଣ ବ୍ୟବହାରର କାରଣ ଏବଂ ଲକ୍ଷଣ ଗୁଡ଼ିକ ଲେଖ ।

PTO

୨

(c) What are the contraindications of giving Cu 'T' ?

2. (କ) ପରବାର କଳାଣ କାର୍ଯ୍ୟକ୍ରମ କେଉଁ ମହିତାରେ ଆରମ୍ଭ ହୋଇଥିଲା ଓ ଏହାର ମୁଖ୍ୟ ବିକଳେଣ ସବୁ କ'ଣ ?

(ଗ) Oral pill ଦେବା ପୂର୍ବରୁ ଜଣେ ମହିତା କେଉଁ କେଉଁ ଅବସ୍ଥା ଗ୍ରହଣ କରି ଦେବ ଏବଂ ଏଥିରେ ଉପକ୍ରମିକା ଅନୁସାରେ କିପରି ଦୂରଭୁତ କରବ ଚାହା ଜଣେ ମହିତା ଶୁଣ୍ୟକର୍ମୀ ହିସାବରେ କି ପ୍ରକାର ଦାୟିତ୍ୱ ରହିଛି ଉଲ୍ଲେଖ କର ।

(ଘ) କେଉଁ ଅବସ୍ଥାରେ କପର୍ 'ଟି' ଦେବା ଉଚିତ ନୁହେଁ ?

3. (a) What are the factors contribute to P.E.T. ? [5+5+5]

(b) What are the Investigations required for diagnosis of this condition ?

(c) What are the preventive measures you would adopt and advice to the lady in 2nd trimester of pregnancy ?

3. (କ) P.E.T. ପାଇଁ କେଉଁ କେଉଁ factor ଦାୟୀ ?

(ଖ) ଏହି ଅବସ୍ଥାକୁ ଜାଣିବାପାଇଁ କେଉଁ ପରୀକ୍ଷାଗୁଡ଼ିକ କରାଯାଇଥାଏ ?

(ଗ) ଗର୍ଭର 2nd Trimester ରେ ତୁମେ କି ପ୍ରକାର ଉପଦେଶ ରଥା ପ୍ରଦାୟେତ କାନ୍ଦଣା ଗ୍ରହଣ କରବ ଚାହା ଦର୍ଶାଅ ।

4. Write short notes on *any three* of the following: — [3×5]

(a) Anaemia in Pregnancy

(b) Cord Sepsis

(c) High-risk mother

(d) Advantages of breast-feeding

4. ଯେ କୌଣସି 3ଟିର ସକ୍ଷିପ୍ତ ଚିତ୍ରଣା ଲେଖ :—

(କ) ଗର୍ଭାବସ୍ଥାରେ ରକ୍ତହୀନତା

(ଖ) ନାଭି ପାତକ

(ଗ) ଉପଦେଶକ ଗର୍ଭାବସ୍ଥା

(ଘ) ମାତୃ ପ୍ରତ୍ୟାପାନର ଉପକାରଣ

(A) Fill up the blanks. — [7]

(a) The age above 35 years of a primi Antenatal mother is called ———

(b) There are ——— pair chromosomes

(c) Umbilical vein carries ——— blood

(d) ——— is a permanent method of sterilization operation for male.

(e) M. T. P. is done before ——— weeks of pregnancy

(f) ——— test is done in STD during pregnancy

(g) The uterine discharge during the first 3 to 4 weeks of puerperium is called ——— .

(h) The weight of a new born baby below ——— gms is called premature baby.

(i) The posterior position of the uterus is called ———

(j) The first 6 weeks after delivery the period is called ——— .

(k) Episiotomy is done in the ——— stage of Labour

(l) Cu 'T' is given between ——— days of menstrual cycle.

(m) The infection in the breast is called ———

(n) The causative organism of syphilis is ———

(o) The normal haemoglobin amount in the blood of an Antenatal mother should be ——— gm.

100000

June 2009

**ORISSA NURSES AND MIDWIVES EXAMINATION BOARD
FINAL EXAMINATION FOR CERTIFICATE OF HEALTH
WORKERS (FEMALE)**

(1½-Year Course)

PAPER II

(Community Health Nursing I)

Time—2 hours

Full Marks—75

ସମୟ—2 ଘଣ୍ଟା

ପୂର୍ଣ୍ଣମାର୍କ—75

(ନେକୋଣସି ପାଞ୍ଚଟି ପ୍ରଶ୍ନର ଉତ୍ତର ଦିଅ)

1. (a) What do you mean by normal labour ? [2+3+10]

(b) What are the causes of delay in 2nd stage of labour ?

(c) As a Health Worker (Female), write your responsibilities in caring of a lady in 3rd stage of labour.

1. (କ) ସ୍ୱାଭାବିକ ପ୍ରସବ କହିଲେ କ'ଣ ବୁଝାଏ ?

(ଖ) ପ୍ରସବର ଦ୍ୱିତୀୟ ପର୍ଯ୍ୟାୟରେ ବିଳମ୍ବ ହେବାର କାରଣ କ'ଣ ?

(ଗ) ଜଣେ ମହିଳା ସ୍ୱାସ୍ଥ୍ୟକର୍ମୀ ହିସାବରେ ପ୍ରସବର ୩ୟ ପର୍ଯ୍ୟାୟରେ କି ପ୍ରକାର ସେବାଦତ୍ତ କରବ ଓ ରୁମର ଦାୟିତ୍ୱ କ'ଣ ଚାହାଁ ଲେଖ ।

2. (a) In which year Family Welfare Programme was launched in India and what are the main objectives of the programme ? [5]

(b) As a Health Worker (Female), write down your responsibilities prior to giving oral pills and manage the complications after giving oral pills. [5]

(B) Match the word of Column 'A' with Column 'B'

| Column 'A' | Column 'B' |
|---------------------|---------------------------|
| Placenta | V V F |
| Foul bleeding | After 24 hrs. of delivery |
| Forcep delivery | Prolapse |
| Ectopic pregnancy | Diarrhoea |
| Molar pregnancy | Vaginal tear |
| Immunisation | Haemoglobin |
| Secondary PPH | Estrogen & progesterone |
| Multi gravida | Puerperal sepsis |
| Underfeeding | Second stage of labour |
| Precipitated labour | Acute abdominal pain |
| Anaemia | No foetal heart sound |
| Stilbestrol | Nirodh |
| Thrush | First 3 days |
| Newly married | Gentio n violet |
| Lochia Rubra | Hormone tablet |

6. (A) Mention right or wrong against each statement— [10+5]

- (a) Sufficient water should not be given to a postnatal mother.
- (b) False pain is stopped after giving soap water enema
- (c) Injection ergometrine is used during Induction of labour.

- (d) Blue asphyxia is called asphyxia livida
- (e) Caphalo haematoma occurs after 3 days of delivery of child.
- (f) If the child is not able to pass the stool after 48 hrs. of the delivery then it is suspected to be imperforated anus.
- (g) Ruptured of uterus is seen in primi gravida women
- (h) A Female Health Worker can treated a woman having A. P. H.
- (i) Shortness of umblical cord causes umblical sepsis
- (j) The waste material is excreted from the foetus through placenta.

B) Write the full form of the following :—

[5

- (a) P. E. T.
- (b) E. C. R.
- (c) B. C. G.
- (d) A. W. C.
- (e) S. C.
- (f) I. D. S. P.
- (g) V. P. D.
- (h) M. T. P.
- (i) D & E
- (j) A. R. T. I.

**ODISHA NURSES & MIDWIVES EXAMINATION BOARD
FIRST YEAR ANNUAL EXAMINATION IN A.N.M. -2020**

**Paper- III
(Primary Health Care Nursing)**

Time: 3 hrs

Full Marks: 75

Answer all the Questions.

Figures in right hand margin indicate marks.

1.
 - a. What is immunization? [2]
 - b. Describe the methods of administration of vaccine. [6]
 - c. Enlist the role of a health worker in Community Immunization. [7]

OR

 - a. Define wound. [2]
 - b. Describe different types of wounds. [6]
 - c. How will you care an open wound in the community? [7]
2.
 - a. What is a communicable disease? [2]
 - b. Describe the factors causing communicable disease. [6]
 - c. What is the role & responsibilities of a H.W.(F) for eradication and prevention of communicable disease? [7]

OR

 - a. What is clinical specimen? [2]
 - b. What principles are followed during specimen collection? [6]
 - c. Describe the safe disposal of body discharges. [7]
3. Write short notes on any three of the following. [3X5 = 15]
 - a. Disinfection
 - b. Worm infestation
 - c. First aid kit
 - d. Vit A deficiency disorder
 - e. Care of patient with heat stroke
4. As a HW(F), what is your role and responsibility in the following situation. [2X5=10]
 - a. Bleeding from the nose
 - b. A patient with fever
 - c. A patient with bed sore
 - d. Drug administration.
 - e. Foreign body in the eye

ANM-1-III-PHCN-2019

5. Fill in the blanks with appropriate word. [1X5 = 5]

- a. _____ is the process where the person is made immune or resistant to an infectious disease typically by the administration of vaccine.
- b. _____ is the maximum pressure exerted during ventricular contraction.
- c. Communicable disease "Enteric Fever" is also known as _____.
- d. Measles vaccine is administered in _____ route.
- e. _____ fluid is used to dilute BCG Vaccine.

6. Mark True or False against each statement. [1X5 = 5]

- a. Vertical transmission of disease occurs through placenta.
- b. Rota virus is a causative agent for cholera.
- c. CD4 cell count decreases in acute Hepatitis.
- d. MANTOUX TEST is used for screening test for TB.
- e. Placing drug inside the body is known as infusion.

7. Match column 'A' with 'B'. [1X5 = 5]

Column 'A'

- a. Gonorrhoea
- b. Koplik's spot
- c. Vit K
- d. Impaired vision
- e. Burns

Column 'B'

- a. Foreign body
- b. Sexually transmitted disease
- c. Shock
- d. Rubella
- e. Haemorrhage

8. Write full forms of the following. [1X5 = 5]

- a. ABDs
- b. UTI
- c. BCG
- d. LLIN
- e. BLS

Set - I

ANNUAL EXAMINATION- 2019
Odisha Nurses & Midwives Examination Board
First Year Examination for A.N.M./H.W (F)

Paper -III

(Primary Health Care Nursing)

Time : 3 hrs

Full Marks : 75

Answer all questions.

Figures in right hand margin indicate marks.

1. (a) What is parenteral Route of drug administration ? [2]
(b) List down various methods of parenteral Route. [5]
(c) Describe precautions and principles of drug administration. [8]

Or

- (a) Define communicable disease. [2]
(b) Write down important communicable diseases. [5]
(c) Discuss general measures of control and prevention of communicable diseases. [8]
2. (a) Define Fever. [2]
(b) Enlist causes of fever and write down the characteristics of malarial fever. [6]
(c) As a H.W(F), how will you assess and provide nursing care of a patient with fever. [7]

Or

- (a) What do you mean by Immunization ? [2]
(b) Write National Immunization Schedule. [6]
(c) Describe immunization hazards and the precautions while giving vaccines. [7]

3. Write short notes on any **THREE** of the following: [3 x 5]
- (i) Golden Rules of First-Aid
 - (ii) Level of Prevention
 - (iii) Biomedical Waste
 - (iv) Active and passive exercise
 - (v) Sterilization
4. A. As a H.W(F), what is your role and responsibility in the following situation: [2 x 5]
- (i) Patient with intravenous (IV) fluids
 - (ii) A patient with fracture femur
 - (iii) Scorpion bite
 - (iv) A patient with sudden unconscious
 - (v) Severe burn
- B. Fill in the blanks with appropriate word: [1 x 5]
- (a) Power of the body to fight against infection is called as
 - (b) Deficiency of in blood is called anaemia.
 - (c) Vitamin K is a soluble vitamin.
 - (d) Diabetes mellitus is a disease.
 - (e) Epidemiology is the study of in population.
5. A. Write full form of the following abbreviations : [1 x 5]
- (a) DOTs
 - (b) NCD
 - (c) AYUSH
 - (d) DHF
 - (e) ABT

B. Match the column 'A' with column 'B' :

[1 x 5

Column 'A'

Column 'B'

- | | |
|------------------|-------------------|
| (a) Seitz bath | (a) Koplik's spot |
| (b) Paracetamol | (b) Stethoscope |
| (c) Typhoid | (c) Piles |
| (d) Auscultation | (d) Widal Test |
| (e) Measles | (e) Antipyretic |

B. Mark True or False against each statement:

[1 x 5

- (a) Fear of water is termed as photophobia.
- (b) Decreased level of oxygen in the blood is called hypoxemia.
- (c) Termination of all transmission of infection from the whole world is called pandemic.
- (d) Difficulty of passing stool is constipation.
- (e) One ounce is equal to 50 grams.

Annual Examination - March -2018
Odisha Nurses and Midwives Examination Board
First Year Examination for A.N.M/H.W (F)

PAPER - III

PRIMARY HEALTH CARE NURSING

Answer all questions.

The figures in the right hand margin indicates marks.

Time :3 hours

Full Mark – 75

1. A) What is Immunity. (2+6+7)
B) List down the types of immunity.
C) Describe the types of immunity in detail with examples.

Or

- A) Define fracture (2+6+7)
B) List down the types and sign symptoms of fracture
C) As a H.W (F) How will you provide first aid care in fracture patient.
2. A) What is HIV / AIDS. (3+6+6)
B) What are the causes & sign symptoms of AIDS.
C) As a H.W. (F) What is your role in prevention of parent to child transmission of HIV / AIDS.

Or

- A) Define Immunization. (2+5+8)
B) Write the objective of Immunization.
C) Describe the Immunization schedule in detail.
3. Write short notes on any three of the following. (5+5+5)

- A) Vaccine
- B) Cold chain
- C) Infection
- D) Principles of Administration of drug.
- E) Handicaps
- F) Vomiting

4. A) Match column 'A' with column 'B'. (1X10)

Column 'A'

- a) J. lymphocyte
- b) Urinary tract infection
- c) Pulse polio immunisation
- d) Biological agent
- e) Deficiency disease
- f) Endemic
- g) Staphylococci
- h) Haematuria
- i) Virulence
- j) Whooping cough

Column 'B'

- a) severity of disease
- b) Bordetella pertussis
- c) suppurative infection
- d) Blood in urine
- e) Thymus gland
- f) E.coli
- g) 1995
- h) constant presence disease in a area
- i) Bacteria
- j) Beriberi

B) Fill in the blanks.

(1x5)

- i) Disease are not Communicated from Person to Person is called _____.
- ii) Chicken pox is acute infectious disease caused by _____.
- iii) The body temp is raised to 105 F or above is called _____.
- iv) Infection occurs some outside source is _____.
- v) Lack of oxygen in the tissue is called _____.

5. A) Write True or False against each statement.

(1x5)

- i) Decrease respiratory rate is Bradypnoea
- ii) The organism required oxygen for growth is anaerobic
- iii) Helminthes are multi cellular animals
- iv) Inflammation of stomach is gastritis
- v) Micobacterium leprae is gram +ve micro organism

B) Write Full form of following abbreviation.

(1x5)

- i) ILR
- ii) MMR
- iii) STD
- iv) RCH
- v) MOHFW

C) Write the first aid care in following situations.

(1x5)

- i) Foreign body in the eye
- ii) Bleeding from wound
- iii) Dog bite patient
- iv) Drowning patient
- v) Heat Stroke



3. Write Short notes on any three of the following [5+5+5]

- a) Immunization Schedule
- b) Routes of administration of drugs
- c) Job responsibilities of H.W(F)
- d) Cold Chain
- e) Principles of Firstaid

4.A) Match Column 'A' with Column 'B' [1X10=10]

- | Column 'A' | Column 'B' |
|------------------------------|------------------------------|
| (a) Macrophages | (a) Heart Disease |
| (b) Portal of exit | (b) The rule of nine |
| (c) B. Lymphocyte | (c) Ability to cause disease |
| (d) Non Communicable disease | (d) Monocyte |
| (e) Burn | (e) Fastigium? |
| (f) Asphyxia | (f) T.B |
| (g) Pathogenicity | (g) Wheezing Sound |
| (h) Disease cycle | (h) Urogenital Tract |
| (i) DOTS | (i) Drowning |
| (j) Asthma | (j) Bone marrow |

B) Write in one word [1x5=5]

- a) Inflammation of Joint
- b) Pus in urine
- c) Bleeding from stomach
- d) Difficulties in breathing
- e) Paralysis of four limbs

5.A) Write the full form of following abbreviations [1x5=5]

- a) IDDM
- b) NLEP
- c) ICTC
- d) IPV
- e) CPR

B) Mark True or False against each statement [1x5=5]

- a) Typhoid fever is caused by Salmonella Typhi
- b) Absence of respiration is called Tachypnoea
- c) Inability to control urination is called Dysuria
- d) Brain thrombosis may cause Hemi Plegia
- e) Pain in stomach increases after eating in case of duodenal ulcer

C) Fill in the blanks [1x5=5]

- a) Pathological waste includes _____
- b) The process of engulfing the micro-organism is called _____
- c) The causative organism of Tetanus is _____
- d) The interval between infection and first appearance of disease is called _____
- e) Bacteria grow well in absence of oxygen is called _____



MARCH-2017
ANNUAL EXAMINATION,
ODISHA NURSES AND MIDWIVES EXAMINATION BOARD
FIRST YEAR EXAMINATION FOR A.N.M
PAPER III
PRIMARY HEALTH CARE NURSING

Time : 3 Hrs.

F.M - 75

Answer all questions

The figures in the right hand margin indicates marks.

1. a) Define diarrhoea [3+6+6]
b) Write the causes & sign symptoms of diarrhea
c) As a H.W(F) explain the treatment and preventive measures to control the spread of this disease in your community

Or

[3+6+6]

- a) What is fever
b) Enlist the types of fever
c) Explain the nursing management of patients with fever
2. a) Define communicable disease [3+6+6]
b) Write down important communicable diseases
c) Explain role and responsibilities of H.W(F) in prevention and eradication of communicable diseases

Or

- a) List out routes of administration of drugs
b) Explain the principles of oral administration of drugs
c) Write down the storage and care of drugs in subcentre

ଗ) ଜଣେ ଭୁର ହୋଇଥିବା ରୋଗୀକୁ କ'ଣ ସେବା କରିବ ଲେଖ ।

3. a) What do you mean by Diarrhoea. [3+6+6]

b) What are the causes & sign symptoms of Diarrhoea.

c) As a health worker Female how to prevent Diarrhoea in your community.

କ) ଅତିରିକ୍ତ ଚରଳ ଝାଡ଼ା କହିଲେ କ'ଣ ବୁଝ ।

ଖ) ଅତିରିକ୍ତ ଚରଳ ଝାଡ଼ାର କାରଣ ଏବଂ ଚିହ୍ନ ଓ ଲକ୍ଷଣ ଲେଖ ।

ଗ) ମହିଳା ସ୍ୱାସ୍ଥ୍ୟକର୍ମୀ ଭାବରେ ଅତିରିକ୍ତ ଚରଳ ଝାଡ଼ାକୁ କିପରି ପ୍ରତିରୋଧ କରିବ ଲେଖ ।

Write short notes any three of the following. [5×3]

4. a) Immunization schedule

b) Epidemiological triad.

c) Fracture

d) Bedsore

e) Sterilization & disinfection

କ) ଟୀକାକରଣ ସାରଣୀ ତାଲିକା କର ।

ଖ) Epidemiological triad ଲେଖ ।

ଗ) ଅସ୍ଥିଭଙ୍ଗ ବିଷୟରେ ଲେଖ ।

ଘ) ଜିବାଣୁମୂଳ ଏବଂ ବିଶୋଧନର ବର୍ଣ୍ଣନା କର ।

5. a) Match Column 'A' with column 'B'. [1×10]

Column 'A'

a) Disease cycle

b) Dogbite

c) Mumps

Column 'B'

a) orchitis

b) Dyspnoea

c) Fastigium

d) Fowler's Position

e) Staphylococci

f) Non communicable disease

g) Live attenuated vaccine

h) B' lymphocyte

i) Biological agent

j) Constipation

d) ARV

e) Bone marrow

f) Bacteria

g) Laxative

h) measles

i) Suppurative Infection

j) Heart disease

B) Write the full form of following abbreviations. [1×5]

a) P. P. I, b) E. S. R, c) V. D. R. L, d) MMR, e) NACO

6. A) Write True or False against each statement. [1×5]

a) Typhoid fever is caused by salmonella typhi

b) Absence of respiration is called Tachypnoea.

c) Brain Thrombosis may cause Hemiplegia.

d) Inability to control urination is called dysuria.

e) Pain in stomach increases after eating in case of duodenal ulcer.

B. Fill in the Blanks. [1×5]

a) The causative organism of Tetanus is _____.

b) Bacteria grow well in absence of oxygen is _____.

c) Transmission of disease through _____ is called vehicle transmission.

d) Macrophages destroy Foreign particles by _____.

e) Bleeding from nose is called _____.

- C) Write in one word. [1×5]
- Inflammation of Joint
 - Pus in urine
 - Paralysis of four limbs
 - Difficulties in breathing
 - Bleeding from stomach



SUPPLEMENTARY EXAMINATION, OCTOBER-2016
ODISHA NURSES AND MIDWIVES EXAMINATION BOARD
FIRST YEAR EXAMINATION FOR A.N.M/H.W(F)
PAPER III
PRIMARY HEALTH CARE NURSING

Time : 3 Hrs.

F.M - 75

ସମୟ: ୩ ଘଣ୍ଟା

ପୂର୍ଣ୍ଣସଂଖ୍ୟା-୭୫

Answer any Five questions

The figures in the right hand margin indicate marks.

(ଯେ କୌଣସି ୫ଟି ପ୍ରଶ୍ନର ଉତ୍ତର ଦିଅ ।

ତାହାଣ ପାଖରେ ଦିଆଯାଇଥିବା ସଂଖ୍ୟା ଗୁଡ଼ିକ ମୂଲ୍ୟାଙ୍କ ସୂଚାଉଛି)

- Enlist common respiratory problems. [3+5+7]
 - Describe the causes, Sign symptoms & Treatment regimen of Pulmonary T.B.
 - As a health worker Female how will you provide Care to patients with respiratory problem.

କ) common respiratory problems ଗୁଡ଼ିକ ଲେଖ ।
ଖ) ଯକ୍ଷ୍ମା ରୋଗର ଚିହ୍ନ ଓ ଲକ୍ଷଣ ଏବଂ ଚିକିତ୍ସା ପ୍ରଣାଳୀ ବର୍ଣ୍ଣନା କର ।
ଗ) ଜଣେ ମହିଳା ସ୍ୱାସ୍ଥ୍ୟକର୍ମୀ ଭାବରେ ଶ୍ୱାସନଳୀ ସମ୍ପର୍କିତ ସମସ୍ୟା ରାଗୁଥିବା ରୋଗୀକୁ କି ପ୍ରକାର ସେବା ଦେବ ବର୍ଣ୍ଣନା କର ।
- What is Fever. [3+5+7]
 - List out the types of Fever
 - What are the Nursing management of patients with Fever?

କ) ଜ୍ୱର କ'ଣ ?
ଖ) ଜ୍ୱରର ପ୍ରକାର ଗୁଡ଼ିକ ତାଲିକା କର ।

1. ଗୃହ ପରିଦର୍ଶନ କରିବା ସମୟରେ ତୁମେ ଦେଖିଲ ଯେ ଦୁଇ ନାମକ ଏକ ବ୍ୟକ୍ତିର 3 ବର୍ଷ ହେଲ ଲାଣ୍ଡ କର ସହଜ କମ୍ ଆସୁଛି ଏବଂ ମୁଣ୍ଡ ବନ୍ଧୁଛି— [8+15+7

- (କ) ଏହା କେଉଁ ରୋଗର ଲକ୍ଷଣ ହୋଇପାରେ ? ଏହି ରୋଗର କାରଣ, ଚିକିତ୍ସା ଓ ଲକ୍ଷଣ ସବୁ କ'ଣ ?
- (ଖ) ଜଣେ ମହିଳା ସ୍ୱାସ୍ଥ୍ୟକର୍ମୀ ହିସାବରେ ଏହାରୁ କିପରି ଚିକିତ୍ସାକରଣ କରିବେ ଓ ଏହାର ଚିକିତ୍ସା, ସେବାଦତ୍ତ କିପରି କରିବ ତାହା ବିଶଦ ଭାବରେ ବର୍ଣ୍ଣନା କର ।
- (ଗ) ଏହି ରୋଗର ଜୀବନ ଉପକରଣ କାର୍ଯ୍ୟକ୍ରମରେ ତୁମର ଭୂମିକା କ'ଣ ?

2. (a) Define 'Health' [3+15+12

- (b) What are your responsibilities in giving Health Education for school children providing positive health in a primary school ?
- (c) How would you evaluate the programme in later days ?

2. (କ) 'ସ୍ୱାସ୍ଥ୍ୟ'ର ସଂଜ୍ଞା ନିରୂପଣ କର । [3+15+12

- (ଖ) ଉତ୍ତମ ସ୍ୱାସ୍ଥ୍ୟ ଉପରେ ପାଠ୍ୟ ପ୍ରଥମିକ ବିଦ୍ୟାଳୟରେ ତୁମେ ପିଲାମାନଙ୍କୁ କିପରି ସ୍ୱାସ୍ଥ୍ୟଶିକ୍ଷା ଦେବ ?
- (ଗ) ପରବର୍ତ୍ତୀ ଅବସ୍ଥାରେ ଏହା କିପରି ହେବ କି ନାହିଁ ତାହା କିପରି ନିରୂପଣ କରିବ ?

3. (a) Define 'Balanced Diet' [5+7+8+10

- (b) What are the diseases caused by protein deficiency in children ?
- (c) What are the factors responsible for Malnutrition in rural areas ?
- (d) Prepare a Health Education Plan for a group of Mothers for prevention of Malnutrition.

3. (କ) 'ସୁସମ୍ପାଦିତ ଖାଦ୍ୟ'ର ସଂଜ୍ଞା ନିରୂପଣ କର [5+7+8+10

- (ଖ) କେଉଁ କେଉଁ ରୋଗ ପୁଷ୍ଟି ଖାର ଅଭାବରୁ ପିଲାମାନଙ୍କ ଠାରେ ଦେଖାଯାଏ ?
- (ଗ) ଶାମାଜିକରେ ଅପସୁଷ୍ଟି ପାଇଁ କେଉଁ କାରଣଗୁଡ଼ିକ ଦାୟୀ ?
- (ଘ) ଅପସୁଷ୍ଟିର ପ୍ରତିକାର ନିମନ୍ତେ ମା'ମାନଙ୍କୁ ସ୍ୱାସ୍ଥ୍ୟଶିକ୍ଷା ଦେବାପାଇଁ ଏକ ପ୍ଲାନ ପ୍ରସ୍ତୁତ କର ।

4. Write short notes on any five of the followings:— [5×6

- (a) Janani Surakshya Yojana
- (b) Geriatric Care
- (c) Vitamin 'A'
- (d) Functions of P. H. C.
- (e) Permanent Family Planning Method
- (f) Supplementary Feeding

4. ଯେକୌଣସି ପାଞ୍ଚଟିର ସଂକ୍ଷିପ୍ତ ବିବରଣୀ ଲେଖ — [5×6

- (କ) ଜନନୀ ସୁରକ୍ଷା ଯୋଜନା
- (ଖ) ବାକିକା ଅବସ୍ଥାରେ ସେବାଦତ୍ତ
- (ଗ) ଶାଦ୍ୟଗ୍ରାଣ 'ଏ'
- (ଘ) ପ୍ରାଥମିକ ସ୍ୱାସ୍ଥ୍ୟକେନ୍ଦ୍ରର କାର୍ଯ୍ୟ
- (ଙ) ସ୍ଥାୟୀ ଗର୍ଭନିରୋଧକ ପଦ୍ଧତି
- (ଚ) ସପ୍ଲିମେଣ୍ଟାରି ଫିଡିଂ

- (6) Coagulant
- (7) Disinfectant
- (8) Oxytocin
- (9) Suppositories
- (10) Cotrimexazole
- (11) Mebendazole
- (12) Detergents
- (13) Antijemetics
- (14) Sedatives
- (15) Antacids

June 2009

ORISSA NURSES AND MIDWIVES EXAMINATION BOARD

FINAL EXAMINATION FOR CERTIFICATE OF
HEALTH WORKER (FEMALE)

(1½-Year Training)

PAPER III

(Community Health Nursing II & III)

Time—3 hours

Full Marks—150

ସମୟ—୩ ଘଣ୍ଟା

ପୂର୍ଣ୍ଣ ମାର୍କସ—୧୫୦

(Answer any five questions. Question No. 1 is compulsory)

(କେବଳପଞ୍ଚ ପ୍ରଶ୍ନର ଉତ୍ତର ଦିଅ । ପ୍ରଥମ ପ୍ରଶ୍ନଟି ବାଧ୍ୟତାମୂଳକ)

1. During home visit, you saw Hari named a person is having high fever with rigor and severe headache for last 3 days— [8+15+7]
- (a) According to its symptoms which disease it may be? What are the sign, symptoms and causes of the disease?
- (b) As a Health Worker (Female), how will you diagnose the disease and write down in detail the treatment and nursing care of the person suffering from the disease?
- (c) What are your roles in the National Eradication Programme for this disease?

1. 5. (A) Join the words of Column 'A' with Column 'B'— [10

'A'

'B'

CSSM

False belief

Leprosy

Mental process

D. D. T.

Snake bite

Behaviour

Carbohydrate

Communication

Lymphangitis

Green Card

Measles

A. S. V.

Immunization

Riboflavin

M. D. T.

Patato

Language

Intensive area

Government Incentive

Osteomalacia

Soreness of tongue

Virus

Culture

Filaria

Vector Control

Learning

Old people

Delusion

Health Worker (Female)

(B) (1) Six vaccine preventable diseases—

(i)

(ii)

(iii)

(iv)

(v)

(vi)

[3

(2) Principles of Primary Health Care— [2½]

- (i)
- (ii)
- (iii)
- (iv)
- (v)

(3) Functions of ICDS— [2]

- (i)
- (ii)
- (iii)
- (iv)
- (v)

(C) Pick out the odd words— [7]

- (i) Films, Models, Charts, Exhibition
- (ii) Mosquitoes, Mites, Flies, Rodents, Ticks
- (iii) Tuberculosis, Measles, Mumps, Chicken pox
- (iv) Tea, Coffee, Fruit juices, Salad
- (v) Pain, Swelling, Headache, Redness
- (vi) Cheese, Roti, Dal, Milk
- (vii) Oral pills, Nirodh, Cu 'T', Laparoscopy

RD

50

+7

6. (A) Fill up the blanks—

- (i) Exclusive Breast-feeding can be given up to — months of age.
- (ii) BCG vaccine is given to an Infant in — doses.
- (iii) —, — and — vaccine loses its potency in contact with heat.
- (iv) In the year — I. P. P. I. Programme launched in our State.
- (v) — is also called Anti-infective vitamin
- (vi) — day is celebrated as World Breast-feeding Day.
- (vii) One ASHA worked in — population
- (viii) There is a rapid physical growth during — period.
- (ix) — are formed by frequent repetition
- (x) — is called as “child is by choice not by chance”.
- (xi) The height of roof of a house should not be less than — feet.
- (xii) — vitamins are called Fat soluble vitamins
- (xiii) Yellow coloured First Breast Milk is called —

FIRST YEAR ANNUAL EXAMINATION IN A.N.M. -2020
ODISHA NURSES & MIDWIVES EXAMINATION BOARD

Paper- IV
(Child Health Nursing)

Time: 3 hrs

Full Marks: 75

*Answer all the Questions.**Figures in right hand margin indicate marks.*

- 1.
- Define congenital anomalies. [3]
 - Describe the aetiology of congenital anomalies. [5]
 - As a HF (W) how will you take precautions to prevent congenital anomalies. [8]
- OR
- Define accident. 3+5+7
 - Write down the causes of accidental injuries in various age group of children.
 - Describe the safety precautions to be taken to prevent accident for infants, toddlers and preschool children.
- 2.
- What is exclusive breast feeding. 3+6+6
 - Write down the advantages of breast feeding both for mother and child.
 - As a HW(F) how you will educate the mother to prevent complications during breast feeding.
- OR
- Write down the strategy and principles of INNCI 7+8
 - Classify management of dehydration of a one year sick child having diarrhoea as per INNCI protocol.
3. Write short notes on any three of the following:
- BFHI
 - Rights of children
 - Special needs of adolescents
 - Child labour
 - Cold chain
4. Match column A with column B 1 x10
- | A | B |
|------------------------|--------------------------------|
| a. Dysentery | i. EBM |
| b. Excessive cry | ii. Antibodies |
| c. Working Mother | iii. Blood in stool |
| d. Prolactin reflex | iv. Appearance of old man |
| e. Oxytocin reflex | v. Abnormal behaviour |
| f. Asses normal Growth | vi. Weight for height |
| g. Wasting | vii. Make milk flow |
| h. Colostrum | viii. Phototherapy |
| i. Neonatal jaundice | ix. BMI |
| j. Marasmus | x. Produce milk for next feed. |

5. Write the full form of the following abbreviations

1 x 5

- a. IYCF
- b. SGA
- c. IDD
- d. VSD
- e. SNCU

6.

A. Fill in the blanks.

1x10

- a. The causative agent for diphtheria is _____
- b. 100ml of milk provides _____ calories
- c. Projectile vomiting is seen in _____
- d. Nystatin is the drug of choice in _____
- e. Inflammation of middle ear is known as _____
- f. At _____ age of newborn the birth age becomes double
- g. There are _____ numbers of temporary teeth in child
- h. If the haemoglobin level becomes less than 7 gm/dl, it is known as _____ anaemia
- i. The scoring method which is used for evaluating progress of conscious state is _____
- j. BCG vaccine is administered in _____ route

B. Write True or False for the following

1x5

- a. Body Mass Index helps to assess normal growth or its deviations like malnutrition or obesity.
- b. Underweight is based on weight for height
- c. Introduce complimentary food before end of sixth month decreases risk of diarrhoea and weight loss
- d. Hook worms can enter the body through air
- e. Kernig's sign is seen in pneumonia

ANM-S-1-IV-2019

FIRST YEAR SUPPLEMENTARY EXAMINATION IN A.N.M. -2019
ODISHA NURSES & MIDWIVES EXAMINATION BOARD

Paper- IV
(Child Health Nursing)

Time: 3 hrs

Full Marks: 75

Answer all the Questions.
Figures in right hand margin indicate marks.

- 1.
- a. Define exclusive breast feeding. [3]
 - b. Describe the advantages of breast feeding. [6]
 - c. As a H.W.(F), how will you educate mothers about the importance of breast feeding . [6]

OR

- a. What is IMNCI? [3]
- b. Explain the principles of IMNCI. [6]
- c. As a H.W.(F), how will you manage a 2-month-old child with convulsion according to the IMNCI strategy. [6]

- 2.
- a. What do you mean by home accident? [3]
 - b. What are the common accidents that occurs in the home? [5]
 - c. As a H.W.(F), find out the causes and educate mother regarding prevention of home accidents. [7]

OR

- a. What do you mean by school health? [3]
- b. List out the objective of the school health. [5]
- c. As a H.W.(F), How will you access the health of school going children. [7]

3. Write short on any three of the following. [3 X5 = 15]
- a. Congenital anomalies
 - b. Vaccine preventable diseases.
 - c. Worm infestation.
 - d. Female Infanticide.
 - e. School health program.

4. (A) Fill in the blanks. [1 X5=5]
- a. Infant doubles the weight at _____ months.
 - b. BCG is given by _____ route.
 - c. Koplik's spot is found in _____ disease.
 - d. Deficiency of vit-D causes _____.
 - e. Play therapy help in _____ development of child.

ANM-S-1-I 2019

[0.5X10=5]

(B) Match the Column 'A' with Column 'B'.

Column 'A'

- a. Hyperpyrexia
- b. CDPO
- c. Rickets
- d. Malaria
- e. Colostrum
- f. BCG
- g. Koplik's spot
- h. Burns
- i. Spina Bifida
- j. Foetus

Column 'B'

- a. Rigor
- b. Vit-D
- c. ICDS
- d. 1st Immunisation
- e. measles
- f. Tuberculosis
- g. spinal cord.
- h. accident
- i. convulsion
- j. 8 weeks to birth

(C) Write true or False.

[1X5 = 5]

- a. Hyperpyrexia in children give rise to convulsions.
- b. Sex education should not be given to adolescent
- c. Fever, rigor & sweating is not seen in malaria patient.
- d. Impetigo is a skin infection in the children.
- e. Growth is the process of physical maturation

5. (A) Write the full form of following abbreviations.

[0.5X10=5]

- a. ARI
- b. PNDR
- c. HIV
- d. BMI
- e. IMR
- f. GOI
- g. EPI
- h. SAM
- i. IYCF
- j. IMNCI

(B) As a H.W.(F), how will you manage the following situations:

[2X5 = 10]

- a. A child with high fever
- b. Unmarried adolescent mother come for help.
- c. A Child with dehydration.
- d. Dental carries of three years old child.
- e. HIV positive mother come to you for advice regarding breast feeding.

3. Write short notes on any THREE of the followings: [5 x 3]

- (a) Meet approach
- (b) Female foeticide
- (c) Sex education in adolescents
- (d) Child abuse
- (e) Health problems in school children.

4. A. Match column 'A' with column 'B': [1 x 10]

- | Column 'A' | Column 'B' |
|-----------------------------|--|
| (a) Koplic spot | (a) Adolescence |
| (b) Peer educator | (b) Adolescence Reproductive Health |
| (c) Sradha clinic | (c) Less weight according to age and sex |
| (d) PC PNDT Act | (d) To save sex selection |
| (e) Wasting | (e) Measles |
| (f) Hormone | (f) First immunization |
| (g) Foetus | (g) Teratogenic drugs |
| (h) STORCH | (h) Infection |
| (i) Congenital Malformation | (i) 8 weeks to birth |
| (j) Colostrum | (j) Placenta |

B. Write the full form of the following abbreviations: [1 x 5]

- (a) IDCF
- (b) IYCF
- (c) SAM
- (d) IMNCI
- (e) BCG

P.T.O.

5. A. Fill in the blanks: [1 x 10]

- (a) Nasal Flaring is the sign of
- (b) vaccine is given at birth for prevention of T.B.
- (c) therapy helps development of children.
- (d) National Nutrition Week is observed every year from to
- (e) From 2nd October 2018 programme was started by Prime Minister Modi for Adolescent girls.
- (f) Menstrual hygiene is important for preventing
- (g) Minimum marriage age for girls is
- (h) Child labour prohibition act was formed in
- (i) To get free education up to year is children's right.
- (j) Adolescent period is from to years.

B. Write true or false of the following: [1 x 5]

- (a) Complementary feeding is feeding baby with breast milk up to 6 months of age.
- (b) In school health programme the nutritional deficiencies of children is not identified.
- (c) Emotional and behavioural changes occurs in adolescents.
- (d) Road to Health can identify malnutrition in children.
- (e) A girl does not need premarital counselling when starting for family life.

[1 x 10]

2. A. Fill in the blanks:
- (a) Nasal Flaring is the sign of
 - (b) vaccine is given at birth for prevention of T.B.
 - (c) therapy helps development of children.
 - (d) National Nutrition Week is observed every year from to
 - (e) From 2nd October 2018 programme was started by Prime Minister Modi for Adolescent girls.
 - (f) Menstrual hygiene is important for preventing
 - (g) Minimum marriage age for girls is
 - (h) Child labour prohibition act was formed in
 - (i) To get free education up to year is children's right.
 - (j) Adolescent period is from to years.

[1 x 2]

- B. Write true or false of the following:
- (a) Complementary feeding is feeding baby with breast milk up to 6 months of age.
 - (b) In school health programme the nutritional deficiencies of children is not identified.
 - (c) Emotional and behavioural changes occurs in adolescents.
 - (d) Road to Health can identify malnutrition in children.
 - (e) A girl does not need prenatal counselling when starting for family life.

ANNUAL EXAMINATION- 2019

Odisha Nurses & Midwives Examination Board

First Year Examination for A.N.M./H.W (F)

Paper -IV

(Child Health Nursing)

Time : 3 hrs

Full Marks : 75

Answer all questions.

Figures in right hand margin indicate marks.

1. (a) What do you mean by growth and development ? [5]
 (b) What are the factors affecting the growth and development ? [5]
 (c) Write down the methods used for monitoring growth of a six months baby. [5]

Or

- (a) What are the worm skin infections that occur in children ? [5]
 (b) What are the worm infestations of children and describe the sign and symptoms of these children ? [5]
 (c) What treatment are you going to give a child with worm infestations and how will you educate the community in taking preventive measures ? [5]
2. (a) What is Mumps ? [5]
 (b) What are the sign and symptoms of Mumps ? [4]
 (c) As a H.W. (F) how will you educate the mother and other family members regarding prevention of illness in other siblings ? [6]

Or

- (a) Define ARI. [4]
 (b) What are the sign and symptoms of pneumonia ? [5]
 (c) As a H.W. (F) write down the treatment and preventive measures of ARI.

P.T.O.

Annual Examination - March -2018
Odisha Nurses and Midwives Examination Board
First Year Examination for A.N.M/H.W (F)

PAPER - IV

CHILD HEALTH NURSING

Answer all questions.

The figures in the right hand margin indicates marks.

Time :3 hours

Full Mark – 75

1. A) Define diarrhea. (2+6+7)
B) What are causes and sign symptoms of diarrhea .
C) As a H.W (F) Write down the treatment and preventive measures of diarrhea.

Or

- A) What is IMNCI (3+6+6)
B) Explain the principles and objectives of IMNCI.
C) As a H.W (F) How will you manage a sick child according IMNCI Protocol.

2. A) **What do you mean by child abuse.** (2+6+7)
B) What are the factors affecting & health hazards due to child abuse.
C) Write down the legal implication of prevention of child labour.

Or

- A) Explain the technique of Breast feeding. (4+4+7)
B) What are the problems of Breast feeding.
C) Describe about complementary feeding.

3. **Write short notes on any three of the following.** (5+5+5)
A) Importance of play
B) Right of Child
C) Vaccine Preventable diseases
D) Special needs of girl child
E) Early marriage

4. **A) Match column 'A' column 'B'.** (1/2X10)

Column 'A'

- a) Sex education
- b) Viral infection
- c) Measles
- d) Cleft lip
- e) Pneumonia
- f) Mile stone
- g) Anterior Fontanellae
- h) ICDS
- i) Colostrum
- j) Pre School age

Column 'B'

- a) provide Immunity
- b) CDPO
- c) 3-6 years
- d) adolescence
- e) koplik spot
- f) mumps
- g) congenital anomalies
- h) 18 months
- i) Growth and development
- j) fast breathing

B) Fill in the blanks.

(1X5)

- i) Mid day meal programme was launched in _____.
- ii) Toilet training should be started at the age of _____.
- iii) B.C.G. vaccine should be given in _____ route.
- iv) Child is able to hold her head by the age of _____.
- v) Child should pass meconium with in _____ of birth.

C) Mark True or False against each statement.

(1X5)

- i) The length of new born is 60 cm.
- ii) Growth is the process of physical maturation.
- iii) Child population is 60 % from the total population of India.
- iv) The child sitting without support in 7 - 8 months of age.
- v) Deficiency of Vita D. causes rickets.

5. A) Write the Full Form of following abbreviation.

(1/2X10)

- | | |
|----------|------------|
| i) SNP | ii) BMI |
| iii) ARI | iv) IMR |
| v) PNMT | vi) GOI |
| vii) PIP | viii) NFHS |
| ix) HIV | x) EPI |

B) Aa a H.W. (F) What is your role and responsibilities during following situations.

(2X5)

- i) 20% Burn of 1 year child
- ii) A child with measles & fever
- iii) A child with fracture
- iv) Redness of eye in 2 years child
- v) A child with dehydration



3. Write down the short notes on any three of the following [3x5=15]

- a. Worm Infestation
- b. Menstrual Hygiene
- c. Female Infanticide
- d. Premarital Counselling
- e. Congenital Anomalies

4.A) Fill in the blanks [1x5=5]

- i) Pertusis is a disease prevented by _____
- ii) Chest indrawing is the sign of _____
- iii) B.C.G is given by _____ route
- iv) Koplik spot is found on _____ disease
- v) Deficiency of Vitamin D causes _____

B) Write the abbreviation of followings [1/2x10=5]

- i. ICDS ii. IMNCJ iii. BFHI iv. NHM
- v. PPI vi. MMR vii. ORS viii. MUAC
- ix. UNICEF x. RBSK

C) Write 'True' or 'False' against each statements [1/2x10=5]

- i) The birth weight double at 1 year of age.
- ii) The anterior frontanelle of child closes at 18 months.
- iii) Repeated exposure of infectious disease interferes with growth and development.
- iv) Weight is the best criteria for growth assessments and nutritional status of child.
- v) Mumps is a communicable disease.
- vi) ORS is used in treatment of diarrhea.
- vii) Emotional and behavioural changes occurs during adolescents.

- viii) Midday meal can supplement nutritional deficiencies among children.
- ix) Training for bowel and urination should started at 1 year of age.
- x) Hand washing knowledge should be given during 6 years of age.

5. A. Match 'A' column with 'B' column [1/2x10=5]

| Column'A' | Column'B' |
|---------------------------|-------------------------|
| a) Hyper Pyrexia | a) Within 72 hours |
| b) CDPO | b) Vitamin D |
| c) Rickets | c) Convulsion |
| d) Malaria | d) ICDS |
| e) Physiological Jaundice | e) Rigor |
| f) Japanese Encephalities | f) 35 cm |
| g) B.C.G | g) Accident |
| h) Head Circumference | h) Tuberculosis |
| i) Spina Bifida | i) Congenital anomalies |
| j) Burn | j) Paralysis |
| | k) Spinal Cord |

B) As a health worker female how will you manage the situation [2x5=10]

- i) H.I.V positive Mother came to you for advice regarding breast feeding ?
- ii) Unmarried adolescent mother come for help.
- iii) Running Ear of a 5 year child.
- iv) Carries teeth of 3 year of age child.
- v) Child with redness of eye come for help.



MARCH-2017
ANNUAL EXAMINATION,
ODISHA NURSES' AND MIDWIVES EXAMINATION BOARD
FIRST YEAR EXAMINATION FOR A.N.M/H.W(F)
PAPER IV
CHILD HEALTH NURSING

Time : 3 Hrs.

F.M - 75

Attained all questions (5)
Each questions Carries Equal marks Figures in the right
hand margin indicate the marks

[3+6+6=15]

1. a. What do you mean by growth and development
b. What are the factors affecting growth and development
c. As a H.W.F, What are the methods used for monitoring the growth of a six month old baby

or

- a. Define Exclusive breast feeding
b. Describe the advantages of breast feeding
c. As a HWF how will you educate mothers about importance of breast feeding

2. a. What do you mean by home accident ? [3+5+7=15]
b. What are the common home accident occur in the home ?
c. As a health worker female find out the causes and educate mother regarding prevention of home accident

or

- a. What do you mean by school health ?
b. List out the objective of school health ?
c. As HWF how will you assess the health of school going children

FEBRUARY-2016
ODISHA NURSES AND MIDWIVES EXAMINATION BOARD
FIRST YEAR EXAMINATION FOR A.N.M./H.W.F
PAPER-IV
CHILD HEALTH NURSING

Time-3 hours

ସମୟ - ୩ ଘଣ୍ଟା

Full Marks-75

ପୂର୍ଣ୍ଣ ସଂଖ୍ୟା-୭୫

(Answer All Questions)

(The figures in the right-hand margin indicate Marks)

(ସମସ୍ତ ପ୍ରଶ୍ନର ଉତ୍ତର ଦିଅ)

(ବାହାଣ ପାଖରେ ଦିଆଯାଇଥିବା ସଂଖ୍ୟାଗୁଡ଼ିକ ମୂଲ୍ୟାଙ୍କ ସୂଚାଉଛି)

1. (a) Define diarrhoea. (3+6+6)
(b) As a H.W. (F) how you will assess, classify and give treatment according to IMNCL Protocol to a 1½ year old child.
(c) Explain the steps you can adopt for prevention of diarrhoea.
୧. (କ) ଡାଇରିଆ କହିଲେ କ'ଣ ବୁଝାଏ ?
(ଖ) IMNCL Protocol ଅନୁସାରେ ଚରଳ ଝାଡ଼ା ହୋଇଥିବା ଜଣେ ୧½ ବର୍ଷ ଶିଶୁର କିପରି ଆକଳନ, ଶ୍ରେଣୀ ବିଭାଗ ଏବଂ ଚିକିତ୍ସା କରିବା ବର୍ଣ୍ଣନା କର ।
(ଗ) Health worker ଭାବରେ diarrhoea ନହେବା ପାଇଁ କେଉଁ କେଉଁ ପଦକ୍ଷେପ ମାନ ଗ୍ରହଣ କରିବ ଲେଖ ।
2. (a) What is adolescent period ? (3+6+6)
(b) What physical and mental changes occur during adolescent period ?
(c) As HW(F) what health education you will give to adolescent boys and girls ?
୨. (କ) Adolescent period କାହାକୁ ବୁଝାଯାଏ ?
(ଖ) Adolescent Period ରେ କ'ଣ ସବୁ ଶାରୀରିକ ଏବଂ ମାନସିକ ପରିବର୍ତ୍ତନ ଘଟିଥାଏ ।
(ଗ) ମହିଳା ସ୍ୱାସ୍ଥ୍ୟ କର୍ମୀ ହିସାବରେ adolescent period ର ପୁଅ ଝିଅମାନଙ୍କୁ କ'ଣ ଶିକ୍ଷା ଦେବ ।
3. (a) What is Immunization ? (3+6+6)
(b) Write down the National Immunization schedule.
(c) Explain the cold chain system of vaccine.
୩. (କ) Immunization କହିଲେ କ'ଣ ବୁଝାଯାଏ ?
(ଖ) ଜାତୀୟ ଚିକା କରଣ ପ୍ରକ୍ରିୟାର ସୂଚି ପ୍ରଦାନ କର ।
(ଗ) Cold chain system of vaccine କ'ଣ ବର୍ଣ୍ଣନା କର ।
4. Write short notes on any five. (5x3=5)
(a) Breast feeding.
(b) School health Programme.

PTO

(2)

- (c) Diarrhoea.
- (d) Care of LBW at home.
- (e) Congenital Anomalies.
- (f) Pre-Marital Counselling
- (g) Menstrual hygiene.

୪. ସଂକ୍ଷିପ୍ତ ଚିପଣା ଲେଖ ଯେ କୌଣସି ଓଟିର.

- (କ) ପ୍ରତ୍ୟାପନ
- (ଖ) ବିଦ୍ୟାଳୟ ସ୍ୱାସ୍ଥ୍ୟ କାର୍ଯ୍ୟକ୍ରମ ।
- (ଗ) ଚରଳ ଝାଡ଼ା ।
- (ଘ) କମ ଓଜନ ଶିଶୁର ଘରୋଇ ଯତ୍ନ ।
- (ଙ) ଜନ୍ମଗତ ଦୋଷ ।
- (ଚ) ପ୍ରାକ୍ - ବିବାହ ପରାମର୍ଶ ।
- (ଛ) ମାସିକ ଗୁରୁତ୍ୱାକ୍ଷେପ ସମୟରେ ପରିଷ୍କାର ପରିଚ୍ଛନ୍ନତା ।

5. (A) New born baby danger sign are _____ (5x3=15)

ନବଜାତ ଶିଶୁର ବିପଦ ସଙ୍କେତ ।

- (1)
- (2)
- (3)
- (4)
- (5)
- (6)

(B) Six steps of hand washing.

ହାତ ସଫା କରିବାର ଛଅଟି steps.

- (1)
- (2)
- (3)
- (4)
- (5)
- (6)

(C) 5 Cleans.

- (1)
- (2)
- (3)
- (4)
- (5)

(a) What is meant by Healthful School Environment ?

[3+6+6]

(b) Briefly describe the aims and objectives of School Health Programme.

(c) As a HW(F) what advise will you render to school children regarding dental care.

(କ) ବିଦ୍ୟାଳୟର ସ୍ୱାସ୍ଥ୍ୟକର ପରିବେଶ କହିଲେ କ'ଣ ବୁଝ ? [3+6+6]

(ଖ) ବିଦ୍ୟାଳୟ ସ୍ୱାସ୍ଥ୍ୟ ଯୋଜନାର ଲକ୍ଷ୍ୟ କ'ଣ-ସଂକ୍ଷେପରେ ବର୍ଣ୍ଣନା କର ।

(ଗ) ବିଦ୍ୟାଳୟରେ ପିଲାମାନଙ୍କର ଦାନ୍ତର ଯତ୍ନ ନେବା ପାଇଁ ତୁମେ ଜଣେ ମହିଳା ସ୍ୱାସ୍ଥ୍ୟ କର୍ମୀ ଭାବରେ କ'ଣ କ'ଣ ଉପଦେଶ ଦେଇ ପାରିବ ?

2. (a) List the common worm infestation in children. [3+6+6]

(b) What are the signs and symptoms of worm infestation in a child ?

(c) As a HW(F) what education will you provide to the mother regarding prevention of worm infestation.

(କ) ନିମ୍ନ ବାକ୍ୟଗୁଡ଼ିକ ଭୁଲ ବା ଠିକ୍ ଦର୍ଶାଅ : [1×10=10]

(i) ଭୃତ, କମ୍ପ, ଝାଳ ମାଲେରିଆରେ ଆକ୍ରାନ୍ତ ରୋଗୀଠାରେ ଦେଖାଯାଏ ।

(ii) ଡିପିଟି ଟୀକା ଦ୍ୱାରା ବସନ୍ତ ରୋଗର ପ୍ରତିରୋଧ ହୁଏ ।

(iii) ଶିଶୁ ଜନ୍ମ ହେବା ମାତ୍ରେ ତାକୁ ମହୁ ଦେବା ଉଚିତ ।

(iv) ଯୌନଶିକ୍ଷା କିଶୋର ଓ କିଶୋରୀମାନଙ୍କୁ ଦେବା ଅନୁଚିତ ।

(v) ଇମ୍ପେଟିଗୋ ପିଲାମାନଙ୍କର ଏକ ଚର୍ମ ରୋଗ ।

(vi) ମାତ୍ରାଧିକ ଭୃତରେ ପିଲାମାନଙ୍କର ବାତ ଦେଖାଯାଏ ।

(vii) ହାତ ଧୋଇବା ପଦ୍ଧତି ଶିଶୁକୁ ୬ ବର୍ଷ ବେଳେ ଶିକ୍ଷା ଦେବା ଉଚିତ ।

(viii) ଶିଶୁକୁ ସଂପୂର୍ଣ୍ଣଭାବେ ଆବଶ୍ୟକୀୟ ଟୀକା ଦୁଇ ବର୍ଷ ମଧ୍ୟରେ ଦିଆଯାଇଥାଏ ।

(ix) ସମସ୍ତ ତରଳ ଝଡ଼ାରେ ଆକ୍ରାନ୍ତ ବ୍ୟକ୍ତିକୁ ଆଣ୍ଟିବାଇଟିକ୍ ଦେଇ ଚିକିତ୍ସା କରାଇବା ଉଚିତ୍ ।

(x) ୧୦ ମାସରେ ମିଳିମିଳା ଟୀକା ଦିଆଯାଏ ।

(B) Fill in the blanks : [1×5=5]

- (i) The infant doubles his birth weight by the age of _____ month.
- (ii) _____ is lost in marasmus.
- (iii) Koplik spot is found in _____ disease.
- (iv) _____ is due to Vit-D deficiency.
- (v) Play therapy helps in _____ development of child.

(ଖ) ଶୂନ୍ୟସ୍ଥାନ ପୂରଣ କର : [1×5=5]

- (i) ନବଜାତ ଶିଶୁର ଓଜନ ତା ନିଜ ଓଜନର ଦୁଇଗୁଣ _____ ମାସରେ ହୋଇଥାଏ ।
- (ii) ମାରାସ୍ମସ୍ ରୋଗରେ _____ ହ୍ରାସ ହୋଇଥାଏ ।
- (iii) କପଲିକ୍ ସ୍ପଟ୍ ରୋଗରେ ଦେଖାଯାଏ ।
- (iv) _____ ରୋଗ ଭିଟାମିନ-D ଅଭାବରେ ହୋଇଥାଏ ।
- (v) Play therapy ପିଲାର _____ ଉନ୍ନତିରେ ସାହାଯ୍ୟ କରେ ।

APRIL - 2013

ODISHA NURSES AND MIDWIVES EXAMINATION BOARD
SECOND YEAR EXAMINATION FOR A.N.M. / H.W.F
PAPER - IV
CHILD HEALTH NURSING

Time - 3 hours

Full Marks - 75

ସମୟ - ୩ ଘଣ୍ଟା

ପୂର୍ଣ୍ଣ ସଂଖ୍ୟା - ୭୫

(Answer ALL Questions.)

(The figures in the right-hand margin indicate marks)

(ସମସ୍ତ ପ୍ରଶ୍ନର ଉତ୍ତର ଦିଅ)

(ଡାହାଣ ପାଖରେ ଦିଆଯାଇଥିବା ସଂଖ୍ୟାଗୁଡ଼ିକ ମୂଲ୍ୟାଙ୍କ ସୂଚାଉଛି)

1. (a) Write the concept of 'Child Health'. [3+6+6]
- (b) State the factors affecting Child Health.
- (c) As a HW(F) how will you assess the health status of a child.
- (କ) ପିଲାର ସ୍ୱାସ୍ଥ୍ୟ ଉପରେ ଧାରଣା ଦିଅ । [3+6+6]
- (ଖ) କେଉଁ କେଉଁ କାରଣଗୁଡ଼ିକ ପିଲାର ସ୍ୱାସ୍ଥ୍ୟ ଉପରେ ପ୍ରଭାବ ପକାଇଥାଏ ।
- (ଗ) ଜଣେ ମହିଳା ସ୍ୱାସ୍ଥ୍ୟକର୍ମୀ ହିସାବରେ ପିଲାର ସ୍ୱାସ୍ଥ୍ୟ କିପରି ନିର୍ଦ୍ଧାରଣ କରିବ ?

OR

3. (a) What do you mean by malnutrition? [3+5+7]

(b) Write the causes of malnutrition? [3+5+7]

(c) As a HW(F) what are the steps that you will take for prevention of malnutrition of a 2yr old child? [3+5+7]

(କ) ଅପପୁଷ୍ଟି କହିଲେ କ'ଣ ବୁଝାଏ? [3+5+7]

(ଖ) ଅପପୁଷ୍ଟିର କାରଣ କ'ଣ? [3+5+7]

(ଗ) ଏକ ୨ ବର୍ଷର ଶିଶୁର ଅପପୁଷ୍ଟି ଦୂର କରିବା ପାଇଁ ଜଣେ ସ୍ୱାସ୍ଥ୍ୟ କର୍ମୀ ଭାବରେ କେଉଁ କେଉଁ ପଦକ୍ଷେପ ନେବ? [3+5+7]

OR

(a) What do you mean by adolescence? [3+5+7]

(b) What are the special needs of the adolescent? [3+5+7]

(c) What are the various changes seen in the adolescents? [3+5+7]

(କ) କିଶୋରାବସ୍ଥା କହିଲେ କ'ଣ ବୁଝାଏ? [3+5+7]

(ଖ) କିଶୋର, କିଶୋରୀମାନଙ୍କ ସ୍ୱତନ୍ତ୍ର ଆବଶ୍ୟକତା କ'ଣ? [3+5+7]

(ଗ) କିଶୋର କିଶୋରୀମାନଙ୍କର ଠାରେ ଦେଖାଯାଉଥିବା ପରିବର୍ତ୍ତନ ଗୁଡ଼ିକ କ'ଣ? [3+5+7]

4. Write short notes on any FIVE of the following: [3x5=15]

(a) Care of Girl Child.

(b) Congenital Anomalies. (i)

(c) Premarital counselling. (ii)

(d) Vaccines for Preventable disease. (iii)

(e) Baby Friendly Hospital Initiative. (iv)

(f) Measles vaccine. (v)

ଯେ କୌଣସି ଝରିର ସଂକ୍ଷିପ୍ତ ଚିତ୍ରପଟା ଦିଅ : [3x5=15]

(କ) ଜନ୍ମାଶିଶୁର ଯତ୍ନ (i)

(ଖ) ଜନ୍ମଗତ ରୋଗ (ii)

(ଗ) ବିବାହ ପୂର୍ବବର୍ତ୍ତୀ ଶିକ୍ଷାଦାନ (iii)

(ଘ) ନିବାରଣ ହେଉଥିବା ରୋଗ ପାଇଁ ଟୀକାଦାନ । (iv)

(ଙ) ଶିଶୁ ପ୍ରେଣ୍ଡଲି ହସ୍ପିଟାଲ୍ ଇନିସିଏଟିଭ୍ (v)

(ଚ) ମିଳିମିଳା ଟୀକା (vi)

5. (A) Mention 'TRUE' or 'FALSE' against each sentence.

[1×10=10]

- (i) Fever, rigor, sweating is seen in Malaria patient.
- (ii) Small pox is prevented by DPT vaccine.
- (iii) Honey should be given to a newborn immediately after birth.
- (iv) Sex education should not be given to adolescents.
- (v) Impetigo is a skin infection in children.
- (vi) Hyperpyrexia in children gives rise to convulsion.
- (vii) Handwashing in children should be taught at 6 yrs of age.
- (viii) A fully immunised baby completes immunisation by 2 yrs of age.
- (ix) All diarrhoea cases should be treated with antibiotics.
- (x) Measles vaccines is given at 10 months.

(କ) ସାଧାରଣ ପିଲାମାନଙ୍କଠାରେ ଦେଖାଯାଉଥିବା କୃମି ସଂକ୍ରମଣର ତାଲିକା ପ୍ରସ୍ତୁତ କର । [3+6+6]

- (ଖ) କୃମି ସଂକ୍ରମିତ ପିଲାର ଚିହ୍ନ ଓ ଲକ୍ଷଣ ମାନ କ'ଣ ?
- (ଗ) ତୁମେ ଜଣେ ମହିଳା ସ୍ୱାସ୍ଥ୍ୟ କର୍ମୀ ଭାବରେ ଜଣେ ମା'କୁ କୃମି ସଂକ୍ରମଣର ନିବାରଣ ବିଷୟରେ କି ଶିକ୍ଷା ପ୍ରଦାନ କରିବ ?

OR

- (a) What is IMNCI ? [4+5+6]
- (b) Explain the principles of IMNCI.
- (c) As a HW(F) how will you manage a 2 month old child with convulsion according to IMNCI strategy.

- (କ) IMNCI କ'ଣ ? [4+5+6]
- (ଖ) IMNCI ର ମୂଳତତ୍ତ୍ୱ ଗୁଡ଼ିକ ବର୍ଣ୍ଣନା କର ।
- (ଗ) ଜଣେ ମହିଳା ସ୍ୱାସ୍ଥ୍ୟ କର୍ମୀ ଭାବରେ ବାତ ମାରୁଥିବା ଏକ ଦୁଇ ମାସର ଶିଶୁକୁ IMNCI Strategy (କୌଶଳ) ଅନୁସାରେ କିପରି ପରିଚର୍ଯ୍ୟା (manage) କରିବ— ଉଲ୍ଲେଖ କର ।